

# LB's Many-Selved Sourcedump

NONFICTION(ish) ONLY.

This document intentionally takes an extremely broad view of what constitutes “many-selved.” It’s basically everything we’ve found useful.

Version 2.1, February 2025. Originally started 2023/11/22.

**Is a Link In This Document Dead? Try Wayback Machining it:** The URL format for such things, using <http://example.com> as the dead link, is:  
[https://web.archive.org/web/\\*/http://example.com](https://web.archive.org/web/*/http://example.com)

The \* is a wildcard that will search the whole date range.

**Note for anyone doing Livejournal Wayback Machine research:** The URLs of Livejournals have changed over time. I’m listing the evolution here because I keep needing and forgetting them, and Livejournal is code-rotting badly.

<http://www.livejournal.com/community/soulbonding> ← pre-2007 comm URL  
<https://www.livejournal.com/userinfo.bml?user=lancershill> ← pre-2007 profile URL (2002-2005?)  
<http://community.livejournal.com:80/soulbonding/> ← ??—2011 comm URL  
<http://soulbonding.livejournal.com> ← 2011-present comm URLs

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# Sources in Alphabetical Order

## A

Adams, Fionna. (2022). We Could Be Something More. Retrieved from <https://www.fionnafromtheinter.net/we-could-be-something-more/> “an interactive story about how one person discovers they’re far more than one. also about trauma, online community, and godfeels.”

Adams, Monni. (1982). *Designs for Living*. Cambridge, MA: The Carpenter Center for the Visual Arts in cooperation with the Peabody Museum of Archaeology and Ethnology, Harvard University. Can be retrieved online from <https://archive.org/details/designsforliving00adam/mode/2up> Briefly mentions spirit marriage and spirit possession for the Baule, Ibibio, and Yoruba peoples of Cote D’Ivoire and Nigeria.

Alderton, Zoe. (2014). “‘Snapewives’ and ‘Snapeism’: A Fiction-Based Religion within the Harry Potter Fandom.” *Religions* 2014, 5, 219–267; doi:10.3390/rel5010219 Retrieved from <https://www.mdpi.com/2077-1444/5/1/219>

Religious soulbonding and fictive stuff, including channelling.

Allen, Denna and Janet Midwinter. (1990). Michelle Remembers: The Debunking of a Myth. [http://xeper.org/pub/lib/xp\\_lib\\_wh\\_DebunkingOfAMyth.htm](http://xeper.org/pub/lib/xp_lib_wh_DebunkingOfAMyth.htm) Internet Archive. Retrieved from [https://web.archive.org/web/20040511131253/http://xeper.org/pub/lib/xp\\_lib\\_wh\\_DebunkingOfAMyth.htm](https://web.archive.org/web/20040511131253/http://xeper.org/pub/lib/xp_lib_wh_DebunkingOfAMyth.htm)

About the book that helped kick-off the Memory Wars.

Allison, Ralph. (1996-present) Multiple Personality Disorder & Dissociative Identity Disorder. Retrieved from [www.dissociation.com](http://www.dissociation.com) Website for Ralph Allison, a retired psychotherapist who used to be a little tin god of multi therapy and who’s responsible for the “Inner Self-Helper” idea. Not recommended except as historical interest.

Allison, Ralph, and Schwartz, Ted. (1980, 1999). *Minds In Many Pieces: Revealing the Spiritual Side of Multiple Personality Disorder*. Paso Robles: Cie Publishing.

UGH I am so bitterly resentful that this is my first citation of medical multiples where headmates have sexual relationships with each other, only for it to involve extremely creepy headmate rape and exorcism. Citation for Allison exorcising his multi patients starting in 1973 (one of whom committed suicide within a year after).

Alt.support.dissociation (n.d.) alt.support.dissociation [Newsgroup archive]

Retrieved from

<https://groups.google.com/forum/#!forum/alt.support.dissociation>

Old Usenet group for dissociatives, finally died in 2024 after 30 years of activity. RIP, a.s.d.!

American Society of Psychical Research. (1889). *Proceedings of the American Society of Psychical Research, Vol. I (Containing Nos. 1-4.) 1885-1889*. Boston: Damrell and Upham, 551-554. Accessed online at

<https://archive.org/details/proceedingsofame18589amer/page/550/mode/2up?view=theater>

This whole enormous volume is full of stuff, but these pages cover the case of Anna Winsor/Old Stump, a research thorn in my side for years. Old Stump controlled Winsor's right arm, wrote poetry, and Winsor hated and abused it.

Amorpha. (2001). the soulbond code. <http://childofmana.tripod.com/sbcode.htm> Internet Archive. Retrieved from

<https://web.archive.org/web/20011225183245/http://childofmana.tripod.com/sbcode.htm>

Amorpha's Soulbond Code, created in the same vein as Consortium's Multiple Code.

Amorpha. (2002-2005). collective phenomenon.

<http://www.kitsune.cx/~amorpha> Internet Archive. Retrieved from

[https://web.archive.org/web/\\*/http://www.kitsune.cx/~amorpha\\*](https://web.archive.org/web/*/http://www.kitsune.cx/~amorpha*)

Amorpha's first website about being multiple

Amorpha. (2004-present). Collective Phenomenon: multiplicity is funky.

<http://www.dreamshore.net/amorpha> Internet Archive. Retrieved from

[https://web.archive.org/web/\\*/http://www.dreamshore.net/amorpha\\*](https://web.archive.org/web/*/http://www.dreamshore.net/amorpha*)

Amorpha's current (though long abandoned) website about being multiple.

Anachronic Army. (1998?-2003). Dark Personalities – The Dark Side of Multiplicity <http://www.darkpersonalities.com> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.darkpersonalities.com\\*](https://web.archive.org/web/*/http://www.darkpersonalities.com*)

The website that brought us the “empowered multiplicity” concept. Had the original glossary that Pavilion Hall and later Astraea yinked. Internet Archives only go back to 2000.

Anachronic Army. (2001, April 14). The Empowered: A New Brand of Multiple [web page]. <http://www.darkpersonalities.com/rants/empowered/army.htm> Internet Archive. Retrieved 2020/07/30 from

<https://web.archive.org/web/20010414135947/http://www.darkpersonalities.com/rants/empowered/army.htm>

The start of the “empowered multiplicity” concept, far as I know.

Anachronic Army. (2001, May 19). Terminology [web page].

<http://www.darkpersonalities.com/terminology.htm> Internet Archive. Retrieved 2019/03/14 from

<https://web.archive.org/web/20010519115202/http://darkpersonalities.com/terminology.htm>

The multi glossary that Pavilion Hall and later Astraea yoinked.

Anderson, Rebekah. (2018). "Meditation: The Body of God." Retrieved from

<https://bekahmaren.blogspot.com/2018/04/meditation-body-of-god.html>

Christian disability liberation theology sermon by a minister friend of ours.

"God hears voices: the voices of all people and all living things. God paints with their feet and reads with their hands. [...] God walks, God limps, God rolls, God crawls. God gets where God needs to be, gets to us, however God can."

Aneka. (2014). *Jogappa: Gender Identity and the Politics of Exclusion*.

Bangalore: Aneka. Retrieved from

[https://in.boell.org/sites/default/files/jogappa\\_gender\\_identity\\_and\\_the\\_politics\\_of\\_exclusion.pdf](https://in.boell.org/sites/default/files/jogappa_gender_identity_and_the_politics_of_exclusion.pdf)

Book on a stigmatized population of women in India whose gender is bestowed by the goddess Yellama, who they marry.

Anonymous. (n.d.) 209 Area Code BBSes Through History (80's Version).

Retrieved from <http://bbslist.textfiles.com/209/oldschool.html>

Holds record of Maxie's Toy, a multi-friendly BBS from 1992.

Anonymous. (n.d.) 760 Area Code BBSes Throughout History. Retrieved from

<http://bbslist.textfiles.com/760/>

Holds record of Mars Station, the first multi-friendly BBS I know of, active in 1991.

Anonymous. (n.d.) 804 Area Code BBSes Through History. Retrieved from

<http://bbslist.textfiles.com/804/>

Holds record of Fire Chat, a multi-friendly BBS that was around from 1992-1994.

Anonymous. (n.d.) AltArchive Plural Section. Retrieved from

<https://www.zotero.org/groups/4956615/altarchive/collections/AKUUMJM7>

Part of a giant alterhuman archive in progress

Anonymous. (2018). *First Principles of Queer Goetia*. Retrieved from

<https://theanarchistlibrary.org/library/anonymous-first-protocols-of-queer-goetia>

"A small, powerful set of mythopoetic instructions for working with the queer dead, composed after the overlapping underground worlds of the Bay Area lost thirty-six of their people in the Ghost Ship Fire."

asrai-d. (2000, November 6). What Multiple Means To Me [web page].

<http://insiders.gq.nu/insiders/what.html> Internet Archive. Retrieved from

<https://web.archive.org/web/20040723153813/http://insiders.gq.nu/insiders/what.html>

Written by the founder of the Livejournal multiplicity community. Otherkin and multiple.

asrai-d. (2000?-2007). My Place [web page]. <http://insiders.gq.nu> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://insiders.gq.nu\\*](https://web.archive.org/web/*/http://insiders.gq.nu*) Website of the founder of the Livejournal multiplicity community. Otherkin and multiple. Wayback Machine only goes back to 2001, but the updates page goes back to 2000.

asrai-d. (2004, October 27). Who We Are [web page]. <http://insiders.gq.nu/insiders/who.html> Internet Archive. Retrieved from <https://web.archive.org/web/20041027060642/http://insiders.gq.nu/insiders/who.html>

Astraea. (1997-2004). Astraea's Web: Multiple Personality Resources [web page]. <http://www.asarian.org/~astraea/household/> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.asarian.org/~astraea\\*](https://web.archive.org/web/*/http://www.asarian.org/~astraea*) Astraea's first website, far as I know. I can't get away with not citing them, so instead I'm going to just end all my citations of them, Cato the Censor style, with "Astraea are [truck-stealing bullies](#)." I accept the pettiness of this.

Astraea. (1999, November 17). Households United for Equality [web page]. <http://www.asarian.org:80/~astraea/household/hue.html> Internet Archive. Retrieved from <https://web.archive.org/web/19991117170627/http://www.asarian.org:80/~astraea/household/hue.html>

A failed multi liberation group, and Astraea are [truck-stealing bullies](#).

Astraea. (2000-present). Astraea's Web. <http://astraeasweb.net/> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.astraeasweb.net\\*](https://web.archive.org/web/*/http://www.astraeasweb.net*) Astraea's second/current state, and they are [truck-stealing bullies](#).

Astraea. (2003, January 11). Glossary [web page]. <http://astraeasweb.net/plural/glossary.html> Internet Archive. Retrieved from <https://web.archive.org/web/20030111103116/http://astraeasweb.net/plural/glossary.html>

Astraea's plural glossary, adapted from Pavilion Hall's (which was adapted in turn from Dark Personalities's), so it's good to double-check against those. Also Astraea are [truck-stealing bullies](#).

Astraea. (2004, April 27). The Multiple Code [web page]. Internet Archive. <http://astraeasweb.net/plural/code/welcome.html> Retrieved 2019/03/22 from <https://web.archive.org/web/20040427201419/http://astraeasweb.net:80/plural/code/welcome.html>

Astraea's copy of the Consortium's Plural Code, barely changed, and they are [truck-stealing bullies](#).

Astraea. (2007, June 26). A brief history of midcontinuum [web page]. [http://karitas.net/pavilion/library/articles/m\\_midconthistory\\_temple0902.html](http://karitas.net/pavilion/library/articles/m_midconthistory_temple0902.html) Internet Archive. Retrieved from <https://web.archive.org/web/20070626190919/http://karitas.net/pavilion/library/>

[articles/m\\_midconthistory\\_temple0902.html](https://www.midconthistory.com/articles/m_midconthistory_temple0902.html)

Astraea's explanation of the switch from midcontinuum to median, which is factually untrue and also they are [truck-stealing bullies](#).

ATW. (2005). *got parts? an insider's guide to managing life successfully with Dissociative Identity Disorder*. Ann Arbor: Loving Healing Press. For sale at <https://www.gotparts.org/>

101 Self-help book, what it says on the tin. RIP ATW.

the Awareness Center. (2013). Honoring S4OS (Speaking for Our Selves). Blog post. Retrieved from <https://theawarenesscenter.blogspot.com/2013/04/s4os-speaking-for-our-selves.html>

Description of S4OS, the first newsletter by and for people with MPD that I know of.

the Awareness Center. (2013). Honoring Lynn Wasnak. Blog post. Retrieved from <https://theawarenesscenter.blogspot.com/2013/04/honoring-lynn-wasnak.html>

Description of *Many Voices*, the second newsletter by and for people with MPD that I know of.

## **B**

"B.C.A." [Nellie Parsons Bean]. (1908). My life as a dissociated personality. *Journal of Abnormal Psychology*, 3, 240-260. Retrieved from <https://archive.org/details/mylifeasadissoc00agoog>  
First medical multi autobiography I know about.

Baldwin, Louis. (1984). *Oneselves: multiple personalities, 1811-1981*. Jefferson: McFarland. Retrieved from <http://healthymultiplicity.com/loonybrain/Info/Baldwin-Oneselves.pdf>

A short digest of a bunch of old multiples of yore. Back in print! Me and Orion Scribner digitized it for posterity. Very handy for a quick overview of how we got here, conveniently cuts off right before the Memory Wars.

Barker, Meg-John. (2017). Plural Selves. Retrieved from <https://www.rewriting-the-rules.com/wp-content/uploads/2017/12/PluralSelvesZine.pdf>  
A plural zine. Illustrated, not screenreadable.

Barker, Meg-John. (2018). Chalkboard Comic. Retrieved from <https://www.rewriting-the-rules.com/self/happy-holidays-comic-plural-selves/>  
A short plural comic. Not screenreadable.

Barker, Meg-John. (2021). Plurality. Retrieved from <https://www.rewriting-the-rules.com/wp-content/uploads/2021/07/Plurality.pdf>  
Compilation of Team MJ Barker's plural blog posts, I think. Text-only.

Barker, Meg-John. (2022). Plural Selves 2. Retrieved from <https://www.rewriting-the-rules.com/wp-content/uploads/2022/11/Plural-Selves->



[2.pdf](#)

Another plural zine. Illustrated, not screenreadable.

Barker, Meg-John. (2022). Plurality 2. Retrieved from <https://www.rewriting-the-rules.com/wp-content/uploads/2022/11/Plurality-2.pdf>

More of Team MJ Barker's plural blog posts. Text-only.

Barlow, M. Rose, and Cromer, Lisa DeMarni. (2012). Comparison of Normative and Diagnosed Dissociation on Attachment to Companion Animals and Stuffed Animals. *Psychological Trauma; Theory, Research, Practice, and Policy*, 4(5), 501-506. Retrieved from Sci-Hub?

Short paper comparing a small pool of women with DID to a slightly larger pool of college students who tested high and low on dissociation, and how attached they were to pets and plushies. Quote of note, which thanks Christine Courtois for the sentiment: "People with DID may sometimes project identity states into stuffed animals, and sometimes they carry stuffed animals to represent parts of themselves, or for protection."

Barnes, Jey. (2019). Benefits of Having an Imaginary Friend. Available for sale at <https://jobsatisfactioncomic.storenvy.com/products/29075434-imaginary-friends-mini-zine>

Bass, Ellen and Laura Davis. (1994). *The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse (Third Edition—Revised and Updated)*. New York: Harper Collins.

This is the edition with the mentions of the Memory Wars, one of the only places that discusses memory work as a tool to use (though briefly). Kink negativity.

Bayne, Timothy. (2002). Moral Status and the Treatment of Dissociative Identity Disorder. *Journal of Medicine and Philosophy* Vol. 27, No. 1, pp. 87–105

Retrieved from

<http://healthymultiplicity.com/loonybrain/Info/MoralStatusandIntegration.PDF>

Academic article about how gee, maybe forcibly removing headmates from existence could be considered morally questionable. I got permission from Bayne to rehost it.

Becker, Judith. (2004). *Deep Listeners: Music, Emotion, and Trancing, vol. 1*. Bloomington: Indiana University Press.

Another citation regarding *Speaking For Our Selves*, from

[https://books.google.com/books?](https://books.google.com/books?id=o9BKO4byevMC&q=s4os#v=snippet&q=s4os&f=false)

[id=o9BKO4byevMC&q=s4os#v=snippet&q=s4os&f=false](https://books.google.com/books?id=o9BKO4byevMC&q=s4os#v=snippet&q=s4os&f=false)

Beepbird. (2022). An Owl's Guide to Fusion. [web page, inactive]. Private copy. Seems to be off the Internet; ask if you want a copy. For those pursuing singlehood.

bekkypk. (2003, December 11). I'm a newbie here. [untitled Livejournal post].

Retrieved from <https://multiplicity.livejournal.com/63924.html>

Citation for early cross-pollination between soulbonding and multiplicity

communities on Livejournal.

Bergen, George. (1998). *Evidence Against Dr. Colin A. Ross, vol. 1*. Retrieved from <https://archive.org/details/EvidenceAgainstDr.ColinA.RossVol.1>

“The following was compiled in 1998 by a heart-broken Mr. George Bergen following the death of his wife who was an out-patient at Dr. Ross’s clinic in Manitoba.” Records the malpractice suit that led to Ross being run out of Canada and setting up shop in Texas instead. I... I can’t lie, I haven’t read this, I haven’t had the stomach for it yet. But you can’t read anything from the last thirty years about MPD/DID without hearing Colin Ross’s name, so...

Berry, Thomas. (2006). “Prologue: Loneliness and Presence.” *A Communion of Subjects: Animals in Religion, Science, and Ethics*. 5-10. New York: Columbia University Press.

Discussion of non-human personhood., including that of the inanimate. “While the nonliving world does not have a living soul [...] each member of the nonliving world does have the equivalent as its inner principle of its being.”

Blackbirds. (2003?-present). The Layman’s Guide to Multiplicity. <http://karitas.net> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://karitas.net\\*](https://web.archive.org/web/*/http://karitas.net*)

A multiplicity 101 brochure from back in the day, created for Pavilion Hall.

Bornstein, Kate. (2006). *Hello Cruel World: 101 Alternatives to Suicide for Teens, Freaks, and Other Outlaws*. New York: Seven Stories Press. Tiny free version here: [https://katebornstein.typepad.com/files/hcw\\_lite\\_101.pdf](https://katebornstein.typepad.com/files/hcw_lite_101.pdf)  
What it says on the tin.

Bourne, Ansel. (1858). *Wonderful Works of God: A Narrative of the Wonderful Facts in the Case of Ansel Bourne of Westerly, Rhode Island, Who, In The Midst of Opposition to the Christian Religion Was Suddenly Struck Blind, Dumb, and Deaf, and After Eighteen Days Was Suddenly and Completely Restored In the Presence of Hundreds of Persons, in the Christian Chapel At Westerly, on the 15<sup>th</sup> of November, 1857*. Irvington, N.J: Moses Cummings, Office of the Christian Messenger. Retrieved from <https://archive.org/details/wonderfulworksof00anse>

Ansel Bourne used to be one of the most famous multits of the 1800s. This is his account from before his fugue episode.

BoyyM. (2001). MPD/DID Information Pages. <http://home.att.net/~boyyM/Main.html> Internet Archive. Retrieved from <https://web.archive.org/web/20010720194704/http://home.att.net/~boyyM/Main.html>

Web page of a trans male system who we later met in person at IGDID 2016. Gave a good service dog talk, been around a while!

Brandsma, Jeffrey M., and Arnold M. Ludwig. (1974). A case of multiple personality: Diagnosis and therapy. *International Journal of Clinical and*

*Experimental Hypnosis*. Retrieved from (Warning: Sci-hub's URL changes!)  
<https://sci-hub.tw/10.1080/00207147408413001>

The Jonah case, one of the rare studies of a black male multiple from a medical perspective. (MPD didn't exist as a diagnosis yet, but as it did, that's roughly when it became a "white female thing." And it was already a "white thing" before this.)

Brewin, Chris R., Andrews, Bernice, and Micks, Laura. (2020). Regaining Consensus on the Reliability of Memory. *Current Directions in Psychological Science*, 1-5. DOI: 10.1177/096372141989122 Retrieved from  
[https://discovery.ucl.ac.uk/id/eprint/10091017/3/Brewin\\_Regaining%20the%20Consensus%20on%20Memory%20final%20accepted%20version.pdf](https://discovery.ucl.ac.uk/id/eprint/10091017/3/Brewin_Regaining%20the%20Consensus%20on%20Memory%20final%20accepted%20version.pdf)

Short academic article on how memory might be decently reliable actually! Part of the Memory Wars crap, though much later on.

Brozan, Nadine. (1989). The Real 'Eve' Sues to Film the Rest of Her Story. New York Times. Retrieved from <https://www.nytimes.com/1989/02/07/movies/the-real-eve-sues-to-film-the-rest-of-her-story.html>

Chris Costner Sizemore (AKA "Three Faces of Eve" lady) fighting for the rights to her own life story.

## C

Caesarius of Heisterbach. (1223, 1929). *The Dialogue on Miracles, vol. 1*. New York: Harcourt, Brace and Company. Retrieved from  
<https://dn790005.ca.archive.org/0/items/caesariusthedialogueonmiraclesvol.1/Caesarius%2C%20The%20Dialogue%20on%20Miracles%20%28vol.%201%29.pdf>

My citation for the Catholic idea that demons were made of ill-spent jizz. (You don't get to know the professional context of why I needed such a thing.) Also lots of discussion of consensual demon fuckery, often in dreams (thus noncorporeally), and how terrible this is, written in the 1200s.

Calof, David L. (1998). Notes from a practice under siege: Harassment, defamation, and intimidation in the name of science. *Ethics and Behavior*, 8(2) pp. 161-187.

Discusses tactics of the False Memory Syndrome Foundation, thus part of the Memory Wars.

Carlson, Nathan D. (2009). "Reviving Witiko (Windigo): An Ethnohistory of 'Cannibal Monsters' in the Athabasca District of Northern Alberta, 1878-1910" *Ethnohistory* (2009) 56 (3): 355-394. Retrieved from  
<https://read.dukepress.edu/ethnohistory/article/53/3/355/8822/Reviving-Wikito-Windigo-An-Ethnohistory-of>

Mentions Algonquian spirit possession in the most negative possible way and the necessity of understanding such phenomena in the cultural contexts and cosmology in which they manifest. Gave us a new way to look at the weirder shit that went on in our head.

Carlson, Nathan D. (2011). "Searching for Catherine Auger: The Forgotten Wife of the Wihtikôw (Windigo)". In Carter and McCormack (Ed.), *Recollecting: Lives of Aboriginal Women of the Canadian Northwest and Borderlands* (pg. 225-244). Edmonton: Athabasca University. Retrieval at

<https://archive.org/details/Recollecting>

History of a wife of a man who went Wihtikôw, threatened to murder and eat their children, and was killed in turn by the local medicine man after a harrowing ordeal.

Cartier, Marie. (2013). *Baby, You Are My Religion: Women, Gay Bars, and Theology Before Stonewall*. London and New York: Routledge. Retrieval at <https://archive.org/details/gender-theology-and-spirituality-marie-cartier-baby-you-are-my-religion-women-ga>

Not many-selved, but we found a lot to relate to in this book about forbidden love and sexuality as sacred.

Casey, Joan Frances. (1991). *The Flock: the Autobiography of a Multiple Personality*. New York: Alfred A. Knopf Books.

MPD memoir. Less abuse-heavy than others, intensely codependent and unhealthy "reparenting" relationship between therapist and multiple.

Castelli, Judy. (1976). Crazy Lady [audio]. Retrieved from

[https://www.youtube.com/watch?v=Iom7-MC\\_2eg](https://www.youtube.com/watch?v=Iom7-MC_2eg)

Earliest music I know of made by a medical multiple about it (though this was many years before she was diagnosed).

Castelli, Judy. (1994-1996). *The Multiple Journals*. <http://www.multiple-personality.com/mj1.html> Internet Archive. Retrieved from

<https://web.archive.org/web/20070503064207/http://www.multiple-personality.com/mj1.html>

Art and text taken from the journals of a multiple, right as she got diagnosed and decided that she would get to know herself and love herself unconditionally.

Castelli, Judy. (1998-2007) My dissociative disorder, my MPD, and my art.

Internet Archive. <http://www.multiple-personality.com/mj1.htm> Retrieved from

<https://web.archive.org/web/20070503064207/http://www.multiple-personality.com/mj1.html>

Judy Castelli's website. Lots of neat stuff!

Chalquist, Craig. (2009). *Storied Lives: Discovering and Deepening Your Personal Myth*. Walnut Creek, CA: World Soul Books.

Extremely handy in our story work, especially with its idea of stories as independent beings with their own imaginal reality!

Chalquist, Craig. (2015). Why I Seldom Teach The Hero's Journey Anymore—And What I Teach Instead. [Blog post] Retrieved from

[https://www.huffpost.com/entry/why-i-seldom-teach-the-hero\\_b\\_6739046](https://www.huffpost.com/entry/why-i-seldom-teach-the-hero_b_6739046)

Handy for story work.

Chalquist, Craig. (2017). Declaration of Enchantment. Retrieved from <https://www.imaginaltherapy.com/imaginaljournal/2020/12/3/declaration-of-enchantment>

Manifesto on the importance and autonomy of imagination and the figures therein.

Chase, the Troops for Truddi. (1987). *When Rabbit Howls*. New York: Jove Books.

MPD memoir, helped spread (though not create) the idea that becoming singlet was not required for a happy life. Troops member the Frontrunner may have helped sprout the terminology of “fronting” and “front” as a noun.

Cheit, Ross E. (2010-2020). Recovered Memory Project [website]. Retrieved from <https://blogs.brown.edu/recoveredmemory/>  
Part of the Memory Wars history.

Cheit, Ross E. (2014). *The Witch-Hunt Narrative: Politics, Psychology, and the Sexual Abuse of Children*. Oxford: Oxford University Press.

Simultaneously the driest, most depressing book I have ever bought, but helps explain some of the Memory Wars stuff. Also the reason Debbie Nathan commented at me once! Go away, Debbie Nathan!

Clare, Eli. (2002). “Sex, Celebration, and Justice: A Keynote for QD2002.” [http://www.disabilityhistory.org:80/dwa/queer/paper\\_clare.html](http://www.disabilityhistory.org:80/dwa/queer/paper_clare.html) Internet Archive. Retrieved from [https://web.archive.org/\\*/http://www.disabilityhistory.org:80/dwa/queer/paper\\_clare.html](https://web.archive.org/*/http://www.disabilityhistory.org:80/dwa/queer/paper_clare.html)

[http://www.disabilityhistory.org:80/dwa/queer/paper\\_clare.html](https://web.archive.org/*/http://www.disabilityhistory.org:80/dwa/queer/paper_clare.html)

Speech on queerness, disability, and sexuality, not many-selved specific. “I say it’s time for some queer disability erotica, time for an anthology of crip smut, queer style.”

Clarke, Rabia. (1987). “Soul’s Desire.” *Rainbow Bridge Magazine*, winter 1988. San Antonio: Ziraat. Retrieved from

<https://transcribedcomicszines.dreamwidth.org/4139.html>

A religious poem about loving someone not physically visible.

Clell, Madison. (1996-2002). *Cuckoo*. For sale at

<http://madisonclell.com/purchase-comics/>; paper only, though ebooks can be pirated via library genesis, which is the only way you can read Issue #1 now, I think.

Autobio comics about having MPD, ranging from serious and grim to goofy. First print comic I know of by and about a medical multiple.

Clell, Madison. (2013). *Cuckoo* [play]. San Francisco: JUMP! Theatre and Green Door Studios. For sale at <http://madisonclell.com/purchase-comics/>

Citation for Clell having an inner mythos. Only available on paper, far as I know.

Consortium. (2001-2003). *The Disenchanted Forest*.

<http://disenchantedforest.com> Internet Archive. Retrieved 2019/03/22 from [https://web.archive.org/web/\\*/http://disenchantedforest.com\\*](https://web.archive.org/web/*/http://disenchantedforest.com*)

Website of the empowered multiple who originally created the Multiples' Code. Uses "plural" and "multiple" interchangeably.

Consortium. (2001, June 13). The Multiple Code, Beta V1 [web page]. <http://disenchantedforest.com/code/> Internet Archive. Retrieved 2019/03/22 from <https://web.archive.org/web/20010613184657/http://disenchantedforest.com/code/>

First version of the Multiple Code.

Consortium. (2001, August 2). The Multiple Code, Beta V1 [web page]. <http://disenchantedforest.com/code/> Internet Archive. Retrieved 2019/03/22 from <https://web.archive.org/web/20020802012204/http://disenchantedforest.com/code/>

Updated version of the Multiple Code.

the Courts. (1999-2005). The Two Courts. <http://twocourts.8k.com> Internet Archive. Retrieved 3/5/2023 from

[https://web.archive.org/web/\\*/http://twocourts.8k.com\\*](https://web.archive.org/web/*/http://twocourts.8k.com*) First website of the Courts, who were part of Pavilion Hall, created Not Ashamed For Existing and the In Essence Pledge. Were sorta declarations you could sign as system agreements? The former never made much of a splash; the latter stuck around a bit. Wayback Machine only goes back to 2001, but the updates pages goes back to 1999. May have been Blackbirds under a different name?

the Courts. (2002-2004). The Two Courts. <http://www.kitsune.cx/courts> Internet Archive. Retrieved 3/5/2023 from

[https://web.archive.org/web/\\*/http://www.kitsune.cx/courts\\*](https://web.archive.org/web/*/http://www.kitsune.cx/courts*)

Second website of the Courts. May have been the same as Blackbirds?

Craddock, Ida. (1894). *Heavenly Bridegrooms*. Retrieved from

<https://www.idacraddock.com/bridegrooms.html>

Craddock's Spiritualist explanation of (her) spirit marriage.

Craddock, Ida. (1895). *Psychic Wedlock*. Retrieved from

<https://www.idacraddock.com/psychich.html>

Craddock's guide to the levels of psychic wedlock with spirits.

Craddock, Ida. (1902). *Ida Craddock's Letter to her Mother on the Day of her Suicide*. Retrieved from <https://www.idacraddock.com/mother.html>

RIP, Ida Craddock.

Craddock and Chappell, Vere. (2010). *Sexual Outlaw, Erotic Mystic: The Essential Ida Craddock*. San Francisco: Weiser Books.

Writings of a woman married to a spirit who made sex ed material, only to get threatened with institutionalization, arrested, and harassed to suicide by Anthony Comstock in 1902. Includes some of her journal entries about the mechanics of sex with her heavenly bridegroom.

Crisses. (n.d.) United Front Bundle [shop page]. Retrieved from

<https://leanpub.com/b/unitedfront>  
Crisses' self-help books for plurals.

Crisses. (1999?-present). Kinhost.org: encouraging internal community.  
<http://kinhost.org/> Internet Archive. Retrieved from  
[https://web.archive.org/web/\\*/http://kinhost.org\\*](https://web.archive.org/web/*/http://kinhost.org*)

Crisses are otherkin plurals who've been around for a million years, created the United Front Boot Camp, and also host a plural wiki. Wayback Machine only goes back to 2001, but the updates page goes back to 1999.

Crisses. (1999?-present). Kinhost.org: encouraging internal community.  
Retrieved from <https://kinhost.org/>

Crisses are otherkin plurals who've been around for a million years, created the United Front Boot Camp, and also host a plural wiki. Live version of their site, which is among the oldest multi websites I know of that are still active.

Crisses. (2001, February 24). Past & Future Updates [web page].  
<http://kinhost.org/updates.html> Internet Archive. Retrieved from  
<https://web.archive.org/web/20010224081603/http://kinhost.org/updates.html>

Cusack, Carole. (2016). "Fiction into religion: imagination, other worlds, and play in the formation of community." *Religion*, Vol. 46, No. 4. DOI:  
<http://dx.doi.org/10.1080/0048721X.2016.1210390> Retrieved from  
[https://www.researchgate.net/profile/Carole-Cusack/publication/306045881\\_Fiction\\_into\\_religion\\_imagination\\_other\\_worlds\\_and\\_play\\_in\\_the\\_formation\\_of\\_community/links/5a9a663eaca2721e3f2df8b2/Fiction-into-religion-imagination-other-worlds-and-play-in-the-formation-of-community.pdf?tp=eyJjb250ZXh0Ijp7ImZpcnN0UGFnZSI6InB1YmxpY2F0aW9uIiwicGFnZSI6InB1YmxpY2F0aW9uIn19](https://www.researchgate.net/profile/Carole-Cusack/publication/306045881_Fiction_into_religion_imagination_other_worlds_and_play_in_the_formation_of_community/links/5a9a663eaca2721e3f2df8b2/Fiction-into-religion-imagination-other-worlds-and-play-in-the-formation-of-community.pdf?tp=eyJjb250ZXh0Ijp7ImZpcnN0UGFnZSI6InB1YmxpY2F0aW9uIiwicGFnZSI6InB1YmxpY2F0aW9uIn19)

This whole issue of *Religion* focused on the intersection of fiction and religion; recommended if you're interested in pop culture paganism, the spiritual aspects of fictivity, and so on.

Cutten, George. (1903 September). "The Case of John Kinsel." I and II. *The Psychological Review*, Vol. X, No. 5., pg. 465-497 and 615-632. Retrieved from  
<https://zenodo.org/records/2100519/files/article.pdf> and  
[https://ia600708.us.archive.org/view\\_archive.php?archive=/22/items/crossref-pre-1909-scholarly-works/10.1037%252Fh0069840.zip&file=10.1037%252Fh0071743.pdf](https://ia600708.us.archive.org/view_archive.php?archive=/22/items/crossref-pre-1909-scholarly-works/10.1037%252Fh0069840.zip&file=10.1037%252Fh0071743.pdf)

Case study involving a college student who kept slipping in and out of trance states in college, which his fellows were aware of. They took to spanking him with books to try and get him to switch back, since it was causing him trouble in exams. Interesting mostly for discussing a disabled student being open about it and getting accommodations, even if they WERE frat boy style.

## **D**

Dace et al. (1998). *The 'Hurt Yourself Less' Workbook*. London: National Self-

Harm Network. Retrieved from <https://web.archive.org/web/20220121070258/https://studymore.org.uk/hylw.pdf>  
Workbook for managing self-harm, not necessarily quit.

Dallam, S.J. (2002). "Crisis or Creation: A systematic examination of false memory syndrome." *Journal of Child Sexual Abuse* 9(3/4), 9/36. Retrieved from [www.leadershipcouncil.org/1/res/dallam/6.html](http://www.leadershipcouncil.org/1/res/dallam/6.html)  
More Memory Wars and False Memory Syndrome Foundation debunking.

Dana, Charles L. (1894). The study of a case of amnesia or 'double consciousness'. *Psychological Review*. Retrieved from [Sci-Hub](https://doi.org/10.1080/0048721X.2016.1210392)  
A case involving a man suffering brain damage and amnesia from a gas leak. This predates the codifying of "multiple/dual personality."

Davidson, Markus Altena. (2016). "The religious affordance of fiction: a semiotic approach." *Religion*, Vol. 46, No. 4. DOI: <http://dx.doi.org/10.1080/0048721X.2016.1210392> Retrieved from <https://scholarlypublications.universiteitleiden.nl/access/item%3A2887842/view>  
This whole issue of *Religion* focused on the intersection of fiction and religion; recommended if you're interested in pop culture paganism, the spiritual aspects of fictivity, and so on.

DeBernardi, Jean. (2006). *The Way That Lives in the Heart: Chinese Popular Religion and Spirit Mediums in Penang, Malaysia*. Stanford: Stanford University Press.

Haven't read it, can only salivate at the sidelines.

Delmonte, Romara, Giancarlo Lucchetti, Alexander Moreira-Almeida, and Miguel Farias. (2016). Can the DSM-5 differentiate between nonpathological possession and dissociative identity disorder? A case study from an Afro-Brazilian religion, *Journal of Trauma & Dissociation*, 17:3, 322-337, DOI: 10.1080/15299732.2015.1103351 Retrieved from <https://www.psychologytoday.com/sites/default/files/Possession%20and%20DSM%205.pdf>

Deren, Maya. (1947-1951, 1981). *Divine Horsemen: The Living Gods of Haiti* [the film]. Retrieved from <https://archive.org/details/VOODOODIVINEHORSEMENTDeMAYADEREN>  
Documentary avant-garde film. A journey into the Vodou religion of Haiti, filmed by Maya Deren during 1947-1951 and edited posthumously by Teiji and Cheryl Ito in 1981, focused primarily on religious song, dance, and possession.

Deren, Maya. (1953). *Divine Horsemen: The Living Gods of Haiti*. Norwich: Jerrold and Sons.

Deren's book about Vodou, including her own experiences being possessed by the lwa Erzulie. Very accessible and down-to-earth!

Desired Constellation. (2010). *Dyscalculia: the social math of multiplicity*. Retrieved from



<http://healthymultiplicity.com/loonybrain/Misc/DesiredConstellationDyscalculia.pdf>

A personal experience zine of various members of the Desired Constellation grappling with ableism and stigma, and describing their coming to selves-awareness in 2008. Got permission to rehost.

Desmangles, Leslie. (1994). *The Faces of the Gods: Vodou and Roman Catholicism in Haiti*. Chapel Hill. University of North Carolina Press. Haitian Vodou spirit possession and its influence on Haitian history.

Diaz, Jamie. (2016-2021). Comix. Retrieved from

<https://jamiediazart.com/comix>

Jamie makes comics about the queer angels and devils she created and befriended, life as a trans woman in prison, her religious faith, and her hopes of liberation.

Dillon, Rax. (2022). *Tower of the Wizard King*. Retrieved from

<https://raxraxraxrax.itch.io/tower-of-the-wizard-king-a-zine>

Personal zine, experimental in format, about “plurality, differential consciousness, and a board game from 1993 that has been literally living in my head for almost thirty years.”

Discord and Sapphire Gazelles. (1994, September 7). alt.support.dissociation FAQ 3/4 [Usenet message]. Retrieved 3/10/19 from

<https://groups.google.com/d/msg/alt.support.dissociation/syXW3KkhIZA/gM5TsFZmt2sJ>

The alt.support.dissociation FAQ, showing that ASD did hypothetically support multiples without traumatic backgrounds.

Discord and Sapphire Gazelles. (1995, May 14). alt.support.dissociation FAQ

3/4 [Usenet message]. Retrieved 3/10/19 from <http://faqs.cs.uu.nl/na-dir/dissoc-faq/part3.html>

An updated form of the alt.support.dissociation FAQ, showing edits to the kind of multiples accepted or acknowledged.

DismallyOriented. (2024). On dating my partners. Retrieved from

<https://dismallyoriented.dreamwidth.org/729.html>

Essay by a singlet on dating plural.

Dissociative Initiative. (2014). Free Welcome Pack. Retrieved from

<https://di.org.au/welcome-pack/>

Intro materials for dissociatives.

Dissociative Initiative. (2015). Multiplicity Crisis. Retrieved from

<https://di.org.au/multiplicity-crisis/>

Resources for dealing with common causes of a multi crash.

Downing, Rachel. (2003). *Understanding Integration*. The Sidran Press.

Retrieved from

<https://www.sidran.org/wp-content/uploads/2018/11/Understanding-Integration.pdf>

I tried to read this, but just... couldn't take it. Still, it's an account of returning to singleness as a form of healing, for people who want that.

downtide. (2018). Mechanisms of Plurality [Livejournal post]. Retrieved from <https://downtide.livejournal.com/77008.html>

Blog post comparing and contrasting tulpas, alters, soulbonds, and walk-ins, from an old multi who's done it all.

Dragonheart Collective. (2021?-present). Dragon's Roost. Retrieved from <https://dragonsroost.neocities.org/>

Personal website of The Dragonheart Collective, with resources, essays, and other projects.

Dragonheart Collective. (2022). "Safety in Alterhuman Spaces." Retrieved from <https://dragonsroost.neocities.org/projects.html>

"This article's purpose is to serve as a non-comprehensive safety guide that is tailored to the unique experiences and red flags that alterhuman spaces have."

Dragonheart Collective. (2022). "How Do I Know If I'm Plural?" Retrieved from <https://dragonsroost.neocities.org/essay/AmIPlural.html>

Dragonheart Collective. (2022). "Should I Tell My Friends/Doctors/Parents About Being Plural?" Retrieved from <https://dragonsroost.neocities.org/essay/edu/ShouldITell.pdf>

Dragonheart Collective. (2022). "What To Do When Your Source Upsets You." Retrieved from <https://dragonsroost.neocities.org/essay/sourceharm.pdf>

Essay for fictive folk who find consuming media about their fictional selves damaging.

DreamWriters. (2015, 2021). Body Focus, Communication, and Memory. Retrieved from

<https://dreamwritersdreaming.neocities.org/GuideBodyFocusCommunicationMemory.html>

DreamWriters. (2021?) Brief List of Coping Tools. Retrieved from

<https://dreamwritersdreaming.neocities.org/GuideABriefListofCopingTools.html>

Dunlop, Andrea. (2024). *Nobody Should Believe Me: Season 4*. Retrieved from [https://www.youtube.com/watch?v=-sbMjrZ7H0E&list=PLGJbfX9uwSA\\_Ip\\_zlcAd3huVTpTdLLAtU](https://www.youtube.com/watch?v=-sbMjrZ7H0E&list=PLGJbfX9uwSA_Ip_zlcAd3huVTpTdLLAtU)

When Andrea Dunlop's sister was investigated for medical child abuse (popularly known as "Munchausen by Proxy") more than a decade ago, it tore her family apart. This catastrophic series of events sent Andrea on a journey to understand a form of abuse that many people don't want to believe exists, speaking with experts, the occasional perpetrator, and a lot of survivors. Season 4 follows the story of Jordyn Hope, a survivor Andrea became friends with while

making earlier seasons, as they unravel the secrets of their childhood.

## **E**

ECHOLIST. (December 1995). ECHOLIST The EchoMail Conference List MASTER REPORT. Retrieved from <http://www.textfiles.com/fidonet-on-the-internet/e1995/elist512.txt>

Record of the M\_P\_D and SIP\_MPD BBSes for folks with MPD.

Eclective. (2001-2006). Welcome, traveller, to the gateway to the Holyland...

<http://childofmana.tripod.com/> Internet Archive. Retrieved 2019/03/17 from

[https://web.archive.org/web/\\*/http://childofmana.tripod.com\\*](https://web.archive.org/web/*/http://childofmana.tripod.com*)

First soulbonding site that I know of for Eclective, has the earliest public citation I have for that community with do you believe in soulbonding at first sight? that's dated 1999.

Eclective [Riesz Fenrir]. (2001-2004). The Sword and Serpent Tavern.

<http://pub51.ezboard.com/btheswordandserpent> Internet Archive. Retrieved from

[https://web.archive.org/web/\\*/http://pub51.ezboard.com/btheswordandserpent](https://web.archive.org/web/*/http://pub51.ezboard.com/btheswordandserpent) A fandom and soulbonding forum.

Eclective [Riesz]. (2001, June 26). inner voices [web page].

<http://childofmana.tripod.com/soulbonding.htm> Internet Archive. Retrieved 2019/03/17 from

<https://web.archive.org/web/20010626050616/http://childofmana.tripod.com:80/soulbonding.htm>

Eclective. [Riesz of]. (2001, December 26). soulbonding faq [web page].

<http://childofmana.tripod.com/soulbondingfaq.htm> Internet Archive. Retrieved 2019/03/17 from

<https://web.archive.org/web/20011226155411/http://childofmana.tripod.com/soulbondingfaq.htm>

Eclective [Riesz of]. (2002, September 18). clowns to the left of us, jokers to the right... [web page] <http://childofmana.tripod.com/multiplemidcont-intro.htm>

Internet Archive. Retrieved from

<https://web.archive.org/web/20020918063730/http://childofmana.tripod.com/multiplemidcont-intro.htm>

Eclective. (2003-2004). Soul Whispers version 3.0.

<http://www.intoccabile.net/soulbond> Internet Archive. Retrieved from

[https://web.archive.org/web/\\*/http://www.intoccabile.net/soulbond\\*](https://web.archive.org/web/*/http://www.intoccabile.net/soulbond*)

Eclective's soulbonding site, same as the tripod version. Includes glossary, essays, FAQ.

Eclective. (2004). Soul Wshippers version 3.0

<http://www.yonicmafia.com/soulbond/> Internet Archive. Retrieved from

<https://web.archive.org/web/20050112192159/http://www.yonicmafia.com/soulbond/> Eclective's soulbonding site, same as the tripod version. Includes

glossary, essays, FAQ.

Eclective. (2004?-present, though abandoned in 2004). soul whispers 3.0 <http://soulbonding.tripod.com> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://soulbonding.tripod.com\\*](https://web.archive.org/web/*/http://soulbonding.tripod.com*) Eclective's live soulbonding site, still referenced to this day despite being abandoned for roughly twenty years. Includes glossary, essays, FAQ. The home page is down, but side pages are still live.

Eiesland, Nancy. (1994). *The Disabled God: Toward a Liberatory Theology of Disability*. Nashville: Abingdon Press.

Seminal text on Christian disability liberation theology. Not many-selved-specific.

Emerson, Rick. (2022) *Unmask Alice: LSD, satanic panic, and the imposter behind the world's most notorious diaries*. Dallas: BenBella Books, Inc. This beastly Mormon hoax writer helped kick off the Satanic panic, which in turn helped fuel the Memory Wars in the USA. Thanks a lot, lady.

Emezi, Akwaeke. (2018). *Freshwater*. New York: Grove Press. Nigerian body-sharing from an Igbo oḡbanje perspective, fictionalized autobiography prose.

Emezi, Akwaeke. (n.d.). Home – Akwaeke Emezi. Retrieved from <https://www.akwaeke.com/> The website of Akwaeke Emezi, including essays, visual art, music, and T-shirt shop.

Emezi, Akwaeke. (2020). It's like ~5% fiction [Tweet] Retrieved from <https://mobile.twitter.com/azemezi/status/1327949382898114561> Citation from Emezi's Twitter about how *Freshwater* was mostly autobiographical memoir. Reposting for posterity because who knows with Twitter: "It's like ~5% fiction in the childhood parts of the book, and the rest is straight memoir from a spirit first perspective. The conversations between the selves were literally copy pasted from my journals. I let it move as fiction because it needed that mask as my debut, you know? I don't believe it would have been published as nonfiction because it would have required acknowledging that indigenous realities aren't myths."

Emezi, Akwaeke. (2021). *Dear Senthuran*. New York: Penguin Random House. Emezi [states](#) that they had to pretend *Freshwater* was fiction, feeling they couldn't publish it otherwise, and *Dear Senthuran* is them writing without that bending over backwards for marketability. About being a god trapped in fleshly existence.

Emezi, Akwaeke. (2024). Stop Dying, You Were Very Expensive! Retrieved from <https://akwaeke.bandcamp.com/> Music by Akwaeke Emezi with the theme, "I'm here, I'm a god, shake your ass." When do they sleep?

Encyclopedia Dramatica. (2006 March 3). Talk:Otakin [wiki page].  
<http://www.encyclopediadramatica.com/Talk:Otakin> Internet Archive. Retrieved 2019/04/30 from  
<https://web.archive.org/web/20100426004714/http://www.encyclopediadramatica.com/Talk:Otakin>

A mockery page for what is now called fictionkin. Unpleasant.

Encyclopedia Dramatica. (2008 August 26). Soulbonding [wiki page].  
<http://www.encyclopediadramatica.com/Soulbonding> Internet Archive. Retrieved 2019/04/30 from  
<https://web.archive.org/web/20080826105532/http://www.encyclopediadramatica.com/Soulbonding>

A mockery page for soulbonders. Unpleasant.

the Equinoxian System. (2023). *Plural Joy! vol. 0*. For sale at  
<https://ko-fi.com/s/8607fca827>

“A light introduction to plurality with some interviews with the author systems’ members.”

Evans, Arthur. (1978, 2013). *Witchcraft and the Gay Counterculture: A Radical View of Western Civilization and Some of the People it has Tried to Destroy*.

Boston: Fag Rag Books and Feral Death Coven. Retrieved 2024/10/2 from at  
<https://archive.org/details/ArthurEvansWitchcraftAndTheGayCounterculture>

This is the famous, more easy to find one, even though we liked the incomplete *Moon Lady Rising* better. Stuff about demon-fuckery and queerness, not many-selved focused but worth a dig-through. “We will need allies. Our natural allies —[...] women, Third World people, the poor, the unemployed, the unemployable, and the insane.” (148-149) RIP, Arthur Evans.

Evans, Arthur. (2018). *The Evans Symposium: Witchcraft & the Gay Counterculture and Moon Lady Rising*. Granville, NY: White Crane Books. Arthur Evans always intended to do a book following up *Witchcraft and the Gay Counterculture*, calling it *Moon Lady Rising*, but died before he could finish it. As far as I know, *The Evans Symposium* is the only place you can get what he did make, and it’s print-only. In it, Evans draws an explicit connection between queerness and noncorporeal sex: “however demons got their bodies, sex with them was considered the moral equivalent of ‘buggery’ (meaning both ‘heresy’ and ‘homosexuality’).” (253)

## **F**

Falconer, Bob. (2023). *The Others Within Us: Internal Family Systems, Porous Mind, and Spirit Possession*. Great Mystery Press. For sale at  
<https://robertfalconer.us/the-others/>

Beefy book with broad strokes cross-cultural overview of possession, daimones, and subjective reality.

False Memory Syndrome Foundation. (n.d.) False Memory Syndrome

Foundation. Retrieved from <https://www.fmsfonline.org/>  
Memory Wars stuff. Their nonsense made being multi a lot harder for a certain generation. Someone is in the process of transcribing the entire archive of their newsletter to make it searchable; ask for private access.

Fanlore. (n.d.) Strikethrough and Boldthrough [Wiki article]. Retrieved 2020/08/30 from [https://fanlore.org/wiki/Strikethrough\\_and\\_Boldthrough](https://fanlore.org/wiki/Strikethrough_and_Boldthrough)  
The purges of Livejournal, which helped end the communities there, including soulbonders, multiples, etc.

Finkelhor, David and Williams, Linda Meyer, with Burns, Nanci. (1988). *Nursery Crimes: Sexual Abuse in Day Care*. Newbury Park: SAGE Publications. Retrieval with account from <https://archive.org/details/nurserycrimessex0000fink>  
Regrettably titled book about “ritual abuse” as a loose umbrella term for at least three very different experiences, which ended up proving helpful for me understanding what its deal was (and what mine was). Also one of the rare places that even attempts to discuss the behavior of female sexual abusers.

Flournoy, Théodore (translator: Daniel B. Vermilye). (1900). *From India to the Planet Mars: A Study of a Case of Somnambulism with Glossolalia*. New York: Harper & Brothers. Retrieved from <https://archive.org/details/cu31924022985299>  
Early spirit medium multiple, very famous. Haven’t read.

Forney, Ellen. (2018). *Rock Steady: Brilliant Advice from my Bipolar Life*. Seattle: Fantagraphics.  
Intended for bipolar but more generally useful; goes into managing medication, finding health personnel, etc.

Franz, Shepherd Ivory. (1933). *Persons, One and Three: A Study in Multiple Personalities*. New York: Whittlesey house. Retrieved from <https://babel.hathitrust.org/cgi/pt?id=mdp.39015002704081&view=1up&seq=15>  
Story of “C. J. Poulting”/“John Charles Poultney” fugue case. Following a severe head injury in World War I, switched multiple times, leading to multiple stints in the British army, being mistaken for American and shipped back there, only to be taken in as the long-lost relative of Seventh Day Adventists, which he didn’t seem thrilled about. Boring, but credit where its due, Franz did his damndest to piece together a very confused biography.

FreyasSpirit. (2016-2017). Freyas Spirit | Plurality, gender, and mental health. Retrieved from <https://freyasspirit.com/>  
Polyfragmented tulpamancer DID blog and resource site.

FreyasSpirit and Irenes. (2019). *Plurality Playbook*. Retrieved from <https://freyasspirit.com/plurality-playbook/>  
A guide “To help employees and managers understand dissociative disorders, as well as plurality as a whole.” Originally made by plural Google employees.

Freyd, Jennifer J. (1998) Science in the Memory Debate, *Ethics & Behavior*, 8:2, pg. 101-113. Retrieve online from [http://dx.doi.org/10.1207/s15327019eb0802\\_1](http://dx.doi.org/10.1207/s15327019eb0802_1)  
Memory Wars and False Memory Syndrome Foundation debunking.

Fuzzy. (1994, December 15). ADMIN: Fuzzy system has new domain name [Usenet message]. Retrieved from [https://groups.google.com/forum/#!searchin/alt.support.dissociation/asarian.org/sort:date/alt.support.dissociation/iJdJw6Cux0I/uB-Eip\\_vaZEJ](https://groups.google.com/forum/#!searchin/alt.support.dissociation/asarian.org/sort:date/alt.support.dissociation/iJdJw6Cux0I/uB-Eip_vaZEJ)  
Citation for the creation of the asarian.org domain

fuzzyjayling. (2018?). Beginner's Guide to Fronting. <https://www.feathersong.org/plural-howto/beginners-guide-to-fronting/> Internet Archive. Retrieved from <https://web.archive.org/web/20220429143341/https://www.feathersong.org/plural-howto/beginners-guide-to-fronting/>  
Fuzzyjayling's old guide to fronting.

fuzzyjayling. (2020?). Feathers Guide to Fronting and Switching (by fuzzyjayling). <https://www.feathersong.org/plural-howto/feathers-guide-to-fronting-and-watching/> Internet Archive. Retrieved from [https://web.archive.org/\\*/https://www.feathersong.org/plural-howto/feathers-guide-to-fronting-and-watching/](https://web.archive.org/*/https://www.feathersong.org/plural-howto/feathers-guide-to-fronting-and-watching/)  
Fuzzyjayling's new guide to fronting, and the preferred one.

## **G**

GalaxySystem. (2015-2020). *Today*. Retrieved from <https://tapas.io/series/TodayComic/info>.  
A DID diary comic.

Georges, Rene and Houlberg, Marilyn. (1993). "My Double Mystic Marriages to Two Goddesses of Love: an Interview." *Sacred Arts of Haitian Vodou*. Los Angeles: Fowler Museum at UCLA. Retrieved from <http://healthymultiplicity.com/loonybrain/Misc/Rene-MyDoubleMysticMarriagesToTwoGoddessesOfLove.pdf>  
An interview with a Haitian man about his marriages to two lwa, Ezili Danto and Ezili Freya.

Gil, Eliana. (1990). *United We Stand: A Book for People with Multiple Personalities*. Walnut Creek, CA: Launch Press. Retrieved from [https://healthymultiplicity.com/loonybrain/Info/Gil\\_United\\_We\\_Stand\\_1990\\_OC.pdf](https://healthymultiplicity.com/loonybrain/Info/Gil_United_We_Stand_1990_OC.pdf)  
An early self-help book for multiples, and appropriate for older children, which is uncommon.

Gilbert, J. A. (1902). X. *New York Medical Record*, pg. 207-11.  
A very old multiple personality case that I cannot find anywhere, but this is the

citation, so it must exist somewhere. If you find it, tell me (AND GIVE IT TO ME I WANT IT)

Gilkey, Laura. (1998?, 2002). the Trinity [story]. Retrieved from <https://web.archive.org/web/20030411071709/http://www.shininghalf.com/liteside/trinity.html>

or <https://www.fictionpress.com/s/735472/1/The-Trinity>

Fiction, but author's notes of the self-hosted version says it was originally made in 1998 and states that Seihara is a gloss of her primary soulbond at the time. Citation for soulbond romance.

Gilkey, Laura. (2001-2009). Welcome to ShiningHalf.com! <http://www.shininghalf.com> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.shininghalf.com\\*](https://web.archive.org/web/*/http://www.shininghalf.com*) Soulbonding site.

Gilkey, Laura. (2001-2004). Soulbonding. <http://www.shininghalf.com:80/soulbond.html> Internet Archive. Retrieved from <https://web.archive.org/web/20041221200347/http://www.shininghalf.com:80/soulbond.html>

Gilkey's Soulbonding page.

Gilkey, Laura. (2002). Who I Am [poem]. <http://shininghalf.com/liteside/who.html> Internet Archive. Retrieved from <https://web.archive.org/web/20030117075620/http://shininghalf.com/liteside/who.html>

A poem on the subjective experience of soulbonding.

Gilkey, Laura. (2002, May). ~Ramblings on Soulbonding~ [blog post] <http://www.shininghalf.com:80/ithink2.html> Internet Archive. Retrieved from <https://web.archive.org/web/20041229121933/http://www.shininghalf.com:80/ithink2.html>

Perhaps inspired by Pavilion Hall or Vicki(s), Gilkey says, "Often it is suggested--and I essentially agree--that Soulbonding and Multiplicity are points along a common spectrum, which let's call 'Plurality of Identity.' It has been pointed out, and well so, that some Plurality of Identity is healthy, indeed I believe necessary for health." She herself charts herself as a plural soulbonder, but not multiple, and also coins "outsourced," a very useful term for "the SBing of characters that the SBer did not create." (Insourced seems to have formed in response to this term to describe soulbonds of characters that the soulbonder did create.)

Gilkey, Laura. (2002, September 30). ~The View from 11 1/2 Inches~ [blog post] <http://www.shininghalf.com:80/ithink2.html> Internet Archive. Retrieved from <https://web.archive.org/web/20041229121933/http://www.shininghalf.com:80/ithink2.html>

Gilkey describes her thoughts on fictional characters as "templates" that



individual soulbonds are built off of but aren't identical to, explaining why different people can have multiple soulbonds of the same "character" that are radically different from each other.

Ginting, Silvana R.R. and Effendy, Elmeida. (2019). Post-Dissociative Trance Disorder: Traditional Culture of Nini Pagar from Tigabinanga. *Open Access Maced J Med Sci*. 2019 Aug 30; 7(16): 2685–2687. Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6876804/>  
Thanks, kinda\_lost! Discusses a trance possession case in Indonesia.

Gladden, Ronnie. (2023). *White Girl Within*. October Publishing.  
Two identities struggle to coexist in Ronnie Gladden's body, brain, and soul. On the outside, they are Black and male. Inside, a repressed White female identity begs for release and is ready to break the status quo. Grappling with double-binary thinking, an abusive father, and childhood trauma, they imprison their inner self to stay safe from the world.

Gmelin, E. (1791). *Materialen fur die anthropologie* (pp. 3-89). Tubingen, Germany: Cotta. [German] Retrieved from [https://www.google.com/books/edition/Materialien\\_f%C3%BCr\\_die\\_Anthropologie/Fz0UAAAAQAAJ?hl=en&gbpv=1&dq=inauthor:%22Eberhard+Gmelin%22&printsec=frontcover](https://www.google.com/books/edition/Materialien_f%C3%BCr_die_Anthropologie/Fz0UAAAAQAAJ?hl=en&gbpv=1&dq=inauthor:%22Eberhard+Gmelin%22&printsec=frontcover)  
Also translated by Papierfliegerfalter at <http://healthymultiplicity.com/loonybrain/Info/1791MaterialienfurdieAnthropologie%20translation.pdf>  
A very old German medical multi case, the oldest I have so far.

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from [http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)  
What it says on the tin; this bibliography has stuff it doesn't, and vice versa. Also has twenty pages of summarized legal cases.

Goodwin, J. (1987). Mary Reynolds: a post-traumatic reinterpretation of a classic case of multiple personality disorder. Retrieved from <https://www.ncbi.nlm.nih.gov/pubmed/3308663>  
Article about Mary Reynolds, the "first" (medical) multiple personality, arguing she had a traumatic background.

Grobe, Jonathan. (1994, August 28). Dissociation/Multiple Personalities Support Newsgroup Created [Newsgroup message]. Retrieved 3/13/2019 from <https://groups.google.com/d/msg/alt.sexual.abuse.recovery/cxSSC9a9uto/M3RuliatW2MJ>  
Notation of the creation of alt.support.dissociation.

Grove, Emma. (2022). *The Third Person*. Montreal: Drawn & Quarterly.

800-page comics memoir about a messed-up therapy relationship and being gatekept out of transitioning due to DID. Nominated for an Eisner award!

GZE/Silvermoon Crew. (2024-) *Pack of Weirdos*. Retrieved from <https://gze.neocities.org/comics>

An autobiographical comic about alterhumanity, trauma, and memes.

## H

H., Ann. (1985-1986). Various poems. *Speaking for Our Selves*, Vol. 1, no. 4. Retrieved from <https://transcribedcomicszines.dreamwidth.org/4048.html>

Eight short poems by someone with MPD, dealing with topics ranging from death, despair, and denial, to longing for connection and friendship.

Haines, Staci. (2008). *Healing Sex: a Mind-Body Approach to Healing Sexual Trauma*. San Francisco: Cleis Press.

Best book we've found for dealing with sexual triggers, flashbacks, etc. Only available as ebook now.

Hardy, Janet. (2013). My tantric "awakening" turned me off sex. *Salon*. Retrieved from

[https://www.salon.com/2013/03/17/my\\_tantric\\_awakening\\_turned\\_me\\_off\\_sex/](https://www.salon.com/2013/03/17/my_tantric_awakening_turned_me_off_sex/)

Citation about the dangers of ecstatic union. I keep needing this stupid thing so I'm sticking it here.

Harris, Jonathan G. (1997 May 19). WITCH HUNT INFORMATION CENTER. <http://www.mit.edu:8001/people/harris/witchhunt.html> Internet Archive.

Retrieved from

<https://web.archive.org/web/19970519144556/http://www.mit.edu:8001/people/harris/witchhunt.html>

Memory Wars stuff. I regret my profession.

Harvey, Ben. (2019). Origin of #pluralgang – protomagicalgirl on Hbomberguy [Youtube video]. Retrieved from <https://www.youtube.com/watch?v=RJgrpGHkSPQ>

<https://www.youtube.com/watch?v=RJgrpGHkSPQ>

The start of the #pluralgang tag on Twitter and elsewhere. Keeping this damn citation here because wow would it be hard to find later.

Hendrickson, Kate M., McCarty, Teresita, and Goodwin, Jean M. (1990). Animal Alters: Case Reports. *Dissociation III*(4), December 1990, 218-221.

Descriptions of five cases of animal alters, including those based on deceased pets and abused animals.

HMS Beagle. (2010). Untitled. <https://healthymultiplicity.com/hmsbeagle> Internet Archive. Retrieved from

[https://web.archive.org/web/\\*/https://healthymultiplicity.com/hmsbeagle\\*](https://web.archive.org/web/*/https://healthymultiplicity.com/hmsbeagle*)

The only evidence we have that HMS Beagle was ever a part of healthymultiplicity.com... or that any of their work ever got made.

Hocking, Sandra. (1992). *Living With Your Selves: a survival manual for people with multiple personalities*. Rockville, MD: Launch Press. Retrieved from <https://healthymultiplicity.com/loonybrain/Misc/Hocking-LivingWithYourSelves.pdf>

An early (though not the first) MPD self-help book. I wrote about its cultural context here: <https://lb-lee.dreamwidth.org/1245304.html>

Hock-Tong, Cheu. (1988). *The Nine Emperor Gods: A Study of Chinese Spirit Medium Cults*. Ann Arbor: University of Michigan.

Spirit possession of overseas ethnic Chinese. Haven't read it, can only look longingly from the sidelines.

Hoffman, David H. (2015). REPORT TO THE SPECIAL COMMITTEE OF THE BOARD OF DIRECTORS OF THE AMERICAN PSYCHOLOGICAL ASSOCIATION: INDEPENDENT REVIEW RELATING TO APA ETHICS GUIDELINES, NATIONAL SECURITY INTERROGATIONS, AND TORTURE. Retrieved from <https://www.apa.org/independent-review/revise-report.pdf>

Memory Wars and False Memory Syndrome footnote that states Elizabeth Loftus avoided an ethics investigation by getting tipped off it was coming so she could resign and dodge the scandal.

H.O.P.E. (2000-2003). <http://www.hopeorg.com> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.hopeorg.com\\*](https://web.archive.org/web/*/http://www.hopeorg.com*)

Main website of an “alternative” coalition group that went bonkers. My notes here: <https://lb-lee.dreamwidth.org/1246004.html#cutid1>

H.O.P.E. (2000). Official Homepage of the Human/Otherworldly/Paranormals Exchange. <http://mypage.goplay.com:80/HOPEteam/index.html> Internet Archive. Retrieved from

[https://web.archive.org/web/\\*/http://mypage.goplay.com/HOPEteam\\*](https://web.archive.org/web/*/http://mypage.goplay.com/HOPEteam*)

Another website of an “alternative” coalition group that went bonkers. My notes here: <https://lb-lee.dreamwidth.org/1246004.html#cutid1>

H.O.P.E. (2001-2003). Alternative Net. <http://go.to/alternativenet> Internet Archive. Retrieved from

[https://web.archive.org/web/\\*/http://go.to/alternativenet\\*](https://web.archive.org/web/*/http://go.to/alternativenet*)

Another website of an “alternative” coalition group that went bonkers. My notes here: <https://lb-lee.dreamwidth.org/1246004.html#cutid1>

H.O.P.E. (2001-2005). Alternative Net.

<http://www.angelfire.com/weird/alternativenet/main.html> Internet Archive. Retrieved from

[https://web.archive.org/web/\\*/http://www.angelfire.com/weird/alternativenet\\*](https://web.archive.org/web/*/http://www.angelfire.com/weird/alternativenet*)

Another website of an “alternative” coalition group that went bonkers. My notes here: <https://lb-lee.dreamwidth.org/1246004.html#cutid1>

H.O.P.E. (2003-2005). HOPEorg. <http://groups.msn.com/HOPEorg/> Internet

Archive. Retrieved from

<https://web.archive.org/web/20030207211520/http://groups.msn.com/HOPEorg/>  
Final website of an “alternative” coalition group that went bonkers. My notes here: <https://lb-lee.dreamwidth.org/1246004.html#cutid1>

Hoult, Jennifer. (2005 & 2014). “Remembering Dangerously” & Hoult v. Hoult: The Myth of Repressed Memory that Elizabeth Loftus Created. Retrieved from <http://www.rememberingdangerously.com>  
More Memory Wars and False Memory Syndrome debunkings, spoken from someone who Loftus screwed over.

Howe, Zarasky, and Lorentzen. (2009). “Devotional Crossings: Sex Workers, Santisima Muerte, and Spiritual Solidarity in Guadalajara and San Francisco.” *Religion at the Corner of Bliss and Nirvana: Politics, Identity, and Faith in New Migrant Communities*. Durham and London: Duke University Press. Available at sci-hub, though missing a page.

Very briefly mentions lesbian spirit marriage between a (trans?) sex worker and Santa Muerte.

Huber, Cheri. (1993, 2001). *There Is Nothing Wrong With You*. Keep It Simple Books.

Zen Buddhist self-help book on the subject of radical self-acceptance.

Humphrey, N., and Dennett, D. (1989). Speaking for our selves: an assessment of multiple personality disorder. *Raritan*, 9:1, 68-98. Retrieved from <https://web.archive.southampton.ac.uk/cogpinrts.org/810/1/s4os.htm>

Info about the shutdown of *Speaking For Our Selves*, the first MPD newsletter I know of.

Hungry Ghosts. (n.d.). Plural Etiquette Questionnaire. Retrieved from <https://write.as/i9kkvgv5hp70gauw.md>

Hungry Ghosts [bazelgeuse-apologist] (2019?) Sleeping in Shadows. Retrieved from <https://cohost.org/bazelgeuse-apologist/post/2198190-totally-forgot-that>  
A quiet reflective poem on a moment with a loved headmate. Screenreadable.

Hungry Ghosts [famishing\_fae] (2019?) Insanity. Retrieved from [https://commaful.com/play/famishing\\_fae/insanity/](https://commaful.com/play/famishing_fae/insanity/)

A meditative poem on ableism and mental illness. Not screenreadable.

Hungry Ghosts [famishing\_fae] (2019?) Out of One, Many. Retrieved from [https://commaful.com/play/famishing\\_fae/out-of-one-many/](https://commaful.com/play/famishing_fae/out-of-one-many/)

“to broken branches who became trees, who became a forest all their own. (CW: brief abuse mention, discussion of ableism) Not screenreadable.

Hungry Ghosts [famishing\_fae] (2019?) Given Space. Retrieved from [https://commaful.com/play/famishing\\_fae/given-space/](https://commaful.com/play/famishing_fae/given-space/)

“a kind of love poem on separation” Not screenreadable.

Hungry Ghosts [famishing\_fae] (2019?) Ode to a Beast. Retrieved from [https://commaful.com/play/famishing\\_fae/ode-to-a-beast](https://commaful.com/play/famishing_fae/ode-to-a-beast)  
Poem about making friends with a scary, demonized headmate. Not screenreadable.

Hungry Ghosts [famishing\_fae] (2019?) The Things You Must Remember. Retrieved from [https://commaful.com/play/famishing\\_fae/the-things-you-must-remember/](https://commaful.com/play/famishing_fae/the-things-you-must-remember/)  
Poem about the rules of fairyland. Not screenreadable.

Hungry Ghosts [famishing\_fae] (2019?) Hello World. Retrieved from [https://commaful.com/play/famishing\\_fae/hello-world/](https://commaful.com/play/famishing_fae/hello-world/)  
An introduction. Not screenreadable.

Hungry Ghosts. (2023-). Feasting with Ghosts. Retrieved from <https://feastingwithghosts.com/creations/>  
Website of Hungry Ghosts.

Hungry Ghosts. (2023). Handling the “Silent Periods.” Retrieved from <https://feastingwithghosts.com/creations/essays/plurality/handlingsystemsilence>  
Essay on handling when headmates go silent for extended periods of time.

## I

Icarus. (2006?) A Public Warning: Documentation of “FF7 House” [web page]. Retrieved 2019/04/30 from <http://www.demon-sushi.com/warning/index2.html>  
An infamous soulbonding/fictionkin/plural cult based around recreating Final Fantasy 7.

the Inmara Ktletaccete Fenumera. (2022). *System’s Out!* Retrieved from <https://sunspot.world/>  
“A story about plurality, consciousness, the fight to overcome physical dysphoria, and self advocacy in a world without assigned gender. Also, some good old fashioned wish fulfillment.” This story is explicitly about the author system heavily fictionalized and put into a science fiction setting.

International Society for the Study of Dissociation. (2005). [Chu, J.A., Loewenstein, R., Dell, P.F., Barach, P.M., Somer, E., Kluft, R.P., Gelinas, D.J., Van der Hart, O., Dalenberg, C.J., Nijenhuis, E.R.S., Bowman, E.S., Boon, S., Goodwin, J., Jacobson, M., Ross, C.A., Sar, V, Fine, C.G., Frankel, A.S., Coons, P.M., Courtois, C.A., Gold, S.N., & Howell, E.]. Guidelines for treating Dissociative Identity Disorder in adults. *Journal of Trauma & Dissociation*, 6(4) pp. 69-149.

My citation from *FTMPD/Alter Boys In Love* for the, “you shouldn’t call alters people, that might encourage them” thing. Seems to be offline; ask us for a copy.

International Society for the Study of Trauma and Dissociation. (2011). Guidelines for Treating Dissociative Identity Disorder in Adults, Third Revision. Retrieved from

[https://www.isst-d.org/wp-content/uploads/2019/02/GUIDELINES\\_REVISIED2011.pdf](https://www.isst-d.org/wp-content/uploads/2019/02/GUIDELINES_REVISIED2011.pdf)

The current version, I think.

ISLA NARANJA DEL VIAJE. (2023). EDIBLE AND INEDIBLE. Retrieved from <https://isla-naranja.itch.io/edible-and-inedible>

Comic about vulnerability and nonhuman identity in stark black, white, red, and yellow.

ISLA NARANJA DEL VIAJE. (2024). OPEN CANVAS SEEKING FLAME. Retrieved from <https://isla-naranja.itch.io/open-canvas-seeking-flame>

Comic about escaping a poisonous relationship and having to refine yourself and your art afterward, shown through a conversation between two headmates.

## **J**

Jackie. (1997, April 22). Hello from Sara! / Possible Spoiler Material [Usenet post]. Retrieved from

[https://groups.google.com/forum/#!msg/alt.support.dissociation/YukmhWQ4ATg/YmGEveud\\_zAJ](https://groups.google.com/forum/#!msg/alt.support.dissociation/YukmhWQ4ATg/YmGEveud_zAJ)

Citation for Astraea's Web existing by April 22, 1997. (And lest you forgot, Astraea are [truck-stealing bullies](#))

James, William. (1890). *The Principles of Psychotherapy*. New York: Henry Holt and Company. Retrieved from

<http://psychclassics.yorku.ca/James/Principles/prin10.htm>

Very old medical multiplicity stuff.

JEB. (1979). *Eye to Eye: Portraits of Lesbians*. pg. 38-39. Retrieved from

<https://archive.org/details/eye-to-eye-portraits-of-lesbians/page/37/mode/2up>

Contains a 1978 photo portrait of Judy Castelli, fifteen years before she was diagnosed as multiple, and it's the most multi portrait I have ever seen and led me to discovering the rest of her work. Just in case you ever needed photographic evidence that a multi can exist long before diagnosis.

Joyner, Katrina, ed. (2001 fall). *Kinships Magazine* Issue #4. Pentegram Komix and Graphix.

Early otherkin magazine. Had plural contributors.

Joyner, Katrina, ed. (2001, winter). *Kinships Magazine* Issue #5. Pentegram Komix and Graphix.

Early otherkin magazine. Had plural contributors.

Joyner, Katrina. (2006, May 10). *Kinships* [web page].

<http://anotherotherkin.tripod.com/angelicpress/Kinships/index.htm> Internet Archive. Retrieved 2019/04/22 from

<https://web.archive.org/web/20060510111138/http://anotherotherkin.tripod.com/angelicpress/Kinships/index.htm>

## **K**

K., Meredith and Co. (2024). *Me & My Tail: a true story*. Retrieved from <https://cohost.org/vurren/post/4656097-me-my-tail-a-true>

An autobio comic about Kittylove's tail coming to life and making it happy.

Kendall, Laurel. (1988). *The Life and Hard Times of a Korean Shaman: of Tales and the Telling of Tales*. Honolulu: University of Hawaii Press. Retrieved from [https://archive.org/details/isbn\\_0824811453](https://archive.org/details/isbn_0824811453)

The anecdotes and life stories told by Yongsun's Mother, a mansin who lives outside Seoul. Lots of spirit possession.

Kenny, Michael G. (1986). *The Passion of Ansel Bourne: Multiple Personality in American Culture*. Washington DC: Smithsonian Institute Press. Available with account at <https://archive.org/details/passionofanselbo0000kenn>

Haven't read it, only know of it. Focuses on the 1887 case of Ansel Bourne, the 1830s case of Mary Reynolds, and George Pellew, whoever he was.

Keyes, Daniel. (1981). *The Minds of Billy Milligan*. New York: Random House. Old MPD biography of a serial rapist. Unpleasant, but easy to throw at anyone claiming true multis never hurt anyone.

Kluft, Richard. (1988). The Phenomenology And Treatment Of Extremely Complex Multiple Personality Disorder. *Dissociation*, Vol. 1, No. 4. Retrieved from [https://scholarsbank.uoregon.edu/xmlui/bitstream/handle/1794/1396/Diss\\_1\\_4\\_8\\_OCR\\_rev.pdf?sequence=4](https://scholarsbank.uoregon.edu/xmlui/bitstream/handle/1794/1396/Diss_1_4_8_OCR_rev.pdf?sequence=4)

Freyas call this "the best paper we have found so far on polyfragmented DID so far."

## **L**

Lancers. (2003, August 4). FAQ: fires [web page]

<http://www.tanuki.cx/pavilion/codex/faq/fires.html> Internet Archive. Retrieved 2019/03/13 from

<https://web.archive.org/web/20030804120312/http://www.tanuki.cx/pavilion/codex/faq/fires.html>

Pavilion Hall's ostensibly more militant activist wing, and the only source I have for their whole "fires" idea, which I never understood.

Lancers. (2002-2012). Lancers Hill. Retrieved from

<https://lancershill.livejournal.com/>

Livejournal community for the Lancers, which was ostensibly Pavilion Hall's more activist, militant arm. Got folded into Pavilion Hall and quietly never mentioned again, so all other citations will lump them under "Pavilion Hall."

Lee, LB and Zyfron. (2010-present). Resource Index. Retrieved from

<https://healthymultiplicity.com/>

Our website.

Lee, LB. (2007-present). Scribbles and Bits. Retrieved from <https://lb-lee.dreamwidth.org/>  
Our blog.

Lee, LB. (2017-2019). *Cultiples: the complete series* [ebook]. Retrieved from <https://lb-lee.itch.io/cultiples-tristan-greyledesiree-hamm>, can be pirated off archive.org or LibraryGenesis.

My soul-crushing works on three transmasc plural cult leaders. One is in jail until 2030 for kidnapping, raping, and branding teenage girls he persuaded were really their roleplaying characters, one has a string of domestic violence charges and is forbidden to own firearms because of his violence, and the other's just a prick. This project crushed my soul. I regret my profession.

Lee, LB. (2019, 2021). *Memory Work Essays*. Retrieved from <https://lb-lee.dreamwidth.org/1053011.html>

Lee, LB. (2019, March 13). Pavilion Hall and the Creation of the Term “Median” [blog post]. Retrieved from <https://lb-lee.dreamwidth.org/1005976.html>

Lee, LB. (2019, April 18). Pluralwiki: Soulbonding (the Livejournal community) [blog post]. Retrieved from <https://lb-lee.dreamwidth.org/1020269.html>

Lee, LB. (2019, July 21). Plural Wiki: Wondershocked [blog post]. Retrieved from <https://lb-lee.dreamwidth.org/1040137.html>

Lee, LB. (2020, January 9). Where's Amorpha's Money, Astraea? [blog post]. Retrieved from <https://lb-lee.dreamwidth.org/1083069.html>  
My citation for Astraea being passive-obstructive truck-stealing extortionists.

Lee, LB. (2020, March). Quick'N'Dirty Plural History [the video version]. Retrieved from [https://youtu.be/I8Nc-qkt\\_I4](https://youtu.be/I8Nc-qkt_I4)  
The hour-long video version, done for the Plural Positivity World Conference.

Lee, LB. (2020, May 28). Quick'N'Dirty Plural History [the textual version]. Retrieved from <https://lb-lee.dreamwidth.org/1111069.html>  
The textual version, in four chapters.

Lee, LB. (2022, July 22). A Quick'n'Dirty History of “System” as Plural Slang. Retrieved from <https://lb-lee.dreamwidth.org/1220190.html>

Lee, LB. (2023). Big Sourcedump of Nonwhite Spirit Marriage, Possession, and Many-Selvedness (1878-2022) [blog post]. Retrieved from <https://lb-lee.dreamwidth.org/1260134.html>

Lee, LB. (2023). Linkdump of Noncorporeal Sexual/Romantic/Queerplatonic Relationships. [blog post] Retrieved from <https://lb-lee.dreamwidth.org/1259626.html>

Left at London. (2019). “6 Feet.” Available for purchase at



<https://leftatlondon.bandcamp.com/track/my-friends-are-kind-a-strange-feat-chuck-sutton>

An autobiographical song about living with OSDD-1b.

Le Guin, Ursula. (1973). "Dreams Must Explain Themselves." New York: ALGOL #21

An essay by the late, great speculative fiction writer about her discovering of Earthsea over the course of a decade and its independent autonomy.

Leigh Ann. (1994, September 6). Welcome to alt.support.dissociation [Newsgroup message]. Retrieved 3/13/2019 from

<https://groups.google.com/d/msg/alt.support.dissociation/5ruKWhbZOKU/QVW2dBt2gGkJ>

Citation for the following sentiment: "I was told a.s.d. was to be a support newsgroup for mp's [multiples] or those who dissociate, regardless of how dysfunctional they are or are not. [...] I do not consider myself to be disordered or broken"

Lewis, I. M. (1966, September). Spirit Possession and Deprivation Cults. *Man*, New Series, Vol. 1, No. 3, pp. 307-329

"the intrusive familiar is frequently of the opposite sex to its host. With this high incidence of the possession of men by female spirits, and of women by male spirits, it is scarcely surprising that the relationship between a medium and his or her attendant familiar should regularly be expressed in terms of marriage."

Lilienfeld, Scott; Lynn, Steven; Lohr, Jeffrey. (2004). *Science and Pseudoscience in Clinical Psychology*. New York: Guilford Press. Retrieved from [https://scottlilienfeld.com/wp-content/uploads/2021/01/Science-and-Pseudoscience-in-Clinical-Psychology-Second-Edition-by-Scott-O.-Lilienfeld-PhD-Steven-Jay-Lynn-PhD-Jeffrey-M.-Lohr-PhD-Carol-Tavris-PhD-z-lib.org\\_.pdf](https://scottlilienfeld.com/wp-content/uploads/2021/01/Science-and-Pseudoscience-in-Clinical-Psychology-Second-Edition-by-Scott-O.-Lilienfeld-PhD-Steven-Jay-Lynn-PhD-Jeffrey-M.-Lohr-PhD-Carol-Tavris-PhD-z-lib.org_.pdf)

Memory Wars stuff.

Loftus, Elizabeth, and Katherine Ketchum. (1991). *Witness for the Defense: The Accused, the Eyewitness, and the Expert Who Puts Memory on Trial*. New York: St. Martin's Books. Available with account at

<https://archive.org/details/witnessfordefens0000loft>

Memory Wars and False Memory Syndrome stuff, written by one of the FMSF board who dodged an ethics investigation by conveniently resigning.

Loftus, Elizabeth, and Melvin Guyer. (2002). Who Abused Jane Doe? The Hazards of the Single Case History: Part I. Retrieved from

<https://staff.washington.edu/eloftus/Articles/JaneDoe.htm>

Memory Wars False Memory Syndrome stuff, written by one of the FMSF board who dodged an ethics investigation by conveniently resigning.

the Lunastus Collective [not-your-fucking-pet]. (2014, August 7). Fellow plural people? [tumblr post]. Retrieved 2019/03/14 from <http://not-your-fucking->

[pet.tumblr.com/post/94111819808/fellow-plural-people](http://pet.tumblr.com/post/94111819808/fellow-plural-people)

The earliest citation I have for what would become the endogenic/traumagenic slapfight, with the core idea that only traumatized people are allowed to use the words “plural,” “multiple,” or any other pre-existing slang for such groups. If you find an earlier citation, tell me, I freakin’ want it.

the Lunastus Collective [not-your-fucking-pet]. (2014, August 8). Long ramble on terminology creation [tumblr post]. Retrieved 2019/03/14 from <http://not-your-fucking-pet.tumblr.com/post/94222698873/long-ramble-on-terminology-creation>

The creation of the term “endogenic,” made abstruse on purpose to avoid all pre-existing plural terminology to avoid spurious claims of cultural appropriation. It didn’t work.

Lurie, Samuel. (2002). “Loving You Loving Me: Tranny/Crip/Queer Love and Overcoming Shame in Relationship.”

[http://www.bentvoices.org:80/bentvoices/lurie\\_loving%20you.htm](http://www.bentvoices.org:80/bentvoices/lurie_loving%20you.htm) Internet Archive. Retrieved from [https://web.archive.org/\\*/](https://web.archive.org/*/http://www.bentvoices.org:80/bentvoices/lurie_loving%20you.htm)

[http://www.bentvoices.org:80/bentvoices/lurie\\_loving%20you.htm](http://www.bentvoices.org:80/bentvoices/lurie_loving%20you.htm)

Queer trans man reflecting on the joys of his relationship with his trans queer lover. Not many-selved-specific.

Lyn. (2000-present). soulbond. <http://kurai.com/sb/> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://kurai.com/sb/](https://web.archive.org/web/*/http://kurai.com/sb/) Lyn’s soulbonding site, still technically live. Most well-known for the list of soulbonders, so a good hub site for more. Also worth noting is the announcement talking about soulbonding getting subsumed into multiplicity and how that left old-school soulbonders like Lyn out in the cold.

Lyn. (2000, December 7). thelist [web page]. <http://kurai.com:80/sb/list.html> Internet Archive. Retrieved 2019/4/18 from

<https://web.archive.org/web/20001207213700/http://kurai.com:80/sb/list.html>

Old list of soulbonders, which includes shoiryu, a Fandom Wank moderator.

Lyn. (2001, October 18). ‘ah, screw it.’ [web page]. <http://kurai.com/sb/> Internet Archive. Retrieved from

<https://web.archive.org/web/20011018135519/http://kurai.com/sb/>

Kurai’s old soulbonding page.

## **M**

Makiya, Sara and Paige, Sara. (2018). *my heart beats in seismic waves*. Boston: self-published. Retrieved from

<https://healthymultiplicity.com/loonybrain/Info/Paige-My%20heart%20beats%20in%20seismic%20waves.pdf>

A meditative poetry zine about the fluid, celestial nature of the self, its ebb and flow and ambiguity.

Manchester Metropolitan University. (2018?). *Understanding Multiplicity: The experience of having more than one person, self or identify within the body*. Retrieved from <https://www.mmu.ac.uk/mmud8/media/10605/download>  
Short informational brochure; quite good!

Mann, B. A. (2004). *Iroquoian women: The gantowisas*. New York: Peter Lang. (326-329) Available with account at <https://archive.org/details/iroquoianwomenga0000mann>  
Discussions of Iroquois perceptions of the soul... or souls, rather.

Many Voices Press. (1989-2012). *Many Voices: Words of Hope for Clients with MPD and Dissociative Disorders*. Retrieved from <https://manyvoicespress.org/backissues-pdf/>  
All the Many Voices back issues. Sadly not screenreadable.

Many Voices Press. (1989, February). *Many Voices: Words of Hope for Clients with MPD and Dissociative Disorders*. Vol. 1, No. 1. Retrieved from [http://manyvoicespress.org/backissues-pdf/1989\\_02.pdf](http://manyvoicespress.org/backissues-pdf/1989_02.pdf)

Many Voices. (1993). *Mending Ourselves: Expressions of healing & self-integration*. Cincinnati: Many Voices Press.  
A collection of essays, poetry, and art shared by over fifty readers of *Many Voices*, mostly focused on personal experiences of the recovery process and integration. Sadly lacking in the hard practical details I wanted, but it exists.

Many Voices Press. (1993, October). *Many Voices: Words of Hope for Clients with MPD and Dissociative Disorders*. Vol. 5, No. 5. Retrieved from [http://manyvoicespress.org/backissues-pdf/1993\\_10.pdf](http://manyvoicespress.org/backissues-pdf/1993_10.pdf)  
Sex and Relationships issue, which is my first primary source for MPD romance and sexual relationships among alters. (And my first source period for this that's consensual.)

Mariechild, Diane. (1981). *Mother Wit: A Feminist Guide to Psychic Development*. Trumansburg, NY: the Crossing Press. Retrieval with account at <https://archive.org/details/motherwitfemini000mari>  
Take all with salt, and very hit-or-miss but when it hits, it's a shockingly good intro guide/workbook to relaxation, inner protection, meeting spirit companions, oversouls, and past/part selves, and so on. Very second wave feminist, New Age viewpoint.

Mary Nardini Gang. (2018). *Be Gay Do Crime!* Retrieved from <https://theanarchistlibrary.org/library/mary-nardini-gang-be-gay-do-crime>  
Positive this work shared at least one writer as the Queer Protocols of Goetia. Plural undertones of channeling, trance possession, and queer anarchist animism.

McGuire, Danielle L. (2010). *At the Dark End of the Street: Black Women, Rape, and Resistance—a New History of the Civil Rights Movement from Rosa Parks to the Rise of Black Power*. New York: Vintage Books. Available with account at <https://archive.org/details/atdarkendofstreet0000mcgu>

Not many-selved at all, but you can't understand the modern American conception of MPD/DID without discussing an American history of rape and incest, and you can't understand American rape and incest without discussing slavery and racism. This was the book that made me go, "wait, if everyone insists that medical multiplicity is caused by trauma, especially sexual... and we have a VERY well-known population who experienced it... why is medical multiplicity treated as a white thing? This doesn't add up."

Metallic System, Hidden Storys of. (n.d.) Small Worlds, Contained Inside: Visualization Guide. Retrieved from <https://healthymultiplicity.com/loonybrain/Info/Small%20Worlds%20Contained%20Inside.html>

Building a headspace.

Mitchell, S. Weir (1889). *Mary Reynolds: A Case of Double Consciousness*. Philadelphia: Wm. J. Dornan. Retrieved from <https://memory.loc.gov/service/gdc/scd0001/2012/20120723003ma/20120723003ma.pdf>

Mary Reynolds is called the "first" multiple personality, when as far as I can tell, she's really more like the first famous medicalized case in English. She was very, very famous for a long time. Now, of course, she may not be considered multiple at all, but a "conversion disorder" case instead.

Multiplicity. (2000-2016). Multiplicity Livejournal community. Retrieved from <https://multiplicity.livejournal.com/>  
Biggest Livejournal community for various camps of multiples. Still technically live, though inactive and with bad code rot.

Multiplicity. (2000-2016). Multiplicity: Being Plural. Retrieved from <https://multiplicity-archives.dreamwidth.org/>  
Static back-up of the Livejournal multiplicity comm, in much better shape with much less data rot, though just as much is locked as the original.

## N

narcissam. (2006, October 22). "Severus, come to me/ Be the light for me/ So I can see/ Life's beauty/ Guide me to destiny." [Fandom Wank Journalfen post] [http://www.journalfen.net/community/fandom\\_wank/1015949.html](http://www.journalfen.net/community/fandom_wank/1015949.html) Internet Archive. Retrieved 2019/04/18 from [https://web.archive.org/web/20071213013651/http://www.journalfen.net/community/fandom\\_wank/1015949.html](https://web.archive.org/web/20071213013651/http://www.journalfen.net/community/fandom_wank/1015949.html)

An infamous post devoted to mocking the Snapeists, more commonly known as the Snapewives, a mix of spirit marriage, fiction-based religion, and soulbonding. I have very prim academic articles that cite the Snapewives, which will never not be surreal to me.

Neon Crypt System. (2022). *Dining Alone Together*. Retrieved from <https://cohost.org/neon-crypt-system/post/343516-dining-alone-together> Internet

Archive. Retrieved from

<https://web.archive.org/web/20240323202232/https://cohost.org/neon-crypt-system/post/343516-dining-alone-together>

Slice of life comic made to describe the creators' experience of being many, depicted alongside the process of making a meal together.

Neon Crypt System. (2023). *Lost & Found Again*. Retrieved from

<https://cohost.org/neon-crypt-system/post/768689-lost-found-again> Internet Archive. Retrieved from <https://cohost.org/neon-crypt-system/post/768689-lost-found-again>

A comic about playing hide and seek with a younger headmate across inner worlds. Uses color in an interesting way to show what layer of reality folks are on.

Newman, Donna Joy (1973, June 23). Tempo: 'I led five lives' – the incredible story of Henry Hawksworth.' Chicago Tribune. Retrieved from

<http://archives.chicagotribune.com/1977/06/23/page/15/article/tempo>

That link seems to be down; ask me for a copy. Not screenreadable. Story involving Hawksworth, who was a violent rapist who then got out of legal consequences by claiming he was singlet now and the headmates who caused legal problems no longer existed.

Nguyen, Xuan. (2021). "Divination, Art Creation, and Schizophrenia."

<https://monsteringmag.com/magazine/divination-art-creation-and-schizophrenia-a-personal-essay-on-craft> Internet Archive. Retrieved from

<https://web.archive.org/web/20230927183957/https://monsteringmag.com/magazine/divination-art-creation-and-schizophrenia-a-personal-essay-on-craft>

A personal essay on divination, being a poet-prose writer, and consensus reality with schizophrenia, DID, and physical disability caused by medication.

Nichole. (2005, December 4). The SoulBonding Database [web page].

<http://illvision.net/sbdata/data.html> Internet Archive. Retrieved from

<https://web.archive.org/web/20051224195837/http://illvision.net/sbdata/data.html>

A database of soulbonding experiences. That link is now down, but someone on Reddit uploaded chunks of it here:

[https://www.reddit.com/r/internetcollection/comments/4qnbri/soulbonding\\_database\\_dump/](https://www.reddit.com/r/internetcollection/comments/4qnbri/soulbonding_database_dump/). Information is all in the comments; ignore the top thread, though, it's

unrelated and unpleasant.

Nimoy, Leonard. (1995). *I Am Spock*. New York: Hyperion Books.

Leonard Nimoy's memoir about playing Spock on *Star Trek*, hearing his voice in his head and talking to it, and their relationship through Nimoy's acting, directing, and theatrical career over the decades.

## O

Olafson, Edna. (2014). A Review and Correction of the Errors in Loftus and

Guyer on Jane Doe. *Journal of Interpersonal Violence*, Vol. 29 (18) pg. 3245-3259. Retrieved from [Sci-hub](#).  
More Memory Wars False Memory Syndrome debunking, regarding earlier 1997 work.

OrchardWrites. (2023) *Metastasis*. Retrieved from <https://archiveofourown.org/works/46571485>  
Autobiographical porn by a multiple about headmate eroticism.

Ouregaiya. (2011). emblem showing plural pride [email]. Retrieved from <https://healthymultiplicity.com/images/ouregaiya-PluralPridesymbol.jpg>  
Citation for the creation of the interlocking circles as plural pride symbol. RIP Ouregaiya.

Ouregaiya. (2011-2016). Ouregaiya.com. <http://www.ouregaiya.com/home.html>  
Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.ouregaiya.com\\*](https://web.archive.org/web/*/http://www.ouregaiya.com*)  
Website of Ouregaiya, the creators of the interlocking circles as plural pride symbol. Still live, but the live version website is starting to break down and will surely go down eventually. RIP Ouregaiya.

## **P**

Packbat. (2021?) *Driftself*. Retrieved from <https://packbat.itch.io/driftself>  
“A plural kinetic essay, a venting of complicated feelings about race springing from being both black and white.”

Packbat. (2024.) no more turing tests. Retrieved from <https://packbat.dreamwidth.org/338639.html>  
“why "are you human" instead of "are you good"? why not "are you good"?”

Packbat. (2024). humanity, personhood, personal baggage (Indiepocalypse.Social repost). Retrieved from <https://packbat.dreamwidth.org/338938.html>  
“kyriarchy talks about "person" vs. "not person" like it's the supreme distinction - people matter, everything else either matters to people or is nothing”.

Partielles and the Plural Association. (2022). *Allies of Plurals: guide for allies, helpers, and relatives* [English translation]. Retrieved from <https://powertotheplurals.com/allies-magazine>  
Guide for people wanting to be good to their plural friends and loved ones. ...I haven't actually finished reading it because I bounced off it, but hey, you might like it. Original French translation at: <https://www.partielles.com/plurielles>

Pavilion Hall. (2002-2004). tanuki's prizewinning d3th k01. <http://www.tanuki.cx> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.tanuki.cx\\*](https://web.archive.org/web/*/http://www.tanuki.cx*)  
Original website for the attempted plural coalition group Pavilion Hall. The only place you can find any of the original Codex. I won't try explaining it because I

never understood it.

Pavilion Hall. (2002-2015). Livejournal Profile Page. Retrieved 2019/03/10 from <https://pavilionhall.livejournal.com/profile>

Livejournal community for an attempted plural coalition activist group uniting multiples, soulbonders, and medians. Their biggest contributions to anything were coining median (which in itself was ripping off Vicki(s)' "midcontinuum", which they seemed mostly interested in stomping on) and the creation of the Layman's Guide to Multiplicity.

Pavilion Hall. (2003, April 23). Pavilion Membership [web page].

<http://www.tanuki.cx/pavilion/members.html> Internet Archive. Retrieved 2019/03/13 from

<https://web.archive.org/web/20030423202658/http://www.tanuki.cx/pavilion/members.html>

List of Pavilion Hall Members.

Pavilion Hall. (2003, July 15). Policies : MPD/DID vs. Multiple [web page]

<http://www.tanuki.cx:80/pavilion/policies/mpdplural.html> Internet Archive. Retrieved 2019/03/14

<https://web.archive.org/web/20030715072732/http://www.tanuki.cx:80/pavilion/policies/mpdplural.html>

Citation for Pavilion Hall trying to redefine "multiple" to exclude people with MPD/DID. Good luck with that.

Pavilion Hall. (2004-present). Pavilion: new and improved. Retrieved

2020/08/30 from <http://www.karitas.net/pavilion/>

Live source for Pavilion Hall, the attempted plural coalition group. See also the Internet Archive:

<https://web.archive.org/web/20040922023453/http://www.karitas.net/pavilion/>

Phillips, Jane. (1995). *The Magic Daughter*. New York: Viking. Available with account at <https://archive.org/details/magicdaughtermem00phil>

MPD memoir, deals with concerns like learning linear time, gender issues, trust, integration, and multiplicity caused by things other than sexual abuse.

Phoenix. (2002, December 13). Medians [web page].

<http://www.kitsune.cx/~amaliel/median.html> Internet Archive. Retrieved from

<https://web.archive.org/web/20021213014352/http://www.kitsune.cx/~amaliel/median.html>

A median page, helping to popularize the new term.

Pia, Jacklyn. (1991). *Multiple Personality Gift*. Retrieved from

<https://www.oocities.org/heartland/meadows/6174/mpg.html>

First MPD self-help book I've found. Interesting as a historical artifact, but not recommended for its intended purpose.

Pierce, Onjé Keon. (2020). *Prison Worship: Orishas, Vodoun, and Mpungos*. For sales at <https://snakehair.com/shop/prison-worship-orishas-vodoun-and->

[mpungos-by-onj-keon-pierce](#)

A Risographed art zine, done entirely in shades of blue and black, of religious art and practice by a then-imprisoned artist.

Plumer, William S. (1860). Mary Reynolds: A case of double consciousness. *Harper's Magazine*. Retrieved from <https://harpers.org/archive/1860/05/mary-reynolds/>

More about Mary Reynolds, the “first” well-known medical multiple in the USA.

Pluralstories. (2022-present). Retrieved from

<https://pluralstories.dreamwidth.org/>

A searchable catalog of many-selved stories.

Plures House. (2008-present). Ex Uno Plures. Retrieved from

<https://www.exunoplures.org/main/>

Essays and articles about plurality, including racism in plurality and in-system romantic relationships.

Plures House, Jack Dawkins of. (2023). *Loud and Clear: a plural trans*

*MANifesto*. Retrieved from <https://www.exunoplures.org/main/publications/>

Plures House, Yavari of. (2017, 2023). Transitioning While Plural. Retrieved

from <https://www.exunoplures.org/main/articles/transitioning-while-plural>

Plures House, Yavari of. (2020). Astraea being assholes? What a surprise! /s [blog comment]. Retrieved from <https://lb-lee.dreamwidth.org/1083069.html?thread=6343869#cmt6343869>

Another citation for Astraea being truck-stealing bullies.

the Poppet Sisters. (2021). *My Friends, Evelyn*. Retrieved from

<https://www.youtube.com/watch?v=2cc9NuGkBJA>

Brief documentary about the birth and coming out of headmate Evelyn.

Prince, Morton. (1908). *The Dissociation of a Personality: A Biographical Study in Abnormal Psychology*. New York: Longmans, Green, and Co. Retrieved from

<https://archive.org/details/dissociationofpe00prin>

Contains the first medical multi autobiography amongst its pages (see B.C.A.).

Publius, Xavia. (2021). “We Other Fairies.” *Intonations* Vol. 1 Issue 1 (61-82).

Retrieved from

<https://intonationsjournal.ca/index.php/intonations/article/view/45>

Queer theory on the ontology of fictional characters performed in live theatre.

“The ghosts of our (straight cis) ancestors get funerals, genealogies, canons. Our queer ancestors get theatre.”

Publius, Xavia. (2021). “Anima Ex Machina: Meatsuit Realness and

Transformative Reenchantment.” *Digital Performance in Canada*. Toronto:

Playwrights Canada Press. Retrieved from



<http://healthymultiplicity.com/loonybrain/Info/Publius-AnimaExMachina.pdf>

“Sometimes you just want to visit with your ghostly friends in the machine.”  
Queer theory on electric theology and machine ghost possession.

## R

Readers of Many Voices. (1993). *Mending Ourselves: Expressions of healing & self-integration*. Cincinnati: Many Voices Press.

A collection of essays, poetry, and art shared by over fifty readers of *Many Voices*, mostly focused on personal experiences of the recovery process and integration.

Reese, Sarah. K. (2011). Mapping Your System. Retrieved from <https://sarahkreece.com/2011/10/25/multiplicity-mapping-your-system/>  
How to get an idea who all is in there; comments discuss when mapping is inadvisable.

Rhymershouse. (2020). *Intersections*. Retrieved from <https://paragraphiti.dreamwidth.org/51832.html>

A poem about the intersections between plurality and blindness.

Roberts, Kim. (2006). “Interlocking Oppressions: The Nature of Cruelty to Nonhuman Animals and its Relationship to Violence Toward Humans.” *A Communion of Subjects: Animals in Religion, Science, and Ethics*. 605-615. New York: Columbia University Press.

Not many-selved-specific. Turns out the same justifications for brutality towards oppressed humans are very similar to those used for animals.

R.O.S.C.O.E. (2021). *Ouroboros: A Plural Zine about why being plural has made it hard to make a plural zine etc*. Self-published. Text-only transcript retrieved from <https://transcribedcomicszines.dreamwidth.org/1911.html>

Rose, Megan. (2022). *Spirit Marriage; Intimate Relationships with Otherworldly Beings*. Rochester, VT: Bear & Company.

Covers spirit marriage from Faery, Dagara (Burkina Faso), Shakta Tantra (Nepal), Haitian Vodou, New Orleans Voodoo, and other magical and spiritual traditions, with interviews with practitioners and written by another.

Rosen, Michael A. (1990). *Sexual Portraits: Photographs of Radical Sexuality*. San Francisco: Shaynew Press, 38, 54-55. Available online at <http://shaynew.com/sp/xyssp38.shtml>

Kinky photography with interviews, including with two couples describing their “personas.” The longer one (linked) also has one of the earliest citations I have for “front” as a standalone verb.

## S

Saint John of the Cross/San Juan de la Cruz. (1577-1579). “En Una Noche Obscura/On a Dark Night.” Retrieved from

[https://en.wikipeida.org/wiki/Dark\\_Night\\_of\\_the\\_Soul#Text](https://en.wikipeida.org/wiki/Dark_Night_of_the_Soul#Text)

A mystical Catholic poem about meeting God in ecstatic, holy, erotic darkness.

San Francisco Examiner Staff. (2007). Jump! Theatre goes ‘Cuckoo’ [news article]. Retrieved from <https://www.sfexaminer.com/entertainment/jump-theatre-goes-cuckoo/>

A newspaper article where former-multiple Madison Clell mentions having a big internal mythos story that influenced her system workings and became her comic Cuckoo.

Schiraldi, Glenn. (2009). *The Post-Traumatic Stress Disorder Sourcebook: A Guide to Healing, Recovery, and Growth*. New York: McGraw Hill. Available with account from <https://archive.org/details/posttraumaticstr0000schi>

Schmidt, Leigh Eric. (2010). *Heaven’s Bride: The Unprintable Life of Ida C. Craddock, American Mystic, Scholar, Sexologist, Martyr and Madwoman*. New York: Basic Books.

Historical biography of a sex educator who married a spirit in the 1890s and was hounded to death by Anthony Comstock for it. Includes excerpts of her journal struggling with whether her experiences were real or not which feel totally relatable over a hundred years later.

Schreiber, Flora Rheta (1973). *Sybil*. Chicago: Henry Regnery Co.

People will never forget this book, so you might as well bite the bullet and read it. Especially since this is the earliest citation I can find for someone using “multiple” as a standalone noun; Sybil herself uses it in a joke regarding her cat, which seems an appropriate beginning.

Schwartz, Richard C. (1987). “Our Multiple Selves: Applying Systems Thinking to the Inner Family.” *Family Therapy Networker*, 11, 24-31, 80-83. Retrieved from [https://foundationifs.org/images/Schwartz\\_1987\\_Our\\_Multiple\\_Selves.pdf](https://foundationifs.org/images/Schwartz_1987_Our_Multiple_Selves.pdf) Seems to be the originator of the “system” and “parts” language.

Scott-Clary, Madison. (2019-2020). *ally*. Retrieved from <https://ally.id/> “an ergodic, arborescent, semiautobiographical work about identity, mental health, spirituality, and the mutability of the past. A lot of the information contained within is real, some of it isn’t.”

Scully, Diana, and Joseph Marolla. (1984). “Convicted Rapists’ Vocabulary of Motive: Excuses and Justifications.” *Social Problems* 31.5: 530-544. Web. Retrieved from <https://www.jstor.org/stable/800239>

How rapists justify their behavior, and comparing their descriptions of what happened with the court records.

Sessions, Deborah, and Chalkey, Susan. (1994). *My Mom is Different*.

Lutherville, MD: Sidran Press. Retrieved from <https://web.archive.org/web/20130528063203/https://www.sidran.org/pdf/mymomisdifferent.pdf>

Children’s picture book on having a parent with MPD, made by a multiple for

her children.

Shaytar. (2000-2006). Stardance: Shaytar's Space [web page]. <http://www.bentspoons.com/Shaytar/> Internet Archive. Retrieved 2020/07/30 from [https://web.archive.org/web/\\*/http://www.bentspoons.com/Shaytar\\*](https://web.archive.org/web/*/http://www.bentspoons.com/Shaytar*) Website of the multiple who coined “empowered multiplicity” and came to reject the MPD/DID diagnosis.

Shaytar [Jeren Tay'avamar of]. (2001, April 12). The Politics of Language [web page]. <http://www.darkpersonalities.com/rants/empowered/shaytar.htm> Internet Archive. Retrieved from <https://web.archive.org/web/20010412214909/http://www.darkpersonalities.com/rants/empowered/shaytar.htm> Origin of the “empowered multiple” label.

Sidis, Boris and Simon P. Goodhart (1905). *Multiple Personality: An Experimental Investigation into the Nature of Human Individuality*. New York: Appleton. Retrieved from <https://www.sidis.net/mpchap23c.htm> Discusses the 1893 case of Alma Z., an early medical multiple who despite co-consciousness seemed to get along well with themselves and were loved by their family. Includes a touching scene of the Almas going to listen to a live music performance together.

Sikorski, Tina. (1994, November 18). SANCTUARY MUD Periodic Informational Posting [Usenet Message]. Retrieved 2020/7/29 from [https://groups.google.com/d/msg/alt.support.dissociation/oi\\_jVQ-GdBo/ReSRNsZnFP8J](https://groups.google.com/d/msg/alt.support.dissociation/oi_jVQ-GdBo/ReSRNsZnFP8J) RIP Tina Sikorski. Citation of Discord (one of the creators of the alt.support.dissociation FAQ, leaving the group in disgust.

Sikorski, Tina. (1995, January 7). NO CARRIER. [Usenet message] Retrieved from <https://groups.google.com/d/msg/alt.sexual.abuse.recovery/za2IrgM118Y/BgiJkRuQSDEJ> I know nothing of SANCTUARY only that it was an online multi space that existed. RIP Tina Sikorski.

Singer, Margaret Thaler, and Janja Lalich. (1996). *Crazy Therapies: What Are They? Do They Work?* Hoboken: Jossey-Bass. More Memory Wars and False Memory Syndrome stuff, discussing dodgy therapy practices of the time.

Smith, Stanley G. (March 1989). “Disorder with Human and Non-human Subpersonality Components,” *Dissociation*, Vol. 2, No. 1: p 55-56. Case study of Native American man with nonhuman spiritual plurality. Haven't read yet, but one day...

SoftAnnaLee. (2021). *I am Dog(s)*. Retrieved from <https://softannalee.itch.io/dogs> Hypertext/Twine “semi-autobiographical game about a freshly cracked trans

woman struggling with multiple discoveries she makes about herself one right after another.”

SoftAnnaLee. (2022). SoftAnnaLee’s Random Memory Access. <https://softannalee.neocities.org/index.html> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/https://softannalee.neocities.org\\*](https://web.archive.org/web/*/https://softannalee.neocities.org*)  
The now-deleted site of the creators of I am Dog(s).

soulbonding. (2002-2004). Soulbonding. <http://www.livejournal.com/community/soulbonding> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.livejournal.com/community/soulbonding\\*](https://web.archive.org/web/*/http://www.livejournal.com/community/soulbonding*)  
First URL for the soulbonding comm on Livejournal.

soulbonding. (2007-2009). A Bonding of Souls. <http://community.livejournal.com:80/soulbonding/> Internet Archive. Retrieved from <https://web.archive.org/web/20090817093541/http://community.livejournal.com:80/soulbonding/>  
Second URL for the soulbonding comm on Livejournal.

soulbonding. (2011-2018). <http://soulbonding.livejournal.com> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://soulbonding.livejournal.com\\*](https://web.archive.org/web/*/http://soulbonding.livejournal.com*)  
Third URL for the soulbonding comm on Livejournal.

Speaking for Our Selves. (1986, June). *Speaking for Our Selves*. Vol. 1, no. 4. Long Beach: self-published. Retrieved from <https://www.arttherapy.org/ARCHIVES/Publications/Newsletters/Speaking%20for%20Ourselves%20Vol.%201%20No.%204%201986.06.pdf>  
First MPD newsletter that I know of, and the only digitized issue I know of.

Steward, Daniel Blair, Church of All Worlds, & Ferafaria (1992). “Science Fiction as Mythos.” *Green Egg Magazine*, Vol. XXV, #97. Retrieved from <https://zoboko.com/text/3d66xv5j/green-egg-omelette-an-anthology-of-art-and-articles-from-the-legendary-pagan-journal/149>  
Fiction-based religion from the CAW, which built a church based on Heinlein. Of interest from a story work perspective.

Stink Animal and the Bad Smells. (2023). “All of Us Love All Of You.” Buy at <https://stinkanimalandthebadsmells.bandcamp.com/track/all-of-us-love-all-of-you>  
A plural love song.

Stoller, Robert J. (1973). *Splitting: A Case of Female Masculinity*. New York: Delta Books.

The Carmen Garcia case. I have a copy but have yet to summon the fortitude to read it because I am positive it will honk me off. Stoller states he met Garcia in 1959 or so, and the book covers the decade-plus until publication.

Summers, Montague. (2007). "The Geography of Witchcraft," pp. 533-6. Retrieved from <https://web.archive.org/web/20080101042032/http://www.malleusmaleficarum.org/mm00e.html>  
Translation of the 1500s witch-hunting guide *Malleus Maleficarum*, which has a lot of discussion of how exactly demons fuck humans and how truly heinous that is. Much discussion of the Christian logistics of demon jizz and noncorporeal sex.

Suryani, Luh Ketut and Jensen, Gordon D. (1993). *Trance and Possession in Bali: A Window on Western Multiple Personality, Possession Disorder, and Suicide*. New York: Oxford University Press. Retrieved from <https://healthymultiplicity.com/loonybrain/Info/Suryani-TranceAndPossessionInBali1993OCR.pdf>  
Haven't read it, but one day!

Szot, Maggie, "Exorcism and the Demons of Dissociative Disorders" (2013). Spring 2013, Science and Religion. Paper 6. [http://digitalcommons.providence.edu/science\\_religion\\_2013/6](http://digitalcommons.providence.edu/science_religion_2013/6)  
Paper on the difference between demonic possession and DID.

## T

Teresa of Avila (1562-1565). *The Life of Teresa of Jesus*. Chapter XXIX; Part 17. Retrieved from [https://www.carmelitemonks.org/Vocation/teresa\\_life.pdf](https://www.carmelitemonks.org/Vocation/teresa_life.pdf)  
A famous saint who was real, real ecstatic for Jesus and used very erotic language to describe it. Also has the world's horniest Renaissance statue devoted to her, made by Bernini, which... you know what, good for her.

Tillery, M. (2019). *Gardens*. Retrieved from <https://draconym.tumblr.com/post/183855112174>  
Comic. "A story about feelings, told in the language of dreams."

treblesand. (2020). The Treble Ampersand – A Plural Pride Symbol. Retrieved from <https://treblesand.dreamwidth.org/554.html>  
Citation for the creation of the treble clef ampersand as a plural pride symbol.

Trigger [Fanlore Wiki article]. (n.d.) Retrieved from <https://fanlore.org/wiki/Trigger>  
Mention of trigger warnings becoming a problem on alt.sexual.abuse.recovery.

Trippe, Mayday. [Dean Trippe]. (2013). *Something Terrible*. Chicago: Iron Circus Comics. Retrieved from <https://web.archive.org/web/20140703153615/http://www.tencenticker.com/somethingterrible/>  
An autobiographical comic of being rescued from childhood trauma with Batman... and then coming to return the favor.

Trujillo, Olga. (2011). *The Sum of my Parts: a survivor's tale of dissociative*

*identity disorder*. Oakland: New Harbinger Publications.  
A lesbian DID memoir, pretty good and not as well known.

“Two Men In One: Dr. Sidis Considers the Strange Case of T. C. Hanna as an Instance of Multiple Personality.” (1904, December 3). *New York Times*. Retrieved from <https://sidis.net/nytime19.jpg>  
An 1897 case where Rev. Hanna, after a head injury, lost memory and function.

Tyson, Donald. (2000). *Sexual Alchemy: Magical Intercourse with Spirits*. St. Paul: Llewellyn Worldwide. Retrieved from <https://archive.org/details/DonaldTysonSexualAlchemy>  
Contemporary spirit sex book. “by placing it into the hands of physicians, spirit sex is relegated to the status of a disease that must be cured. Such relationships with spirits, angels, and gods are regarded as breakdowns in the normal functioning of the flesh, imbalances of body chemistry that can often be successfully treated with drugs. On the other hand, by regarding sex with spirits as a psychological disorder of the mind, it can be dismissed as a mere fantasy or illusion, probably induced by some childhood trauma, that has no value or significance in the so-called real world. The view is that once a person who is under the ‘illusion’ that he or she is having sex with a spirit has been successfully counseled, the aberrant notion will simply fade away like a forgotten dream.” (25)

## U

U.S. Copyright Office. Official Public Catalog. <https://cocatalog.loc.gov/cgi-bin/Pwebrecon.cgi?DB=local&PAGE=First>  
How I found the dates and numbers of issues of *Speaking For Our Selves*.

## V

Van Duijl, Marjolein; Cardeña, Etzel; and De Jong, Joop T. V. M. (2005). The validity of DSM-IV dissociative disorders categories in south-west Uganda. *Transcultural Psychiatry*. Vol 42(2): 219–241 DOI: 10.1177/1363461505052666 Available on Sci-Hub.  
About the limitations of DSM-IV diagnostic categories outside the cultural context they were created in.

VC, crow&. (2024). Dissociation is a bitch/ Untitled Poem. Retrieved from <https://bodyetal.dreamwidth.org/1626.html#cutid1>  
“a poem/maybe future lyrics about dissociation--specifically, the moody sort of dissociation where you can't ground and are only able to feel the frustration/irritation around that.”

Vega, Marta Moreno. (2000.) *The Altar of My Soul: The Living Traditions of Santería*. New York: One World.  
Memoir of a Santería practitioner, discusses benign possession.

Vicki(s). (1997 January 25). New web page [Newsgroup message]. Retrieved from <https://groups.google.com/d/msg/alt.support.dissociation/Dg4ZDCSBsMc/NJgeh7QSYIMJ>

Citation for the creation of Vicki(s)' Wonderful World of the MidContinuum.

Vicki(s). (1997-2005). Welcome to the Wonderful World of the MidContinuum! [web page]. <http://www.asarian.org/~vickis> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.asarian.org/~vickis\\*](https://web.archive.org/web/*/http://www.asarian.org/~vickis*)

Vicki(s)' website. They coined midcontinuum (which Pavilion made into median) and is also the first place I've seen someone use "plural" as an umbrella term.

Vicki(s). (1999). Does It Work? <https://www.asarian.org/~vickis/label.html> Internet Archive. Retrieved from <https://web.archive.org/web/19990203092522/https://www.asarian.org:80/%7Evickis/label.html>

For questioning folks.

Vicki(s). (1999). The Power of Naming. <https://www.asarian.org/~vickis/label.html> Internet Archive. Retrieved from <https://web.archive.org/web/19990209012516/https://www.asarian.org:80/%7Evickis/label.html>

For questioning folks.

Vicki(s). (1999). Beginning Communication, Building Safety and Trust. [https://www.asarian.org:80/%7Evickis/starting\\_out.html](https://www.asarian.org:80/%7Evickis/starting_out.html) Internet Archive. [https://web.archive.org/web/19990209124227/https://www.asarian.org:80/%7Evickis/starting\\_out.html](https://web.archive.org/web/19990209124227/https://www.asarian.org:80/%7Evickis/starting_out.html)

Advice on where to start when you and your headmates don't trust each other or want to listen to each other.

## **W**

Wallace, Wallechinsky, Wallace, and Wallace (1980). *The Book of Lists #2*. Bantam. (377-380) Transcribed here: <https://lb-lee.dreamwidth.org/873671.html> Outdated, unsourced, often incorrect pop culture article on multiples of yore. You can read our transcription here: <https://lb-lee.dreamwidth.org/873671.html> but really, you can get basically all the information, correct and with sources, from Baldwin's *Oneselves*, if you can get it.

Wednesday. (1994, June 20). alt.abuse.transcendence is up! [Usenet message] Retrieved from [https://groups.google.com/d/msg/alt.abuse.transcendence/\\_5\\_0EU8D2g/XkJ\\_LXvusWEJ](https://groups.google.com/d/msg/alt.abuse.transcendence/_5_0EU8D2g/XkJ_LXvusWEJ)

Citation for goups that splintered off of alt.support.dissociation

Weise, Jillian. (2018). "Common Cyborg." *Granta Magazine*. Retrieved from

<https://granta.com/common-cyborg>

Not many-selved-specific. A disabled cyborg's reflection on futuristic ableism. "Disabled women, Deaf women and neurodivergent women are never mentioned in the 'Cyborg Manifesto', which is strange, because the manifesto is full of appellations that have been, historically, applied to us (such as 'monster' and 'creature')."

Weise, Jillian. (2021). "My Brain is Already Cyborg." *Wired*. Retrieved from <https://ww.wired.com/story/cyborg-brain-mind-pandemic-philosophy/>

A disabled cyborg reflects on how being a cyborg affects her mind, identity, and sense of singlet self when she ends up with two identical-looking prosthetic legs. "When there are two of me-legs [...] then yes, I am uncannied. What should I call them? Am I going to need to become a we pronoun? Plz dear god no."

Who-Is-Page [Sol System]. (2021). *Shenani-kins*. Retrieved from <https://tapas.io/series/Shenani-kins/info>

Webcomic about "the wonderful weirdness of nonhuman shenanigans in a human world."

Williams, Paris. (2012). *Rethinking Madness: Towards a Paradigm Shift In Our Understanding and Treatment of Psychosis*. San Francisco: Sky's Edge.

Available online at

[https://rethinkingmadness.com/wp-content/uploads/2012/12/Rethinking\\_Madness\\_completeBook.pdf](https://rethinkingmadness.com/wp-content/uploads/2012/12/Rethinking_Madness_completeBook.pdf)

Book by someone who experienced psychosis, who then went into the psychology field and interviewed other people who experienced psychosis. One of its key points is the idea that the only difference between psychosis and spiritual experience is how well someone stays mounted on the consensus reality horse. Useful!

WNYC Studios. (2012). RadioLab: "What's Up, Doc?" Retrieved from <https://www.radiolab.org/podcast/248590-blanc>

Podcast where host, Mel Blanc's son, Mel Blanc's neurosurgeon, and an NYU brain scientist "weigh over what it might mean to be rescued by a figment of your own imagination, and whether one self can win out over another in a moment of crisis."

Wong, Alice, Shew, Ashley, and Weise, Jillian. (2019). "Episode 66: Cyborgs." *Disability Visibility Podcast*. Retrieved from <https://disabilityvisibilityproject.com/podcast>

Disabled cyborgs reflecting on the nature of cyborginess and technoableism. Not many-selved-specific.

## Y

Yavie. (1997, May 23). SANCTUARYites Home Pages [web page].

<http://www.inlink.com/~chack/sanct/sanctuary.html> Internet Archive. Retrieved 2020/07/29 from



<https://web.archive.org/web/19970522111106/http://www.inlink.com/~chack/sanct/sanctuary.html>

old alt.support.dissociation hang-out.

Yayanos, Meredith. (2018). “The Harpy.” *Becoming Dangerous: Witchy Femmes, Queer Conjurers, and Magical Rebels*. Newburyport: Weiser Books. A personal essay on trauma therapy, memory work, and grief as ritual, and on “the daily reality of living with complex post-traumatic stress disorder and as-of-yet indeterminate dissociative issues”.

Yeung, Robert. (2020). Some Risks of Hypnosis in DID Therapy [blog post]. Retrieved from <https://www.engagingmultiples.com/some-risks-of-hypnosis-in-did-therapy/>

Young, Kevin. (2017) *Bunk: The Rise of Hoaxes, Humbug, Plagiarists, Phonies, Post-Facts, and Fake News*. Minneapolis: Graywolf Press.

A book about the racial roots of the American hoax, and goes into racist dynamics of medical multiplicity, taking the position that it is a hoax. Painful to read, but he’s one of the few people I’ve seen dig into the racism of medical multiplicity in America.

## Z

Zyfron and Lee, LB. (2010-present). Resource Index. Retrieved from <https://healthymultiplicity.com/>  
Our website.

Zyfron. (2010-2018). The Zyfron System: Articles and Resources about Healthy Multiplicity and Transgender. Retrieved from <https://healthymultiplicity.com/Zyfron/>  
Zyfron’s website, hosting not just their comics, but also their articles. Long abandoned.

Zyfron. (2010-2013). *Gemini: The Webcomic About Living Plural*. Retrieved from <https://healthymultiplicity.com/Zyfron/Gemini/>  
Slice-of-life comic strips about being trans and plural.

Zyfron. (2018). *Becoming Median*. Retrieved from <https://healthymultiplicity.com/Zyfron/Becoming%20Median%20Booklet.pdf>  
A zine about life after becoming singlet, becoming median, and dealing with trauma.

## Sources Sorted by Time

This includes not just the time period of when the source itself was made, but the time period that it discusses. Some sprawling sources (such as big bibliographies) are repeated in multiple sections and always listed at top.

## 1200s

Caesarius of Heisterbach. (1223, 1929). *The Dialogue on Miracles, vol. 1*. New York: Harcourt, Brace and Company. Retrieved from <https://dn790005.ca.archive.org/0/items/caesariusthedialogueonmiraclesvol.1/Caesarius%2C%20The%20Dialogue%20on%20Miracles%20%28vol.%201%29.pdf>

My citation for the Catholic idea that demons were made of ill-spent jizz. (You don't get to know the professional context of why I needed such a thing.) Also lots of discussion of consensual demon fuckery, often in dreams (thus noncorporeally), and how terrible this is.

## 1400s

Summers, Montague. (2007). "The Geography of Witchcraft," pp. 533-6. Retrieved from <https://web.archive.org/web/20080101042032/http://www.malleusmaleficarum.org/mm00e.html>

Translation of the 1486 witch-hunting guide *Malleus Maleficarum*, which has a lot of discussion of how exactly demons fuck humans and how truly heinous that is. Much discussion of the Christian logistics of demon jizz and noncorporeal sex.

## 1500s

Teresa of Avila (1562-1565). *The Life of Teresa of Jesus*. Chapter XXIX; Part 17. Retrieved from [https://www.carmelitemonks.org/Vocation/teresa\\_life.pdf](https://www.carmelitemonks.org/Vocation/teresa_life.pdf)

A famous saint who was real, real ecstatic for Jesus and used very erotic language to describe it. Also has the world's horniest Renaissance statue devoted to her, made by Bernini, which... you know what, good for her.

Saint John of the Cross/San Juan de la Cruz. (1577-1579). "En Una Noche Obscura/On a Dark Night." Retrieved from [https://en.wikepeida.org/wiki/Dark\\_Night\\_of\\_the\\_Soul#Text](https://en.wikepeida.org/wiki/Dark_Night_of_the_Soul#Text)

A mystical Catholic poem about meeting God in ecstatic, holy, erotic darkness. San Juan de la Cruz was buddies with Teresa of Avila.

## 1700s

Desmangles, Leslie. (1994). *The Faces of the Gods: Vodou and Roman Catholicism in Haiti*. Chapel Hill. University of North Carolina Press. Haitian Vodou spirit possession and its influence on Haitian history, starting with the revolution of 1781.

Gmelin, E. (1791). *Materialen fur die anthropologie* (pp. 3-89). Tubingen, Germany: Cotta. [German] Retrieved from [https://www.google.com/books/edition/Materialien\\_f](https://www.google.com/books/edition/Materialien_f)

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1820000/>

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1820000/>

Also translated by Papierfliegerfalter at

<http://healthymultiplicity.com/loonybrain/Info/1791MaterialienfurdieAnthropologie%20in%20englischer%20Sprache.pdf>

A very old German medical multi case, the oldest I have so far.

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from

[http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)

What it says on the tin; this bibliography has stuff it doesn't, and vice versa.

Only 1700s case is Gemlin again, so no need to scour it for more.

## 1800s

Baldwin, Louis. (1984). *Oneselves: multiple personalities, 1811-1981*. Jefferson: McFarland. Retrieved from

<http://healthymultiplicity.com/loonybrain/Info/Baldwin-Oneselves.pdf>

A short digest of a bunch of old multiples of yore. Back in print! Me and Orion Scribner digitized it for posterity. Very handy for a quick overview of how we got here, conveniently cuts off right before the Memory Wars. 1800s cases include Mary Reynolds (1811), Ansel Bourne (1887), Alma Z. (1893), Joseph Hoover (1894), Peter Scott (1894), and Helene Smith (1899).

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from

[http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)

What it says on the tin; this bibliography has stuff it doesn't, and vice versa.

Also has twenty pages of summarized legal cases.

Plumer, William S. (1860). Mary Reynolds: A case of double consciousness. *Harper's Magazine*. Retrieved from <https://harpers.org/archive/1860/05/mary-reynolds/>

Mary Reynolds is called the "first" multiple personality, when as far as I can tell, she's really more like the first famous medicalized case in English. She was very, very famous for a long time. Now, of course, she may not be considered multiple at all, but a "conversion disorder" case instead.

Mitchell, S. Weir (1889). *Mary Reynolds: A Case of Double Consciousness*. Philadelphia: Wm. J. Dornan. Retrieved from

<https://memory.loc.gov/service/gdc/scd0001/2012/20120723003ma/20120723003ma.pdf>

More about Mary Reynolds, the "first" well-known medical multiple in the USA.

Goodwin, J. (1987). Mary Reynolds: a post-traumatic reinterpretation of a classic case of multiple personality disorder. Retrieved from <https://www.ncbi.nlm.nih.gov/pubmed/3308663>

Article about Mary Reynolds, the “first” (medical) multiple personality, arguing she had a traumatic background.

Bourne, Ansel. (1858). *Wonderful Works of God: A Narrative of the Wonderful Facts in the Case of Ansel Bourne of Westerly, Rhode Island, Who, In The Midst of Opposition to the Christian Religion Was Suddenly Struck Blind, Dumb, and Deaf, and After Eighteen Days Was Suddenly and Completely Restored In the Presence of Hundreds of Persons, in the Christian Chapel At Westerly, on the 15<sup>th</sup> of November, 1857.* Irvington, N.J: Moses Cummings, Office of the Christian Messenger. Retrieved from <https://archive.org/details/wonderfulworksof00anse>

Ansel Bourne used to be one of the most famous multits of the 1800s. This is his account from before his fugue episode.

Carlson, Nathan D. (2009). “Reviving Witiko (Windigo): An Ethnohistory of ‘Cannibal Monsters’ in the Athabasca District of Northern Alberta, 1878-1910” *Ethnohistory* (2009) 56 (3): 355-394. Retrieved from <https://read.dukepress.edu/ethnohistory/article/53/3/355/8822/Reviving-Wikito-Windigo-An-Ethnohistory-of>

Mentions Algonquian spirit possession in the most negative possible way and the necessity of understanding such phenomena in the cultural contexts and cosmology in which they manifest. Gave us a new way to look at the weirder shit that went on in our head.

Kenny, Michael G. (1986). *The Passion of Ansel Bourne: Multiple Personality in American Culture.* Washington DC: Smithsonian Institute Press. Available with account at <https://archive.org/details/passionofanselbo0000kenn>

Haven’t read it, only know of it. Focuses on the 1887 case of Ansel Bourne, the 1830s case of Mary Reynolds, and George Pellew, whoever he was.

American Society of Psychical Research. (1889). *Proceedings of the American Society of Psychical Research, Vol. I (Containing Nos. 1-4.) 1885-1889.* Boston: Damrell and Upham, 551-554. Accessed online at <https://archive.org/details/proceedingsofame18589amer/page/550/mode/2up?view=theater>

This whole enormous volume is full of stuff, but these pages cover the case of Anna Winsor/Old Stump, a research thorn in my side for years. Old Stump controlled Winsor’s right arm, wrote poetry, and Winsor hated and abused it.

James, William. (1890). *The Principles of Psychotherapy.* New York: Henry Holt and Company. Retrieved from

<http://psychclassics.yorku.ca/James/Principles/prin10.htm>

Very old medical multiplicity stuff.

Sidis, Boris and Simon P. Goodhart (1905). *Multiple Personality: An*

*Experimental Investigation into the Nature of Human Individuality*. New York: Appleton. Retrieved from <https://www.sidis.net/mpchap23c.htm>  
Discusses the 1893 case of Alma Z., an early medical multiple who despite co-consciousness seemed to get along well with themselves and were loved by their family. Includes a touching scene of the Almas going to listen to a live music performance together.

Dana, Charles L. (1894). The study of a case of amnesia or 'double consciousness'. *Psychological Review*. Retrieved from [Sci-Hub](#)  
A case involving a man suffering brain damage and amnesia from a gas leak. This predates the codifying of "multiple/dual personality."

Craddock, Ida. (1894). *Heavenly Bridegrooms*. Retrieved from <https://www.idacraddock.com/bridegrooms.html>  
Craddock's Spiritualist explanation of (her) spirit marriage.

Craddock, Ida. (1895). *Psychic Wedlock*. Retrieved from <https://www.idacraddock.com/psychich.html>  
Craddock's guide to the levels of psychic wedlock with spirits.

Craddock and Chappell, Vere. (2010). *Sexual Outlaw, Erotic Mystic: The Essential Ida Craddock*. San Francisco: Weiser Books.  
Writings of a woman married to a spirit who made sex ed material, only to get threatened with institutionalization, arrested, and harassed to suicide by Anthony Comstock in 1902. Includes some of her journal entries about the mechanics of sex with her heavenly bridegroom.

Schmidt, Leigh Eric. (2010). *Heaven's Bride: The Unprintable Life of Ida C. Craddock, American Mystic, Scholar, Sexologist, Martyr and Madwoman*. New York: Basic Books.  
Historical biography of a sex educator who married a spirit in the 1890s and was hounded to death in 1902 by Anthony Comstock for it. Includes excerpts of her journal struggling with whether her experiences were real or not which feel totally relatable over a hundred years later.

Carlson, Nathan D. (2011). "Searching for Catherine Auger: The Forgotten Wife of the Wíhtikôw (Windigo)". In Carter and McCormack (Ed.), *Recollecting: Lives of Aboriginal Women of the Canadian Northwest and Borderlands* (pg. 225-244). Edmonton: Athabasca University. Retrievable at <https://archive.org/details/Recollecting>  
History of a wife of a man who went Wíhtikôw in 1896, threatened to murder and eat their children, and was killed in turn by the local medicine man after a harrowing ordeal.

"Two Men In One: Dr. Sidis Considers the Strange Case of T. C. Hanna as an Instance of Multiple Personality." (1904, December 3). *New York Times*. Retrieved from <https://sidis.net/nytime19.jpg>  
An 1897 case where Rev. Hanna, after a head injury, lost memory and function.

Desmangles, Leslie. (1994). *The Faces of the Gods: Vodou and Roman Catholicism in Haiti*. Chapel Hill. University of North Carolina Press. Haitian Vodou spirit possession and its influence on Haitian history.

Flournoy, Théodore (translator: Daniel B. Vermilye). (1900). *From India to the Planet Mars: A Study of a Case of Somnambulism with Glossolalia*. New York: Harper & Brothers. Retrieved from

<https://archive.org/details/cu31924022985299>

Early spirit medium multiple, very famous, from 1899. Haven't read.

## 1900s

Baldwin, Louis. (1984). *Oneselves: multiple personalities, 1811-1981*. Jefferson: McFarland. Retrieved from

<http://healthymultiplicity.com/loonybrain/Info/Baldwin-Oneselves.pdf>

A short digest of a bunch of old multiples of yore. Back in print! Me and Orion Scribner digitized it for posterity. Very handy for a quick overview of how we got here, conveniently cuts off right before the Memory Wars. 1900s cases mentioned: Charles Warren (1901), George Robertson (1901), John Kinsel (1903), Victor Laval (1904), Thomas Hanna (1905), Christine Beauchamp (1905), and Irene (1907).

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from

[http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)

What it says on the tin; this bibliography has stuff it doesn't, and vice versa. Also has twenty pages of summarized legal cases.

Flournoy, Théodore (translator: Daniel B. Vermilye). (1900). *From India to the Planet Mars: A Study of a Case of Somnambulism with Glossolalia*. New York: Harper & Brothers. Retrieved from

<https://archive.org/details/cu31924022985299>

Early spirit medium multiple, very famous. Haven't read.

Gilbert, J. A. (1902). X. *New York Medical Record*, pg. 207-11.

A very old multiple personality case that I cannot find anywhere, but this is the citation, so it must exist somewhere. If you find it, tell me (AND GIVE IT TO ME I WANT IT)

Craddock, Ida. (1902). *Ida Craddock's Letter to her Mother on the Day of her Suicide*. Retrieved from <https://www.idacraddock.com/mother.html>

RIP, Ida Craddock.

Schmidt, Leigh Eric. (2010). *Heaven's Bride: The Unprintable Life of Ida C. Craddock, American Mystic, Scholar, Sexologist, Martyr and Madwoman*. New York: Basic Books.

Historical biography of a sex educator who married a spirit in the 1890s and was hounded to death by Anthony Comstock for it. Includes excerpts of her journal struggling with whether her experiences were real or not which feel totally relatable over a hundred years later.

Cutten, George. (1903 September). "The Case of John Kinsel." I and II. *The Psychological Review*, Vol. X, No. 5., pg. 465-497 and 615-632. Retrieved from <https://zenodo.org/records/2100519/files/article.pdf> and [https://ia600708.us.archive.org/view\\_archive.php?archive=/22/items/crossref-pre-1909-scholarly-works/10.1037%252Fh0069840.zip&file=10.1037%252Fh0071743.pdf](https://ia600708.us.archive.org/view_archive.php?archive=/22/items/crossref-pre-1909-scholarly-works/10.1037%252Fh0069840.zip&file=10.1037%252Fh0071743.pdf)

Case study involving a college student who kept slipping in and out of trance states in college, which his fellows were aware of. They took to spanking him with books to try and get him to switch back, since it was causing him trouble in exams. Interesting mostly for discussing a disabled student being open about it and getting accommodations, even if they WERE frat boy style.

"B.C.A." [Nellie Parsons Bean]. (1908). My life as a dissociated personality. *Journal of Abnormal Psychology*, 3, 240-260. Retrieved from <https://archive.org/details/mylifeasadissoc00agoog>  
First medical multi autobiography I know about.

Prince, Morton. (1908). *The Dissociation of a Personality: A Biographical Study in Abnormal Psychology*. New York: Longmans, Green, and Co. Retrieved from <https://archive.org/details/dissociationofpe00prin>  
Contains the first medical multi autobiography amongst its pages (see B.C.A.).

Carlson, Nathan D. (2009). "Reviving Witiko (Windigo): An Ethnohistory of 'Cannibal Monsters' in the Athabasca District of Northern Alberta, 1878-1910" *Ethnohistory* (2009) 56 (3): 355-394. Retrieved from <https://read.dukepress.edu/ethnohistory/article/53/3/355/8822/Reviving-Wikito-Windigo-An-Ethnohistory-of>

Mentions Algonquian spirit possession in the most negative possible way and the necessity of understanding such phenomena in the cultural contexts and cosmology in which they manifest. Gave us a new way to look at the weirder shit that went on in our head.

## 1910s

Baldwin, Louis. (1984). *Oneselves: multiple personalities, 1811-1981*. Jefferson: McFarland. Retrieved from <http://healthymultiplicity.com/loonybrain/Info/Baldwin-Oneselves.pdf>

A short digest of a bunch of old multiples of yore. Back in print! Me and Orion Scribner digitized it for posterity. Very handy for a quick overview of how we got here, conveniently cuts off right before the Memory Wars. 1910s cases: Doris Fischer (1915), Patience Worth (1919), Alice (1919).

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple*

*Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from [http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)

What it says on the tin; this bibliography has stuff it doesn't, and vice versa. Also has twenty pages of summarized legal cases.

Carlson, Nathan D. (2009). "Reviving Witiko (Windigo): An Ethnohistory of 'Cannibal Monsters' in the Athabasca District of Northern Alberta, 1878-1910" *Ethnohistory* (2009) 56 (3): 355-394. Retrieved from <https://read.dukepress.edu/ethnohistory/article/53/3/355/8822/Reviving-Wikito-Windigo-An-Ethnohistory-of>

Mentions Algonquian spirit possession in the most negative possible way and the necessity of understanding such phenomena in the cultural contexts and cosmology in which they manifest. Gave us a new way to look at the weirder shit that went on in our head.

## **1920s**

Baldwin, Louis. (1984). *Oneselves: multiple personalities, 1811-1981*. Jefferson: McFarland. Retrieved from

<http://healthymultiplicity.com/loonybrain/Info/Baldwin-Oneselves.pdf>

A short digest of a bunch of old multiples of yore. Back in print! Me and Orion Scribner digitized it for posterity. Very handy for a quick overview of how we got here, conveniently cuts off right before the Memory Wars. 1920s case: Violet (1922).

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from

[http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)

What it says on the tin; this bibliography has stuff it doesn't, and vice versa. Also has twenty pages of summarized legal cases.

## **1930s**

Baldwin, Louis. (1984). *Oneselves: multiple personalities, 1811-1981*. Jefferson: McFarland. Retrieved from

<http://healthymultiplicity.com/loonybrain/Info/Baldwin-Oneselves.pdf>

A short digest of a bunch of old multiples of yore. Back in print! Me and Orion Scribner digitized it for posterity. Very handy for a quick overview of how we got here, conveniently cuts off right before the Memory Wars. 1930s cases: Mabel (1931), John Charles Poultney (1933), Harriet (1933).

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from



[http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)

What it says on the tin; this bibliography has stuff it doesn't, and vice versa. Also has twenty pages of summarized legal cases.

Franz, Shepherd Ivory. (1933). *Persons, One and Three: A Study in Multiple Personalities*. New York: Whittlesey house. Retrieved from <https://babel.hathitrust.org/cgi/pt?id=mdp.39015002704081&view=1up&seq=15> Story of "C. J. Poulting"/"John Charles Poultney" fugue case. Following a severe head injury in World War I, switched multiple times, leading to multiple stints in the British army, being mistaken for American and shipped back there, only to be taken in as the long-lost relative of Seventh Day Adventists, which he didn't seem thrilled about. Boring, but credit where its due, Franz did his damndest to piece together a very confused biography.

## 1940s

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from

[http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)

What it says on the tin; this bibliography has stuff it doesn't, and vice versa. Also has twenty pages of summarized legal cases.

Deren, Maya. (1947-1951, 1981). *Divine Horsemen: The Living Gods of Haiti* [the film]. Retrieved from

<https://archive.org/details/VOODOODIVINEHORSEMENTDeMAYADEREN>

Documentary avant-garde film. A journey into the Vodou religion of Haiti, filmed by Maya Deren during 1947-1951 and edited posthumously by Teiji and Cherel Ito in 1981, focused primarily on religious song, dance, and possession.

Deren, Maya. (1953). *Divine Horsemen: The Living Gods of Haiti*. Norwich: Jerrold and Sons.

Deren's book about Vodou, including her own experiences being possessed by the lwa Erzulie. Very accessible and down-to-earth!

## 1950s

Baldwin, Louis. (1984). *Oneselves: multiple personalities, 1811-1981*. Jefferson: McFarland. Retrieved from

<http://healthymultiplicity.com/loonybrain/Info/Baldwin-Oneselves.pdf>

A short digest of a bunch of old multiples of yore. Back in print! Me and Orion Scribner digitized it for posterity. Very handy for a quick overview of how we got here, conveniently cuts off right before the Memory Wars. 1950s case: Eve White/Chris Costner Sizemore (1954).

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple*

*Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from [http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)

What it says on the tin; this bibliography has stuff it doesn't, and vice versa. Also has twenty pages of summarized legal cases.

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Documentary avante-garde film. A journey into the Vodou religion of Haiti, filmed by Maya Deren during 1947-1951 and edited posthumously by Teiji and Cherel Ito in 1981, focused primarily on religious song, dance, and possession.

Deren, Maya. (1953). *Divine Horsemen: The Living Gods of Haiti*. Norwich: Jerrold and Sons.

Deren's book about Vodou, including her own experiences being possessed by the lwa Erzulie. Very accessible and down-to-earth!

Stoller, Robert J. (1973). *Splitting: A Case of Female Masculinity*. New York: Delta Books.

The Carmen Garcia case. I have a copy but have yet to summon the fortitude to read it because I am positive it will honk me off. Stoller states he met Garcia in 1959 or so, and the book covers the decade-plus until publication.

## **1960s**

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from

[http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)

What it says on the tin; this bibliography has stuff it doesn't, and vice versa. Also has twenty pages of summarized legal cases.

Stoller, Robert J. (1973). *Splitting: A Case of Female Masculinity*. New York: Delta Books.

The Carmen Garcia case. I have a copy but have yet to summon the fortitude to read it because I am positive it will honk me off. Stoller states he met Garcia in 1959 or so, and the book covers the decade-plus until publication.

WNYC Studios. (2012). RadioLab: "What's Up, Doc?" Retrieved from <https://www.radiolab.org/podcast/248590-blanc>

Podcast where host, Mel Blanc's son, Mel Blanc's neurosurgeon, and an NYU brain scientist "weigh over what it might mean to be rescued by a figment of your own imagination, and whether one self can win out over another in a moment of crisis," regarding Mel Blanc's car accident in 1961.

Lewis, I. M. (1966, September). Spirit Possession and Deprivation Cults. *Man*, New Series, Vol. 1, No. 3, pp. 307-329

“the intrusive familiar is frequently of the opposite sex to its host. With this high incidence of the possession of men by female spirits, and of women by male spirits, it is scarcely surprising that the relationship between a medium and his or her attendant familiar should regularly be expressed in terms of marriage.”

## 1970s

Baldwin, Louis. (1984). *Oneselves: multiple personalities, 1811-1981*. Jefferson: McFarland. Retrieved from

<http://healthymultiplicity.com/loonybrain/Info/Baldwin-Oneselves.pdf>

A short digest of a bunch of old multiples of yore. Back in print! Me and Orion Scribner digitized it for posterity. Very handy for a quick overview of how we got here, conveniently cuts off right before the Memory Wars. 1950s case: Eve White/Chris Costner Sizemore (1954). 1970s cases: Gloria (1972), Carmen Garcia (1973), Sybil Dorsett (1973), Jonah (1974), Henry Dana Hawskworth (1977).

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from

[http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)

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The Carmen Garcia case. I have a copy but have yet to summon the fortitude to read it because I am positive it will honk me off. Stoller states he met Garcia in 1959 or so, and the book covers the decade-plus until publication.

Emerson, Rick. (2022) *Unmask Alice: LSD, satanic panic, and the imposter behind the world's most notorious diaries*. Dallas: BenBella Books, Inc.

This beastly Mormon hoax writer helped kick off the Satanic panic in 1971, which in turn helped fuel the Memory Wars in the USA. Thanks a lot, lady.

Le Guin, Ursula. (1973). “Dreams Must Explain Themselves.” New York: ALGOL #21

An essay by the late, great speculative fiction writer about her discovering of Earthsea over the course of a decade and its independent autonomy.

Newman, Donna Joy (1973, June 23). Tempo: ‘I led five lives’ – the incredible story of Henry Hawskworth.’ Chicago Tribune. Retrieved from

<http://archives.chicagotribune.com/1977/06/23/page/15/article/tempo>

That link seems to be down; ask me for a copy. Not screenreadable. Story involving Hawskworth, who was a violent rapist who then got out of legal

consequences by claiming he was singlet now and the headmates who caused legal problems no longer existed.

Schreiber, Flora Rheta (1973). *Sybil*. Chicago: Henry Regnery Co.

People will never forget this book, so you might as well bite the bullet and read it. Especially since this is the earliest citation I can find for someone using “multiple” as a standalone noun; Sybil herself uses it in a joke regarding her cat, which seems an appropriate beginning.

Allison, Ralph, and Schwartz, Ted. (1980, 1999). *Minds In Many Pieces: Revealing the Spiritual Side of Multiple Personality Disorder*. Paso Robles: Cie Publishing.

UGH I am so bitterly resentful that this is my first citation of medical multiples where headmates have sexual relationships with each other, only for it to involve extremely creepy headmate rape and exorcism. Citation for Allison exorcising his multi patients starting in 1973 (one of whom committed suicide within a year after).

Brandsma, Jeffrey M., and Arnold M. Ludwig. (1974). A case of multiple personality: Diagnosis and therapy. *International Journal of Clinical and Experimental Hypnosis*. Retrieved from (Warning: Sci-hub’s URL changes!) <https://sci-hub.tw/10.1080/00207147408413001>

The Jonah case, one of the rare studies of a black male multiple from a medical perspective. (MPD didn’t exist as a diagnosis yet, but as it did, that’s roughly when it became a “white female thing.” And it was already a “white thing” before this.)

Castelli, Judy. (1976). Crazy Lady [audio]. Retrieved from [https://www.youtube.com/watch?v=Iom7-MC\\_2eg](https://www.youtube.com/watch?v=Iom7-MC_2eg)

Earliest music I know of made by a medical multiple about it (though this was many years before she was diagnosed).

Keyes, Daniel. (1981). *The Minds of Billy Milligan*. New York: Random House. Old MPD biography of a serial rapist, caught in late 1977. Unpleasant, but easy to throw at anyone claiming true multis never hurt anyone.

JEB. (1979). *Eye to Eye: Portraits of Lesbians*. pg. 38-39. Retrieved from <https://archive.org/details/eye-to-eye-portraits-of-lesbians/page/37/mode/2up> Contains a 1978 photo portrait of Judy Castelli, fifteen years before she was diagnosed as multiple, and it’s the most multi portrait I have ever seen and led me to discovering the rest of her work. Just in case you ever needed photographic evidence that a multi can exist long before diagnosis.

Evans, Arthur. (1978, 2013). *Witchcraft and the Gay Counterculture: A Radical View of Western Civilization and Some of the People it has Tried to Destroy*.

Boston: Fag Rag Books and Feral Death Coven. Retrieved 2024/10/2 from at <https://archive.org/details/ArthurEvansWitchcraftAndTheGayCounterculture>

This is the famous, more easy to find one, even though we liked the incomplete

*Moon Lady Rising* better. Stuff about demon-fuckery and queerness, not many-selved focused but worth a dig-through. “We will need allies. Our natural allies —[...] women, Third World people, the poor, the unemployed, the unemployable, and the insane.” (148-149) RIP, Arthur Evans.

Kendall, Laurel. (1988). *The Life and Hard Times of a Korean Shaman: of Tales and the Telling of Tales*. Honolulu: University of Hawaii Press. Retrieved from [https://archive.org/details/isbn\\_0824811453](https://archive.org/details/isbn_0824811453)

The anecdotes and life stories told by Yongsun’s Mother, a mansin who lives outside Seoul. Lots of spirit possession.

## 1980s

Baldwin, Louis. (1984). *Oneselves: multiple personalities, 1811-1981*. Jefferson: McFarland. Retrieved from

<http://healthymultiplicity.com/loonybrain/Info/Baldwin-Oneselves.pdf>

A short digest of a bunch of old multiples of yore. Back in print! Me and Orion Scribner digitized it for posterity. Very handy for a quick overview of how we got here, conveniently cuts off right before the Memory Wars. The only 1980s case is Billy Milligan.

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from

[http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)

What it says on the tin; this bibliography has stuff it doesn’t, and vice versa. Also has twenty pages of summarized legal cases.

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UGH I am so bitterly resentful that this is my first citation of medical multiples where headmates have sexual relationships with each other, only for it to involve extremely creepy headmate rape and exorcism. Citation for Allison exorcising his multi patients starting in 1973 (one of whom committed suicide within a year after).

Keyes, Daniel. (1981). *The Minds of Billy Milligan*. New York: Random House. Old MPD biography of a serial rapist. Unpleasant, but easy to throw at anyone claiming true multis never hurt anyone.

Mariechild, Diane. (1981). *Mother Wit: A Feminist Guide to Psychic Development*. Trumansburg, NY: the Crossing Press. Retrievable with account at <https://archive.org/details/motherwitfemini000mari>

Take all with salt, and very hit-or-miss but when it hits, it’s a shockingly good intro guide/workbook to relaxation, inner protection, meeting spirit companions, oversouls, and past/part selves, and so on. Very second wave feminist, New Age

viewpoint.

Adams, Monni. (1982). *Designs for Living*. Cambridge, MA: The Carpenter Center for the Visual Arts in cooperation with the Peabody Museum of Archaeology and Ethnology, Harvard University. Can be retrieved online from <https://archive.org/details/designsforliving00adam/mode/2up>  
Briefly mentions spirit marriage and spirit possession for the Baule, Ibibio, and Yoruba peoples of Cote D'Ivoire and Nigeria.

Scully, Diana, and Joseph Marolla. (1984). "Convicted Rapists' Vocabulary of Motive: Excuses and Justifications." *Social Problems* 31.5: 530-544. Web. Retrieved from <https://www.jstor.org/stable/800239>  
How rapists justify their behavior, and comparing their descriptions of what happened with the court records.

H., Ann. (1985-1986). Various poems. *Speaking for Our Selves*, Vol. 1, no. 4. Retrieved from <https://transcribedcomicszines.dreamwidth.org/4048.html>  
Eight short poems by someone with MPD, dealing with topics ranging from death, despair, and denial, to longing for connection and friendship.

Kenny, Michael G. (1986). *The Passion of Ansel Bourne: Multiple Personality in American Culture*. Washington DC: Smithsonian Institute Press. Available with account at <https://archive.org/details/passionofanselbo0000kenn>  
Haven't read it, only know of it.

Speaking for Our Selves. (1986, June). *Speaking for Our Selves*. Vol. 1, no. 4. Long Beach: self-published. Retrieved from <https://www.arttherapy.org/ARCHIVES/Publications/Newsletters/Speaking%20for%20Ourselves%20Vol.%201%20No.%204%201986.06.pdf>  
First MPD newsletter that I know of, and the only digitized issue I know of.

the Awareness Center. (2013). Honoring S4OS (Speaking for Our Selves). Blog post. Retrieved from <https://theawarenesscenter.blogspot.com/2013/04/s4os-speaking-for-our-selves.html>  
Description of S4OS, the first newsletter by and for people with MPD that I know of.

Chase, the Troops for Truddi. (1987). *When Rabbit Howls*. New York: Jove Books.

MPD memoir, helped spread (though not create) the idea that becoming singlet was not required for a happy life. Troops member the Frontrunner may have helped sprout the terminology of "fronting" and "front" as a noun.

Clarke, Rabia. (1987). "Soul's Desire." *Rainbow Bridge Magazine*, winter 1988. San Antonio: Ziraat. Retrieved from <https://transcribedcomicszines.dreamwidth.org/4139.html>  
A religious poem about loving someone not physically visible.

Schwartz, Richard C. (1987). "Our Multiple Selves: Applying Systems Thinking

to the Inner Family.” *Family Therapy Networker*, 11, 24-31, 80-83. Retrieved from [https://foundationifs.org/images/Schwartz\\_1987\\_Our\\_Multiple\\_Selves.pdf](https://foundationifs.org/images/Schwartz_1987_Our_Multiple_Selves.pdf) Seems to be the originator of the “system” and “parts” language.

Finkelhor, David and Williams, Linda Meyer, with Burns, Nanci. (1988). *Nursery Crimes: Sexual Abuse in Day Care*. Newbury Park: SAGE Publications. Retrievable with account from

<https://archive.org/details/nurserycrimessex0000fink>

Regrettably titled book about “ritual abuse” as a loose umbrella term for at least three very different experiences, which ended up proving helpful for me understanding what its deal was (and what mine was). Also one of the rare places that even attempts to discuss the behavior of female sexual abusers.

Hock-Tong, Cheu. (1988). *The Nine Emperor Gods: A Study of Chinese Spirit Medium Cults*. Ann Arbor: University of Michigan.

Spirit possession of overseas ethnic Chinese. Haven’t read it, can only look longingly from the sidelines.

Kendall, Laurel. (1988). *The Life and Hard Times of a Korean Shaman: of Tales and the Telling of Tales*. Honolulu: University of Hawaii Press. Retrieved from [https://archive.org/details/isbn\\_0824811453](https://archive.org/details/isbn_0824811453)

The anecdotes and life stories told by Yongsun’s Mother, a mansin who lives outside Seoul. Lots of spirit possession.

Kluft, Richard. (1988). The Phenomenology And Treatment Of Extremely Complex Multiple Personality Disorder. *Dissociation*, Vol. 1, No. 4. Retrieved from [https://scholarsbank.uoregon.edu/xmlui/bitstream/handle/1794/1396/Diss\\_1\\_4\\_8\\_OCR\\_rev.pdf?sequence=4](https://scholarsbank.uoregon.edu/xmlui/bitstream/handle/1794/1396/Diss_1_4_8_OCR_rev.pdf?sequence=4)

Freyas call this “the best paper we have found so far on polyfragmented DID so far.”

Brozan, Nadine. (1989). The Real ‘Eve’ Sues to Film the Rest of Her Story. *New York Times*. Retrieved from <https://www.nytimes.com/1989/02/07/movies/the-real-eve-sues-to-film-the-rest-of-her-story.html>

Chris Costner Sizemore (AKA “Three Faces of Eve” lady) fighting for the rights to her own life story.

Humphrey, N., and Dennett, D. (1989). Speaking for our selves: an assessment of multiple personality disorder. *Raritan*, 9:1, 68-98. Retrieved from <https://web.archive.southampton.ac.uk/cogprints.org/810/1/s4os.htm>

Info about the shutdown of *Speaking For Our Selves*, the first MPD newsletter I know of.

Many Voices Press. (February 1989-2012). *Many Voices: Words of Hope for Clients with MPD and Dissociative Disorders*. Retrieved from <https://manyvoicespress.org/backissues-pdf/>

All the Many Voices back issues. Sadly not screenreadable.

the Awareness Center. (2013). Honoring Lynn Wasnak. Blog post. Retrieved

from <https://theawarenesscenter.blogspot.com/2013/04/honoring-lynn-wasnak.html>

Description of *Many Voices*, the second newsletter by and for people with MPD that I know of.

Smith, Stanley G. (March 1989). "Disorder with Human and Non-human Subpersonality Components," *Dissociation*, Vol. 2, No. 1: p 55-56.

Case study of Native American man with nonhuman spiritual plurality. Haven't read yet, but one day...

## 1990s

Goettman, Carole, Greaves, George, and Coons, Philip. (1994). *Multiple Personality and Dissociation, 1791-1992: a complete bibliography*. Lutherville, MD: the Sidran Press. Retrieved from

[http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves\\_Multiple\\_Personality\\_OCR.pdf](http://healthymultiplicity.com/loonybrain/Info/1791-1992%20Greaves_Multiple_Personality_OCR.pdf)

What it says on the tin; this bibliography has stuff it doesn't, and vice versa. Also has twenty pages of summarized legal cases.

Anonymous. (n.d.) AltArchive Plural Section. Retrieved from

<https://www.zotero.org/groups/4956615/altarchive/collections/AKUUMJM7>

Part of a giant alterhuman archive in progress

Many Voices Press. (February 1989-2012). *Many Voices: Words of Hope for Clients with MPD and Dissociative Disorders*. Retrieved from

<https://manyvoicespress.org/backissues-pdf/>

All the Many Voices back issues. Sadly not screenreadable.

Gil, Eliana. (1990). *United We Stand: A Book for People with Multiple Personalities*. Walnut Creek, CA: Launch Press. Retrieved from

[https://healthymultiplicity.com/loonybrain/Info/Gil\\_United\\_We\\_Stand\\_1990\\_OC.pdf](https://healthymultiplicity.com/loonybrain/Info/Gil_United_We_Stand_1990_OC.pdf)

Earliest self-help book for medical multiples I've found, and appropriate for older children, which is uncommon. Not bad.

Hendrickson, Kate M., McCarty, Teresita, and Goodwin, Jean M. (1990). Animal Alters: Case Reports. *Dissociation III*(4), December 1990, 218-221.

Descriptions of five cases of animal alters, including those based on deceased pets and abused animals.

Allen, Denna and Janet Midwinter. (1990). *Michelle Remembers: The Debunking of a Myth*.

[http://xeper.org/pub/lib/xp\\_lib\\_wh\\_DebunkingOfAMyth.htm](http://xeper.org/pub/lib/xp_lib_wh_DebunkingOfAMyth.htm) Internet Archive.

Retrieved from

[https://web.archive.org/web/20040511131253/http://xeper.org/pub/lib/xp\\_lib\\_wh\\_DebunkingOfAMyth.htm](https://web.archive.org/web/20040511131253/http://xeper.org/pub/lib/xp_lib_wh_DebunkingOfAMyth.htm)

About the book that helped kick-off the Memory Wars.



Rosen, Michael A. (1990). *Sexual Portraits: Photographs of Radical Sexuality*. San Francisco: Shaynew Press, 38, 54-55. Available online at <http://shaynew.com/sp/xysp38.shtml>

Kinky photography with interviews, including with two couples describing their “personas.” The longer one (linked) also has one of the earliest citations I have for “front” as a standalone verb.

Pia, Jacklyn. (1991). *Multiple Personality Gift*. Retrieved from <https://www.oocities.org/heartland/meadows/6174/mpg.html>

MPD self-help book. Interesting as a historical artifact, but not recommended for its intended purpose.

Casey, Joan Frances. (1991). *The Flock: the Autobiography of a Multiple Personality*. New York: Alfred A. Knopf Books.

MPD memoir. Less abuse-heavy than others, intensely codependent and unhealthy “reparenting” relationship between therapist and multiple.

Anonymous. (n.d.) 760 Area Code BBSes Throughout History. Retrieved from <http://bbbslist.textfiles.com/760/>

Holds record of Mars Station, the first multi-friendly BBS I know of, active in 1991.

Anonymous. (n.d.) 209 Area Code BBSes Through History (80’s Version). Retrieved from <http://bbbslist.textfiles.com/209/oldschool.html>

Holds record of Maxie’s Toy, a multi-friendly BBS from 1992.

Anonymous. (n.d.) 804 Area Code BBSes Through History. Retrieved from <http://bbbslist.textfiles.com/804/>

Holds record of Fire Chat, a multi-friendly BBS that was around from 1992-1994.

False Memory Syndrome Foundation. (1992-2019) False Memory Syndrome Foundation. Retrieved from <https://www.fmsfonline.org/>

Memory Wars stuff. Their nonsense made being multi a lot harder for a certain generation. Someone is in the process of transcribing the entire archive of their newsletter to make it searchable; ask for private access.

Hocking, Sandra. (1992). *Living With Your Selves: a survival manual for people with multiple personalities*. Rockville, MD: Launch Press. Retrieved from <https://healthymultiplicity.com/loonybrain/Misc/Hocking-LivingWithYourSelves.pdf>

An early (though not the first) MPD self-help book. I wrote about its cultural context here: <https://lb-lee.dreamwidth.org/1245304.html>

Steward, Daniel Blair, Church of All Worlds, & Ferafaria (1992). “Science Fiction as Mythos.” *Green Egg Magazine*, Vol. XXV, #97. Retrieved from <https://zoboko.com/text/3d66xv5j/green-egg-omelette-an-anthology-of-art-and-articles-from-the-legendary-pagan-journal/149>

Fiction-based religion from the CAW, which built a church based on Heinlein.

Of interest from a story work perspective.

Suryani, Luh Ketut and Jensen, Gordon D. (1993). *Trance and Possession in Bali: A Window on Western Multiple Personality, Possession Disorder, and Suicide*. New York: Oxford University Press. Retrieved from <https://healthymultiplicity.com/loonybrain/Info/Suryani-TranceAndPossessionInBali1993OCR.pdf>

Haven't read it, but one day!

Readers of Many Voices. (1993). *Mending Ourselves: Expressions of healing & self-integration*. Cincinnati: Many Voices Press.

A collection of essays, poetry, and art shared by over fifty readers of *Many Voices*, mostly focused on personal experiences of the recovery process and integration.

Georges, Rene and Houlberg, Marilyn. (1993). "My Double Mystic Marriages to Two Goddesses of Love: an Interview." *Sacred Arts of Haitian Vodou*. Los Angeles: Fowler Museum at UCLA. Retrieved from <http://healthymultiplicity.com/loonybrain/Misc/Rene-MyDoubleMysticMarriagesToTwoGoddessesOfLove.pdf>

An interview with a Haitian man about his marriages to two lwa, Ezili Danto and Ezili Freya.

Many Voices Press. (1993, October). Many Voices: Words of Hope for Clients with MPD and Dissociative Disorders. Vol. 5, No. 5. Retrieved from [http://manyvoicespress.org/backissues-pdf/1993\\_10.pdf](http://manyvoicespress.org/backissues-pdf/1993_10.pdf)

Sex and Relationships issue, which is my first primary source for MPD romance and sexual relationships among alters. (And my first source period for this that's consensual.)

Sessions, Deborah, and Chalkey, Susan. (1994). *My Mom is Different*. Lutherville, MD: Sidran Press. Retrieved from

<https://web.archive.org/web/20130528063203/https://www.sidran.org/pdf/mymomisdifferent.pdf>

Children's picture book on having a parent with MPD, made by a multiple for her children.

Leigh Ann. (1994, September 6). Welcome to alt.support.dissociation [Newsgroup message]. Retrieved 3/13/2019 from

<https://groups.google.com/d/msg/alt.support.dissociation/5ruKWhbZOKU/QVW2dBT2gGkJ>

Citation for the following sentiment: "I was told a.s.d. was to be a support newsgroup for mp's [multiples] or those who dissociate, regardless of how dysfunctional they are or are not. [...] I do not consider myself to be disordered or broken"

Bass, Ellen and Laura Davis. (1994). *The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse (Third Edition—Revised and Updated)*. New

York: Harper Collins.

This is the edition with the mentions of the Memory Wars, one of the only places that discusses memory work as a tool to use (though briefly). Kink negativity.

Grobe, Jonathan. (1994, August 28). Dissociation/Multiple Personalities Support Newsgroup Created [Newsgroup message]. Retrieved 3/13/2019 from <https://groups.google.com/d/msg/alt.sexual.abuse.recovery/cxSSC9a9uto/M3RuliatW2MJ>

Notation of the creation of alt.support.dissociation.

Alt.support.dissociation (1994-2024) alt.support.dissociation [Newsgroup archive] Retrieved from

<https://groups.google.com/forum/#!forum/alt.support.dissociation>

Old Usenet group for dissociatives, finally died in 2024 after 30 years of activity. RIP, a.s.d.!

Desmangles, Leslie. (1994). *The Faces of the Gods: Vodou and Roman Catholicism in Haiti*. Chapel Hill. University of North Carolina Press. Haitian Vodou spirit possession and its influence on Haitian history.

Discord and Sapphire Gazelles. (1994, September 7). alt.support.dissociation FAQ 3/4 [Usenet message]. Retrieved 3/10/19 from

<https://groups.google.com/d/msg/alt.support.dissociation/syXW3KkhIZA/gM5TsFZmt2sJ>

The alt.support.dissociation FAQ, showing that ASD did hypothetically support multiples without traumatic backgrounds.

Castelli, Judy. (1994-1996). *The Multiple Journals*. <http://www.multiple-personality.com/mj1.html> Internet Archive. Retrieved from

<https://web.archive.org/web/20070503064207/http://www.multiple-personality.com/mj1.html>

Art and text taken from the journals of a multiple, right as she got diagnosed and decided that she would get to know herself and love herself unconditionally.

Fuzzy. (1994, December 15). ADMIN: Fuzzy system has new domain name [Usenet message]. Retrieved from

[https://groups.google.com/forum/#!searchin/alt.support.dissociation/asarian.org/sort:date/alt.support.dissociation/iJdJw6Cux0I/uB-Eip\\_vaZEJ](https://groups.google.com/forum/#!searchin/alt.support.dissociation/asarian.org/sort:date/alt.support.dissociation/iJdJw6Cux0I/uB-Eip_vaZEJ)

Citation for the creation of the asarian.org domain

Nimoy, Leonard. (1995). *I Am Spock*. New York: Hyperion Books.

Leonard Nimoy's memoir about playing Spock on *Star Trek*, hearing his voice in his head and talking to it, and their relationship through Nimoy's acting, directing, and theatrical career over the decades.

Sikorski, Tina. (1995, January 7). NO CARRIER. [Usenet message] Retrieved from <https://groups.google.com/d/msg/alt.sexual.abuse.recovery/za2IrgM118Y/BgiJkRuQSDEJ>

I know nothing of SANCTUARY only that it was an online multi space that

existed. RIP Tina Sikorski.

Phillips, Jane. (1995). *The Magic Daughter*. New York: Viking. Available with account at <https://archive.org/details/magicdaughtermem00phil>  
MPD memoir, deals with concerns like learning linear time, gender issues, trust, integration, and multiplicity caused by things other than sexual abuse.

Discord and Sapphire Gazelles. (1995, May 14). alt.support.dissociation FAQ 3/4 [Usenet message]. Retrieved 3/10/19 from <http://faqs.cs.uu.nl/na-dir/dissoc-faq/part3.html>

An updated form of the alt.support.dissociation FAQ, showing edits to the kind of multiples accepted or acknowledged.

ECHOLIST. (December 1995). ECHOLIST The EchoMail Conference List MASTER REPORT. Retrieved from <http://www.textfiles.com/fidonet-on-the-internet/e1995/elist512.txt>

Record of the M\_P\_D and SIP\_MPD BBSes for folks with MPD.

Singer, Margaret Thaler, and Janja Lalich. (1996). *Crazy Therapies: What Are They? Do They Work?* Hoboken: Jossey-Bass.

More Memory Wars and False Memory Syndrome stuff, discussing dodgy therapy practices of the time.

Allison, Ralph. (1996-present) Multiple Personality Disorder & Dissociative Identity Disorder. Retrieved from [www.dissociation.com](http://www.dissociation.com)

Website for Ralph Allison, a retired psychotherapist who used to be a little tin god of multi therapy and who's responsible for the "Inner Self-Helper" idea. Not recommended except as historical interest.

Clell, Madison. (1996-2002). *Cuckoo*. For sale at <http://madisonclell.com/purchase-comics/>; paper only, though ebooks can be pirated via library genesis, which is the only way you can read Issue #1 now, I think.

Autobio comics about having MPD, ranging from serious and grim to goofy. First print comic I know of by and about a medical multiple.

Clell, Madison. (2013). *Cuckoo* [play]. San Francisco: JUMP! Theatre and Green Door Studios. For sale at <http://madisonclell.com/purchase-comics/>  
Citation for Clell having an inner mythos. Only available on paper, far as I know.

Olafson, Edna. (2014). A Review and Correction of the Errors in Loftus and Guyer on Jane Doe. *Journal of Interpersonal Violence*, Vol. 29 (18) pg. 3245-3259. Retrieved from [Sci-hub](http://Sci-hub).

More Memory Wars False Memory Syndrome debunking, regarding earlier 1997 work.

Astraea. (1997-2004). Astraea's Web: Multiple Personality Resources [web page]. <http://www.asarian.org/~astraea/household/> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.asarian.org/~astraea\\*](https://web.archive.org/web/*/http://www.asarian.org/~astraea*)

Astraea's first website, far as I know. I can't get away with not citing them, so instead I'm going to just end all my citations of them, Cato the Censor style, with "Astraea are [truck-stealing bullies](#)." I accept the pettiness of this.

Vicki(s). (1997 January 25). New web page [Newsgroup message]. Retrieved from <https://groups.google.com/d/msg/alt.support.dissociation/Dg4ZDCSBsMc/NJgeh7QSYIMJ>

Citation for the creation of Vicki(s)' Wonderful World of the MidContinuum.

Vicki(s). (1997-2005). Welcome to the Wonderful World of the MidContinuum! [web page]. <http://www.asarian.org/~vickis> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.asarian.org/~vickis\\*](https://web.archive.org/web/*/http://www.asarian.org/~vickis*)

Vicki(s)' website. They coined midcontinuum (which Pavilion made into median) and is also the first place I've seen someone use "plural" as an umbrella term.

Jackie. (1997, April 22). Hello from Sara! / Possible Spoiler Material [Usenet post]. Retrieved from [https://groups.google.com/forum/#!msg/alt.support.dissociation/YukmhWQ4ATg/YmGEveud\\_zAJ](https://groups.google.com/forum/#!msg/alt.support.dissociation/YukmhWQ4ATg/YmGEveud_zAJ)

Citation for Astraea's Web existing by April 22, 1997. (And lest you forgot, Astraea are [truck-stealing bullies](#))

Harris, Jonathan G. (1997 May 19). WITCH HUNT INFORMATION CENTER. <http://www.mit.edu:8001/people/harris/witchhunt.html> Internet Archive. Retrieved from

<https://web.archive.org/web/19970519144556/http://www.mit.edu:8001/people/harris/witchhunt.html>

Memory Wars stuff. I regret my profession.

Yavie. (1997, May 23). SANCTUARYites Home Pages [web page]. <http://www.inlink.com/~chack/sanct/sanctuary.html> Internet Archive. Retrieved 2020/07/29 from

<https://web.archive.org/web/19970522111106/http://www.inlink.com/~chack/sanct/sanctuary.html>

old alt.support.dissociation hang-out.

Gilkey, Laura. (1998?, 2002). the Trinity [story]. Retrieved from <https://web.archive.org/web/20030411071709/http://www.shininghalf.com/liteside/trinity.html>

or <https://www.fictionpress.com/s/735472/1/The-Trinity>

Fiction, but author's notes of the self-hosted version says it was originally made in 1998 and states that Seihara is a gloss of her primary soulbond at the time.

Citation for soulbond romance.

Castelli, Judy. (1998-2007) My dissociative disorder, my MPD, and my art. Internet Archive. <http://www.multiple-personality.com/mj1.htm> Retrieved from

<https://web.archive.org/web/20070503064207/http://www.multiple-personality.com/mj1.html>

Judy Castelli's website. Lots of neat stuff!

Anachronic Army. (1998?-2003). Dark Personalities – The Dark Side of Multiplicity <http://www.darkpersonalities.com> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.darkpersonalities.com\\*](https://web.archive.org/web/*/http://www.darkpersonalities.com*)

The website that brought us the “empowered multiplicity” concept. Had the original glossary that Pavilion Hall and later Astraea yanked. Internet Archives only go back to 2000.

Bergen, George. (1998). *Evidence Against Dr. Colin A. Ross, vol. 1*. Retrieved from <https://archive.org/details/EvidenceAgainstDr.ColinA.RossVol.1>

“The following was compiled in 1998 by a heart-broken Mr. George Bergen following the death of his wife who was an out-patient at Dr. Ross’s clinic in Manitoba.” Records the malpractice suit that led to Ross being run out of Canada and setting up shop in Texas instead. I... I can’t lie, I haven’t read this, I haven’t had the stomach for it yet. But you can’t read anything from the last thirty years about MPD/DID without hearing Colin Ross’s name, so...

Calof, David L. (1998). Notes from a practice under siege: Harassment, defamation, and intimidation in the name of science. *Ethics and Behavior*, 8(2) pp. 161-187.

Discusses tactics of the False Memory Syndrome Foundation, thus part of the Memory Wars.

Freyd, Jennifer J. (1998) Science in the Memory Debate, *Ethics & Behavior*, 8:2, pg. 101-113. Retrieve online from

[http://dx.doi.org/10.1207/s15327019eb0802\\_1](http://dx.doi.org/10.1207/s15327019eb0802_1)

Memory Wars and False Memory Syndrome Foundation debunking.

Astraea. (1999, November 17). Households United for Equality [web page].

<http://www.asarian.org:80/~astraea/household/hue.html> Internet Archive.

Retrieved from

<https://web.archive.org/web/19991117170627/http://www.asarian.org:80/~astraea/household/hue.html>

A failed multi liberation group, and Astraea are [truck-stealing bullies](#).

the Courts. (1999-2005). The Two Courts. <http://twocourts.8k.com> Internet Archive. Retrieved 3/5/2023 from

[https://web.archive.org/web/\\*/http://twocourts.8k.com\\*](https://web.archive.org/web/*/http://twocourts.8k.com*) First website of the

Courts, who were part of Pavilion Hall, created Not Ashamed For Existing and the In Essence Pledge. Were sorta declarations you could sign as system agreements? The former never made much of a splash; the latter stuck around a bit. Wayback Machine only goes back to 2001, but the updates pages goes back to 1999. May have been Blackbirds under a different name?

Crisses. (1999?-present). Kinhost.org: encouraging internal community.

<http://kinhost.org/> Internet Archive. Retrieved from

[https://web.archive.org/web/\\*/http://kinhost.org\\*](https://web.archive.org/web/*/http://kinhost.org*)

Crisses are otherkin plurals who've been around for a million years, created the United Front Boot Camp, and also host a plural wiki. Wayback Machine only goes back to 2001, but the updates page goes back to 1999.

Crisses. (1999?-present). Kinhost.org: encouraging internal community.

Retrieved from <https://kinhost.org/>

Crisses are otherkin plurals who've been around for a million years, created the United Front Boot Camp, and also host a plural wiki. Live version of their site, which is among the oldest multi websites I know of that are still active.

Vicki(s). (1999). Does It Work? <https://www.asarian.org/~vickis/label.html>

Internet Archive. Retrieved from

<https://web.archive.org/web/19990203092522/https://www.asarian.org:80/%7Evickis/label.html>

For questioning folks.

Vicki(s). (1999). The Power of Naming.

<https://www.asarian.org/~vickis/label.html> Internet Archive. Retrieved from

<https://web.archive.org/web/19990209012516/https://www.asarian.org:80/%7Evickis/label.html>

For questioning folks.

Vicki(s). (1999). Beginning Communication, Building Safety and Trust.

[https://www.asarian.org:80/%7Evickis/starting\\_out.html](https://www.asarian.org:80/%7Evickis/starting_out.html) Internet Archive.

[https://web.archive.org/web/19990209124227/https://www.asarian.org:80/%7Evickis/starting\\_out.html](https://web.archive.org/web/19990209124227/https://www.asarian.org:80/%7Evickis/starting_out.html)

Advice on where to start when you and your headmates don't trust each other or want to listen to each other.

## **2000s**

Many Voices Press. (February 1989-2012). *Many Voices: Words of Hope for Clients with MPD and Dissociative Disorders*. Retrieved from

<https://manyvoicespress.org/backissues-pdf/>

All the Many Voices back issues. Sadly not screenreadable.

False Memory Syndrome Foundation. (1992-2019) False Memory Syndrome Foundation. Retrieved from <https://www.fmsfonline.org/>

Memory Wars stuff. Their nonsense made being multi a lot harder for a certain generation. Someone is in the process of transcribing the entire archive of their newsletter to make it searchable; ask for private access.

Alt.support.dissociation (1994-2014) alt.support.dissociation [Newsgroup archive] Retrieved from

<https://groups.google.com/forum/#!forum/alt.support.dissociation>

Old Usenet group for dissociatives, finally died in 2024 after 30 years of activity.

RIP, a.s.d.!

Anonymous. (n.d.) AltArchive Plural Section. Retrieved from <https://www.zotero.org/groups/4956615/altarchive/collections/AKUUMJM7>  
Part of a giant alterhuman archive in progress

Clell, Madison. (1996-2002). *Cuckoo*. For sale at <http://madisonclell.com/purchase-comics/>; paper only, though ebooks can be pirated via library genesis, which is the only way you can read Issue #1 now, I think.

Autobio comics about having MPD, ranging from serious and grim to goofy. First print comic I know of by and about a medical multiple.

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Citation for Clell having an inner mythos. Only available on paper, far as I know.

Anachronic Army. (1998?-2003). Dark Personalities – The Dark Side of Multiplicity <http://www.darkpersonalities.com> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.darkpersonalities.com\\*](https://web.archive.org/web/*/http://www.darkpersonalities.com*)

The website that brought us the “empowered multiplicity” concept. Had the original glossary that Pavilion Hall and later Astraea yonked. Internet Archives only go back to 2000.

Astraea. (1997-2004). Astraea’s Web: Multiple Personality Resources [web page]. <http://www.asarian.org/~astraea/household/> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.asarian.org/~astraea\\*](https://web.archive.org/web/*/http://www.asarian.org/~astraea*)

Astraea’s first website, far as I know. I can’t get away with not citing them, so instead I’m going to just end all my citations of them, Cato the Censor style, with “Astraea are [truck-stealing bullies](#).” I accept the pettiness of this.

the Courts. (1999-2005). The Two Courts. <http://twocourts.8k.com> Internet Archive. Retrieved 3/5/2023 from [https://web.archive.org/web/\\*/http://twocourts.8k.com\\*](https://web.archive.org/web/*/http://twocourts.8k.com*) First website of the Courts, who were part of Pavilion Hall, created Not Ashamed For Existing and the In Essence Pledge. Were sorta declarations you could sign as system agreements? The former never made much of a splash; the latter stuck around a bit. Wayback Machine only goes back to 2001, but the updates pages goes back to 1999. May have been Blackbirds under a different name?

Tyson, Donald. (2000). *Sexual Alchemy: Magical Intercourse with Spirits*. St. Paul: Llewellyn Worldwide. Retrieved from <https://archive.org/details/DonaldTysonSexualAlchemy>

Contemporary spirit sex book. “by placing it into the hands of physicians, spirit sex is relegated to the status of a disease that must be cured. Such relationships with spirits, angels, and gods are regarded as breakdowns in the normal functioning of the flesh, imbalances of body chemistry that can often be successfully treated with drugs. On the other hand, by regarding sex with spirits



as a psychological disorder of the mind, it can be dismissed as a mere fantasy or illusion, probably induced by some childhood trauma, that has no value or significance in the so-called real world. The view is that once a person who is under the ‘illusion’ that he or she is having sex with a spirit has been successfully counseled, the aberrant notion will simply fade away like a forgotten dream.” (25)

Vega, Marta Moreno. (2000.) *The Altar of My Soul: The Living Traditions of Santería*. New York: One World.

Memoir of a Santería practitioner, discusses benign possession. Astraea. (2000-present). Astraea’s Web. <http://astraeasweb.net/> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.astraeasweb.net\\*](https://web.archive.org/web/*/http://www.astraeasweb.net*)

Astraea’s second/current state, and they are [truck-stealing bullies](#).

asrai-d. (2000, November 6). What Multiple Means To Me [web page].

<http://insiders.gq.nu/insiders/what.html> Internet Archive. Retrieved from

<https://web.archive.org/web/20040723153813/http://insiders.gq.nu/insiders/what.html>

Written by the founder of the Livejournal multiplicity community. Otherkin and multiple.

asrai-d. (2000?-2007). My Place [web page]. <http://insiders.gq.nu> Internet

Archive. Retrieved from [https://web.archive.org/web/\\*/http://insiders.gq.nu\\*](https://web.archive.org/web/*/http://insiders.gq.nu*)

Website of the founder of the Livejournal multiplicity community. Otherkin and multiple. Wayback Machine only goes back to 2001, but the updates page goes back to 2000.

Multiplicity. (2000-2016). Multiplicity: Being Plural. Retrieved from

<https://multiplicity-archives.dreamwidth.org/>

Static back-up of the Livejournal multiplicity comm, in much better shape with much less data rot, though just as much is locked as the original.

H.O.P.E. (2000-2003). <http://www.hopeorg.com> Internet Archive. Retrieved

from [https://web.archive.org/web/\\*/http://www.hopeorg.com\\*](https://web.archive.org/web/*/http://www.hopeorg.com*)

Main website of an “alternative” coalition group that went bonkers. My notes here: <https://lb-lee.dreamwidth.org/1246004.html#cutid1>

H.O.P.E. (2000). Official Homepage of the Human/Otherworldly/Paranormals

Exchange. <http://mypage.goplay.com:80/HOPEteam/index.html> Internet

Archive. Retrieved from

[https://web.archive.org/web/\\*/http://mypage.goplay.com/HOPEteam\\*](https://web.archive.org/web/*/http://mypage.goplay.com/HOPEteam*)

Another website of an “alternative” coalition group that went bonkers. My notes here: <https://lb-lee.dreamwidth.org/1246004.html#cutid1>

Multiplicity (2000-2016). Multiplicity Livejournal community. Retrieved from

<https://multiplicity.livejournal.com/>

Biggest Livejournal community for various camps of multiples. Still technically live, though inactive and with bad code rot.

Shaytar. (2000-2006). Stardance: Shaytar's Space [web page]. <http://www.bentspoons.com/Shaytar/> Internet Archive. Retrieved 2020/07/30 from [https://web.archive.org/web/\\*/http://www.bentspoons.com/Shaytar\\*](https://web.archive.org/web/*/http://www.bentspoons.com/Shaytar*) Website of the multiple who coined “empowered multiplicity” and came to reject the MPD/DID diagnosis.

Lyn. (2000-present). soulbond. <http://kurai.com/sb/> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://kurai.com/sb\\*](https://web.archive.org/web/*/http://kurai.com/sb*) Lyn's soulbonding site, still technically live. Most well-known for the list of soulbonders, so a good hub site for more. Also worth noting is the announcement talking about soulbonding getting subsumed into multiplicity and how that left old-school soulbonders like Lyn out in the cold.

Lyn. (2000, December 7). thelist [web page]. <http://kurai.com:80/sb/list.html> Internet Archive. Retrieved 2019/4/18 from <https://web.archive.org/web/20001207213700/http://kurai.com:80/sb/list.html> Old list of soulbonders, which includes shoiryu, a Fandom Wank moderator.

Shaytar [Jeren Tay'avamar of]. (2001, April 12). The Politics of Language [web page]. <http://www.darkpersonalities.com/rants/empowered/shaytar.htm> Internet Archive. Retrieved from <https://web.archive.org/web/20010412214909/http://www.darkpersonalities.com/rants/empowered/shaytar.htm> Origin of the “empowered multiple” label.

Lyn. (2001, October 18). ‘ah, screw it.’ [web page]. <http://kurai.com/sb/> Internet Archive. Retrieved from <https://web.archive.org/web/20011018135519/http://kurai.com/sb/> Kurai's old soulbonding page.

H.O.P.E. (2001-2003). Alternative Net. <http://go.to/alternativenet> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://go.to/alternativenet\\*](https://web.archive.org/web/*/http://go.to/alternativenet*) Another website of an “alternative” coalition group that went bonkers. My notes here: <https://lb-lee.dreamwidth.org/1246004.html#cutid1>

H.O.P.E. (2001-2005). Alternative Net. <http://www.angelfire.com/weird/alternativenet/main.html> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.angelfire.com/weird/alternativenet\\*](https://web.archive.org/web/*/http://www.angelfire.com/weird/alternativenet*) Another website of an “alternative” coalition group that went bonkers. My notes here: <https://lb-lee.dreamwidth.org/1246004.html#cutid1>

Amorpha. (2001). the soulbond code. <http://childofmana.tripod.com/sbcode.htm> Internet Archive. Retrieved from <https://web.archive.org/web/20011225183245/http://childofmana.tripod.com/sbcode.htm> Amorpha's Soulbond Code, created in the same vein as Consortium's Multiple

Code.

Crisses. (2001, February 24). Past & Future Updates [web page].  
<http://kinhost.org/updates.html> Internet Archive. Retrieved from  
<https://web.archive.org/web/20010224081603/http://kinhost.org/updates.html>

Anachronic Army. (2001, April 14). The Empowered: A New Brand of Multiple [web page]. <http://www.darkpersonalities.com/rants/empowered/army.htm>  
Internet Archive. Retrieved 2020/07/30 from  
<https://web.archive.org/web/20010414135947/http://www.darkpersonalities.com/rants/empowered/army.htm>

The start of the “empowered multiplicity” concept, far as I know.

Anachronic Army. (2001, May 19). Terminology [web page].  
<http://www.darkpersonalities.com/terminology.htm> Internet Archive. Retrieved  
2019/03/14 from  
<https://web.archive.org/web/20010519115202/http://darkpersonalities.com/terminology.htm>

The multi glossary that Pavilion Hall and later Astraea yinked.

BoyyM. (2001). MPD/DID Information Pages.  
<http://home.att.net/~boyym/Main.html> Internet Archive. Retrieved from  
<https://web.archive.org/web/20010720194704/http://home.att.net/~boyym/Main.html>

Web page of a trans male system who we later met in person at IGDID 2016.  
Gave a good service dog talk, been around a while!

Consortium. (2001-2003). The Disenchanted Forest.  
<http://disenchantedforest.com> Internet Archive. Retrieved 2019/03/22 from  
[https://web.archive.org/web/\\*/http://disenchantedforest.com\\*](https://web.archive.org/web/*/http://disenchantedforest.com*)  
Website of the empowered multiple who originally created the Multiples’ Code.  
Uses “plural” and “multiple” interchangeably.

Consortium. (2001, June 13). The Multiple Code, Beta V1 [web page].  
<http://disenchantedforest.com/code/> Internet Archive. Retrieved 2019/03/22 from  
<https://web.archive.org/web/20010613184657/http://disenchantedforest.com/code/>

First version of the Multiple Code.

Elective. (2001-2006). Welcome, traveller, to the gateway to the Holyland...  
<http://childofmana.tripod.com/> Internet Archive. Retrieved 2019/03/17 from  
[https://web.archive.org/web/\\*/http://childofmana.tripod.com\\*](https://web.archive.org/web/*/http://childofmana.tripod.com*)  
First soulbonding site that I know of for Elective, has the earliest public citation  
I have for that community with do you believe in soulbonding at first sight?  
that’s dated 1999.

Elective [Riesz Fenrir]. (2001-2004). The Sword and Serpent Tavern.  
<http://pub51.ezboard.com/btheswordandserpent> Internet Archive. Retrieved from  
[https://web.archive.org/web/\\*/http://pub51.ezboard.com/btheswordandserpent](https://web.archive.org/web/*/http://pub51.ezboard.com/btheswordandserpent) A

fandom and soulbonding forum.

Eclective [Riesz]. (2001, June 26). inner voices [web page].  
<http://childofmana.tripod.com/soulbonding.htm> Internet Archive. Retrieved 2019/03/17 from  
<https://web.archive.org/web/20010626050616/http://childofmana.tripod.com:80/soulbonding.htm>

Consortium. (2001, August 2). The Multiple Code, Beta V1 [web page].  
<http://disenchantedforest.com/code/> Internet Archive. Retrieved 2019/03/22 from  
<https://web.archive.org/web/20020802012204/http://disenchantedforest.com/code/>

Updated version of the Multiple Code.

Joyner, Katrina, ed. (2001 fall). *Kinships Magazine* Issue #4. Pentegram Komix and Graphix.

Early otherkin magazine. Had plural contributors.

Joyner, Katrina, ed. (2001, winter). *Kinships Magazine* Issue #5. Pentegram Komix and Graphix.

Early otherkin magazine. Had plural contributors.

Eclective. [Riesz of]. (2001, December 26). soulbonding faq [web page].  
<http://childofmana.tripod.com/soulbondingfaq.htm> Internet Archive. Retrieved 2019/03/17 from  
<https://web.archive.org/web/20011226155411/http://childofmana.tripod.com/soulbondingfaq.htm>

Gilkey, Laura. (2001-2009). Welcome to ShiningHalf.com!  
<http://www.shininghalf.com> Internet Archive. Retrieved from  
[https://web.archive.org/web/\\*/http://www.shininghalf.com\\*](https://web.archive.org/web/*/http://www.shininghalf.com*)  
Soulbonding site.

Gilkey, Laura. (2001-2004). Soulbonding.  
<http://www.shininghalf.com:80/soulbond.html> Internet Archive. Retrieved from  
<https://web.archive.org/web/20041221200347/http://www.shininghalf.com:80/soulbond.html>

Gilkey's Soulbonding page.

soulbonding. (2002-2004). Soulbonding.  
<http://www.livejournal.com/community/soulbonding> Internet Archive. Retrieved from  
[https://web.archive.org/web/\\*/http://www.livejournal.com/community/soulbonding\\*](https://web.archive.org/web/*/http://www.livejournal.com/community/soulbonding*)

First URL for the soulbonding comm on Livejournal.

Gilkey, Laura. (2002). Who I Am [poem].  
<http://shininghalf.com/liteside/who.html> Internet Archive. Retrieved from  
<https://web.archive.org/web/20030117075620/http://shininghalf.com/liteside/who.html>

A poem on the subjective experience of soulbonding.

Gilkey, Laura. (1998?, 2002). the Trinity [story]. Retrieved from <https://web.archive.org/web/20030411071709/http://www.shininghalf.com/liteside/trinity.html>

or <https://www.fictionpress.com/s/735472/1/The-Trinity>

Fiction, but author's notes of the self-hosted version says it was originally made in 1998 and states that Seihara is a gloss of her primary soulbond at the time. Citation for soulbond romance.

Gilkey, Laura. (2002, May). ~Ramblings on Soulbonding~ [blog post] <http://www.shininghalf.com:80/ithink2.html> Internet Archive. Retrieved from <https://web.archive.org/web/20041229121933/http://www.shininghalf.com:80/ithink2.html>

Perhaps inspired by Pavilion Hall or Vicki(s), Gilkey says, "Often it is suggested---and I essentially agree---that Soulbonding and Multiplicity are points along a common spectrum, which let's call 'Plurality of Identity.' It has been pointed out, and well so, that some Plurality of Identity is healthy, indeed I believe necessary for health." She herself charts herself as a plural soulbonder, but not multiple, and also coins "outsourced," a very useful term for "the SBing of characters that the Sber did not create." (Insourced seems to have formed in response to this term to describe soulbonds of characters that the soulbonder did create.)

Loftus, Elizabeth, and Melvin Guyer. (2002). Who Abused Jane Doe? The Hazards of the Single Case History: Part I. Retrieved from <https://staff.washington.edu/eloftus/Articles/JaneDoe.htm>

Memory Wars False Memory Syndrome stuff, written by one of the FMSF board who dodged an ethics investigation by conveniently resigning.

Lurie, Samuel. (2002). "Loving You Loving Me: Tranny/Crip/Queer Love and Overcoming Shame in Relationship."

[http://www.bentvoices.org:80/bentvoices/lurie\\_loving%20you.htm](http://www.bentvoices.org:80/bentvoices/lurie_loving%20you.htm) Internet Archive. Retrieved from [https://web.archive.org/\\*/](https://web.archive.org/*/http://www.bentvoices.org:80/bentvoices/lurie_loving%20you.htm)

[https://web.archive.org:80/bentvoices/lurie\\_loving%20you.htm](https://web.archive.org:80/bentvoices/lurie_loving%20you.htm)

Queer trans man reflecting on the joys of his relationship with his trans queer lover. Not many-selved-specific.

Clare, Eli. (2002). "Sex, Celebration, and Justice: A Keynote for QD2002."

[http://www.disabilityhistory.org:80/dwa/queer/paper\\_clare.html](http://www.disabilityhistory.org:80/dwa/queer/paper_clare.html) Internet Archive. Retrieved from [https://web.archive.org/\\*/](https://web.archive.org/*/http://www.disabilityhistory.org:80/dwa/queer/paper_clare.html)

[https://web.archive.org:80/dwa/queer/paper\\_clare.html](https://web.archive.org:80/dwa/queer/paper_clare.html)

Speech on queerness, disability, and sexuality, not many-selved specific. "I say it's time for some queer disability erotica, time for an anthology of crip smut, queer style."

Dallam, S.J. (2002). "Crisis or Creation: A systematic examination of false memory syndrome." *Journal of Child Sexual Abuse* 9(3/4), 9/36. Retrieved from

[www.leadershipcouncil.org/1/res/dallam/6.html](http://www.leadershipcouncil.org/1/res/dallam/6.html)

More Memory Wars and False Memory Syndrome Foundation debunking.

Bayne, Timothy. (2002). Moral Status and the Treatment of Dissociative Identity Disorder. *Journal of Medicine and Philosophy* Vol. 27, No. 1, pp. 87–105  
Retrieved from

<http://healthymultiplicity.com/loonybrain/Info/MoralStatusandIntegration.PDF>

Academic article about how gee, maybe forcibly removing headmates from existence could be considered morally questionable. I got permission from Bayne to rehost it.

Amorpha. (2002-2005). collective phenomenon.

<http://www.kitsune.cx/~amorpha> Internet Archive. Retrieved from

[https://web.archive.org/web/\\*/http://www.kitsune.cx/~amorpha\\*](https://web.archive.org/web/*/http://www.kitsune.cx/~amorpha*)

Amorpha's first website about being multiple

Eclective [Riesz of]. (2002, September 18). clowns to the left of us, jokers to the right... [web page] <http://childofmana.tripod.com/multiplemidcont-intro.htm>  
Internet Archive. Retrieved from

<https://web.archive.org/web/20020918063730/http://childofmana.tripod.com/multiplemidcont-intro.htm>

Gilkey, Laura. (2002, September 30). ~The View from 11 1/2 Inches~ [blog post] <http://www.shininghalf.com:80/ithink2.html> Internet Archive. Retrieved from

<https://web.archive.org/web/20041229121933/http://www.shininghalf.com:80/ithink2.html>

Gilkey describes her thoughts on fictional characters as “templates” that individual soulbonds are built off of but aren't identical to, explaining why different people can have multiple soulbonds of the same “character” that are radically different from each other.the Courts. (2002-2004). The Two Courts.

<http://www.kitsune.cx/courts> Internet Archive. Retrieved 3/5/2023 from

[https://web.archive.org/web/\\*/http://www.kitsune.cx/courts\\*](https://web.archive.org/web/*/http://www.kitsune.cx/courts*)

Second website of the Courts. May have been the same as Blackbirds?

Lancers. (2002-2012). Lancers Hill. Retrieved from

<https://lancershill.livejournal.com/>

Livejournal community for the Lancers, which was ostensibly Pavilion Hall's more activist, militant arm. Got folded into Pavilion Hall and quietly never mentioned again, so all other citations will lump them under “Pavilion Hall.”

Phoenix. (2002, December 13). Medians [web page].

<http://www.kitsune.cx/~amaliel/median.html> Internet Archive. Retrieved from

<https://web.archive.org/web/20021213014352/http://www.kitsune.cx/~amaliel/median.html>

A median page, helping to popularize the new term.

Pavilion Hall. (2002-2004). tanuki's prizewinning d3th k01.

<http://www.tanuki.cx> Internet Archive. Retrieved from

[https://web.archive.org/web/\\*/http://www.tanuki.cx\\*](https://web.archive.org/web/*/http://www.tanuki.cx*)

Original website for the attempted plural coalition group Pavilion Hall. The only place you can find any of the original Codex. I won't try explaining it because I never understood it.

Pavilion Hall. (2002-2015). Livejournal Profile Page. Retrieved 2019/03/10

from <https://pavilionhall.livejournal.com/profile>

Livejournal community for an attempted plural coalition activist group uniting multiples, soulbonders, and medians. Their biggest contributions to anything were coining median (which in itself was ripping off Vicki(s)' "midcontinuum", which they seemed mostly interested in stomping on) and the creation of the Layman's Guide to Multiplicity.

Pavilion Hall. (2003, April 23). Pavilion Membership [web page].

<http://www.tanuki.cx/pavilion/members.html> Internet Archive. Retrieved

2019/03/13 from

<https://web.archive.org/web/20030423202658/http://www.tanuki.cx/pavilion/members.html>

List of Pavilion Hall Members.

Pavilion Hall. (2003, July 15). Policies : MPD/DID vs. Multiple [web page]

<http://www.tanuki.cx:80/pavilion/policies/mpdplural.html> Internet Archive.

Retrieved 2019/03/14

<https://web.archive.org/web/20030715072732/http://www.tanuki.cx:80/pavilion/policies/mpdplural.html>

Citation for Pavilion Hall trying to redefine "multiple" to exclude people with MPD/DID. Good luck with that.

Astraea. (2003, January 11). Glossary [web page].

<http://astraeasweb.net/plural/glossary.html> Internet Archive. Retrieved from

<https://web.archive.org/web/20030111103116/http://astraeasweb.net/plural/glossary.html>

Astraea's plural glossary, adapted from Pavilion Hall's (which was adapted in turn from Dark Personalities's), so it's good to double-check against those. Also Astraea are [truck-stealing bullies](#).

Blackbirds. (2003?-present). The Layman's Guide to Multiplicity.

<http://karitas.net> Internet Archive. Retrieved from

[https://web.archive.org/web/\\*/http://karitas.net\\*](https://web.archive.org/web/*/http://karitas.net*)

A multiplicity 101 brochure from back in the day, created for Pavilion Hall.

Lancers. (2003, August 4). FAQ: fires [web page]

<http://www.tanuki.cx/pavilion/codex/faq/fires.html> Internet Archive. Retrieved

2019/03/13 from

<https://web.archive.org/web/20030804120312/http://www.tanuki.cx/pavilion/codex/faq/fires.html>

Pavilion Hall's ostensibly more militant activist wing, and the only source I have

for their whole “fires” idea, which I never understood.

bekkypk. (2003, December 11). I’m a newbie here. [untitled Livejournal post]. Retrieved from <https://multiplicity.livejournal.com/63924.html>  
Citation for early cross-pollination between soulbonding and multiplicity communities on Livejournal.

Eclective. (2003-2004). Soul Whispers version 3.0. <http://www.intoccabile.net/soulbond> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.intoccabile.net/soulbond\\*](https://web.archive.org/web/*/http://www.intoccabile.net/soulbond*)  
Eclective’s soulbonding site, same as the tripod version. Includes glossary, essays, FAQ.

Downing, Rachel. (2003). *Understanding Integration*. The Sidran Press. Retrieved from <https://www.sidran.org/wp-content/uploads/2018/11/Understanding-Integration.pdf>

I tried to read this, but just... couldn’t take it. Still, it’s an account of returning to singlehood as a form of healing, for people who want that.

H.O.P.E. (2003-2005). HOPEorg. <http://groups.msn.com/HOPEorg/> Internet Archive. Retrieved from <https://web.archive.org/web/20030207211520/http://groups.msn.com/HOPEorg/>  
Final website of an “alternative” coalition group that went bonkers. My notes here: <https://lb-lee.dreamwidth.org/1246004.html#cutid1>

Pavilion Hall. (2004-present). Pavilion: new and improved. Retrieved 2020/08/30 from <http://www.karitas.net/pavilion/>  
Live source for Pavilion Hall, the attempted plural coalition group. See also the Internet Archive: <https://web.archive.org/web/20040922023453/http://www.karitas.net/pavilion/>

Eclective. (2004). Soul Whispers version 3.0 <http://www.yonicmafia.com/soulbond/> Internet Archive. Retrieved from <https://web.archive.org/web/20050112192159/http://www.yonicmafia.com/soulbond/>  
Eclective’s soulbonding site, same as the tripod version. Includes glossary, essays, FAQ.

Eclective. (2004?-present, though abandoned in 2004). soul whispers 3.0 <http://soulbonding.tripod.com> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://soulbonding.tripod.com\\*](https://web.archive.org/web/*/http://soulbonding.tripod.com*)  
Eclective’s live soulbonding site, still referenced to this day despite being abandoned for roughly twenty years. Includes glossary, essays, FAQ. The home page is down, but side pages are still live.

Amorpha. (2004-present). Collective Phenomenon: multiplicity is funky. <http://www.dreamshore.net/amorpha> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.dreamshore.net/amorpha\\*](https://web.archive.org/web/*/http://www.dreamshore.net/amorpha*)  
Amorpha’s current (though long abandoned) website about being multiple.



Astraea. (2004, April 27). The Multiple Code [web page]. Internet Archive. <http://astraeasweb.net/plural/code/welcome.html> Retrieved 2019/03/22 from <https://web.archive.org/web/20040427201419/http://astraeasweb.net:80/plural/code/welcome.html>

Astraea's copy of the Consortium's Plural Code, barely changed, and they are [truck-stealing bullies](#).

asrai-d. (2004, October 27). Who We Are [web page]. <http://insiders.gq.nu/insiders/who.html> Internet Archive. Retrieved from <https://web.archive.org/web/20041027060642/http://insiders.gq.nu/insiders/who.html>

Becker, Judith. (2004). *Deep Listeners: Music, Emotion, and Trancing, vol. 1*. Bloomington: Indiana University Press.

Another citation regarding *Speaking For Our Selves*, from <https://books.google.com/books?id=o9BKo4byevMC&q=s4os#v=snippet&q=s4os&f=false>

Lilienfeld, Scott; Lynn, Steven; Lohr, Jeffrey. (2004). *Science and Pseudoscience in Clinical Psychology*. New York: Guilford Press. Retrieved from [https://scottlilienfeld.com/wp-content/uploads/2021/01/Science-and-Pseudoscience-in-Clinical-Psychology-Second-Edition-by-Scott-O.-Lilienfeld-PhD-Steven-Jay-Lynn-PhD-Jeffrey-M.-Lohr-Phd-Carol-Tavris-PhD-z-lib.org\\_.pdf](https://scottlilienfeld.com/wp-content/uploads/2021/01/Science-and-Pseudoscience-in-Clinical-Psychology-Second-Edition-by-Scott-O.-Lilienfeld-PhD-Steven-Jay-Lynn-PhD-Jeffrey-M.-Lohr-Phd-Carol-Tavris-PhD-z-lib.org_.pdf)

Memory Wars stuff.

Mann, B. A. (2004). *Iroquoian women: The gantowisas*. New York: Peter Lang. (326-329) Available with account at

<https://archive.org/details/iroquoianwomenga0000mann>

Discussions of Iroquois perceptions of the soul... or souls, rather.

ATW. (2005). *got parts? an insider's guide to managing life successfully with Dissociative Identity Disorder*. Ann Arbor: Loving Healing Press. For sale at <https://www.gotparts.org/>

101 Self-help book, what it says on the tin. RIP ATW.

Hoult, Jennifer. (2005 & 2014). "Remembering Dangerously" & Hoult v. Hoult: The Myth of Repressed Memory that Elizabeth Loftus Created. Retrieved from <http://www.rememberingdangerously.com>

More Memory Wars and False Memory Syndrome debunkings, spoken from someone who Loftus screwed over.

International Society for the Study of Dissociation. (2005). [Chu, J.A., Loewenstein, R., Dell, P.F., Barach, P.M., Somer, E., Kluft, R.P., Gelinas, D.J., Van der Hart, O., Dalenberg, C.J., Nijenhuis, E.R.S., Bowman, E.S., Boon, S., Goodwin, J., Jacobson, M., Ross, C.A., Sar, V, Fine, C.G., Frankel, A.S., Coons, P.M., Courtois, C.A., Gold, S.N., & Howell, E.J. Guidelines for treating Dissociative Identity Disorder in adults. *Journal of Trauma & Dissociation*, 6(4)

pp. 69-149.

My citation from *FTMPD/Alter Boys In Love* for the, “you shouldn’t call alters people, that might encourage them” thing. Seems to be offline; ask us for a copy.

Nichole. (2005, December 4). The SoulBonding Database [web page].

<http://illvision.net/sbdata/data.html> Internet Archive. Retrieved from <https://web.archive.org/web/20051224195837/http://illvision.net/sbdata/data.html>

A database of soulbonding experiences. That link is now down, but someone on Reddit uploaded chunks of it here:

[https://www.reddit.com/r/internetcollection/comments/4qnbri/soulbonding\\_database\\_dump/](https://www.reddit.com/r/internetcollection/comments/4qnbri/soulbonding_database_dump/). Information is all in the comments; ignore the top thread, though, it’s unrelated and unpleasant.

Van Duijl, Marjolein; Cardeña, Etzel; and De Jong, Joop T. V. M. (2005). The validity of DSM-IV dissociative disorders categories in south-west Uganda. *Transcultural Psychiatry*. Vol 42(2): 219–241 DOI: 10.1177/1363461505052666 Available on Sci-Hub.

About the limitations of DSM-IV diagnostic categories outside the cultural context they were created in.

Joyner, Katrina. (2006, May 10). Kinships [web page].

<http://anotherotherkin.tripod.com/angelicpress/Kinships/index.htm> Internet Archive. Retrieved 2019/04/22 from <https://web.archive.org/web/20060510111138/http://anotherotherkin.tripod.com/angelicpress/Kinships/index.htm>

Icarus. (2006?) A Public Warning: Documentation of “FF7 House” [web page].

Retrieved 2019/04/30 from <http://www.demon-sushi.com/warning/index2.html>  
An infamous soulbonding/fictionkin/plural cult based around recreating Final Fantasy 7.

DeBernardi, Jean. (2006). *The Way That Lives in the Heart: Chinese Popular Religion and Spirit Mediums in Penang, Malaysia*. Stanford: Stanford University Press.

Haven’t read it, can only salivate at the sidelines.

Berry, Thomas. (2006). “Prologue: Loneliness and Presence.” *A Communion of Subjects: Animals in Religion, Science, and Ethics*. 5-10. New York: Columbia University Press.

Discussion of non-human personhood., including that of the inanimate. “While the nonliving world does not have a living soul [...] each member of the nonliving world does have the equivalent as its inner principle of its being.”

Encyclopedia Dramatica. (2006 March 3). Talk:Otakein [wiki page].

<http://www.encycopediadramatica.com/Talk:Otakein> Internet Archive. Retrieved 2019/04/30 from <https://web.archive.org/web/20100426004714/http://www.encycopediadramatic>

[a.com/Talk:Otakein](#)

A mockery page for what is now called fictionkin. Unpleasant.

narcissam. (2006, October 22). “Severus, come to me/ Be the light for me/ So I can see/ Life’s beauty/ Guide me to destiny.” [Fandom Wank Journalfen post] [http://www.journalfen.net/community/fandom\\_wank/1015949.html](http://www.journalfen.net/community/fandom_wank/1015949.html) Internet Archive. Retrieved 2019/04/18 from

[https://web.archive.org/web/20071213013651/http://www.journalfen.net/community/fandom\\_wank/1015949.html](https://web.archive.org/web/20071213013651/http://www.journalfen.net/community/fandom_wank/1015949.html)

An infamous post devoted to mocking the Snapeists, more commonly known as the Snapewives, a mix of spirit marriage, fiction-based religion, and soulbonding. I have very prim academic articles that cite the Snapewives, which will never not be surreal to me.

Roberts, Kim. (2006). “Interlocking Oppressions: The Nature of Cruelty to Nonhuman Animals and its Relationship to Violence Toward Humans.” *A Communion of Subjects: Animals in Religion, Science, and Ethics*. 605-615. New York: Columbia University Press.

Not many-selved-specific. Turns out the same justifications for brutality towards oppressed humans are very similar to those used for animals.

San Francisco Examiner Staff. (2007). Jump! Theatre goes ‘Cuckoo’ [news article]. Retrieved from <https://www.sfexaminer.com/entertainment/jump-theatre-goes-cuckoo/>

A newspaper article where former-multiple Madison Clell mentions having a big internal mythos story that influenced her system workings and became her comic Cuckoo.

soulbonding. (2007-2009). A Bonding of Souls.

<http://community.livejournal.com:80/soulbonding/> Internet Archive. Retrieved from

<https://web.archive.org/web/20090817093541/http://community.livejournal.com:80/soulbonding/>

Second URL for the soulbonding comm on Livejournal.

Lee, LB. (2007-present). Scribbles and Bits. Retrieved from <https://lee.dreamwidth.org/>

Our blog.

Astraea. (2007, June 26). A brief history of midcontinuum [web page].

[http://karitas.net/pavilion/library/articles/m\\_midconthistory\\_temple0902.html](http://karitas.net/pavilion/library/articles/m_midconthistory_temple0902.html) Internet Archive. Retrieved from

[https://web.archive.org/web/20070626190919/http://karitas.net/pavilion/library/articles/m\\_midconthistory\\_temple0902.html](https://web.archive.org/web/20070626190919/http://karitas.net/pavilion/library/articles/m_midconthistory_temple0902.html)

Astraea’s explanation of the switch from midcontinuum to median, which is factually untrue and also they are [truck-stealing bullies](#).

Fanlore. (n.d.) Strikethrough and Boldthrough [Wiki article]. Retrieved

2020/08/30 from [https://fanlore.org/wiki/Strikethrough\\_and\\_Boldthrough](https://fanlore.org/wiki/Strikethrough_and_Boldthrough)  
The 2007 purges of Livejournal, which helped end the communities there, including soulbonders, multiples, etc.

Plures House. (2008-present). Ex Uno Plures. Retrieved from <https://www.exunoplures.org/main/>  
Essays and articles about plurality, including racism in plurality and in-system romantic relationships.

Encyclopedia Dramatica. (2008 August 26). Soulbonding [wiki page]. <http://www.encyclopediadramatica.com/Soulbonding> Internet Archive. Retrieved 2019/04/30 from <https://web.archive.org/web/20080826105532/http://www.encyclopediadramatica.com/Soulbonding>

A mockery page for soulbonders. Unpleasant.

Chalquist, Craig. (2009). *Storied Lives: Discovering and Deepening Your Personal Myth*. Walnut Creek, CA: World Soul Books.

Extremely handy in our story work, especially with its idea of stories as independent beings with their own imaginal reality!

Howe, Zarasky, and Lorentzen. (2009). “Devotional Crossings: Sex Workers, Santisima Muerte, and Spiritual Solidarity in Guadalajara and San Francisco.” *Religion at the Corner of Bliss and Nirvana: Politics, Identity, and Faith in New Migrant Communities*. Durham and London: Duke University Press. Available at sci-hub, though missing a page.

Very briefly mentions lesbian spirit marriage between a (trans?) sex worker and Santa Muerte.

Schiraldi, Glenn. (2009). *The Post-Traumatic Stress Disorder Sourcebook: A Guide to Healing, Recovery, and Growth*. New York: McGraw Hill. Available with account from <https://archive.org/details/posttraumaticstr0000schi>

## **2010s**

Alt.support.dissociation. (1994-2024), alt.support.dissociation [Newsgroup archive] Retrieved from

<https://groups.google.com/forum/#!forum/alt.support.dissociation>

Old Usenet group for dissociatives, finally died in 2024 after 30 years of activity. RIP, a.s.d.!

Anonymous. (n.d.) AltArchive Plural Section. Retrieved from

<https://www.zotero.org/groups/4956615/altarchive/collections/AKUUMJM7>

Part of a giant alterhuman archive in progress

False Memory Syndrome Foundation. (1992-2019) False Memory Syndrome Foundation. Retrieved from <https://www.fmsfonline.org/>

Memory Wars stuff. Their nonsense made being multi a lot harder for a certain generation. Someone is in the process of transcribing the entire archive of their

newsletter to make it searchable; ask for private access.

Many Voices Press. (February 1989-2012). *Many Voices: Words of Hope for Clients with MPD and Dissociative Disorders*. Retrieved from <https://manyvoicespress.org/backissues-pdf/>  
All the Many Voices back issues. Sadly not screenreadable.

Multiplicity. (2000-2016). Multiplicity Livejournal community. Retrieved from <https://multiplicity.livejournal.com/>  
Biggest Livejournal community for various camps of multiples. Still technically live, though inactive and with bad code rot.

Multiplicity. (2000-2016). Multiplicity: Being Plural. Retrieved from <https://multiplicity-archives.dreamwidth.org/>  
Static back-up of the Livejournal multiplicity comm, in much better shape with much less data rot, though just as much is locked as the original.

Lancers. (2002-2012). Lancers Hill. Retrieved from <https://lancershill.livejournal.com/>  
Livejournal community for the Lancers, which was ostensibly Pavilion Hall's more activist, militant arm. Got folded into Pavilion Hall and quietly never mentioned again, so all other citations will lump them under "Pavilion Hall."

HMS Beagle. (2010). Untitled. <https://healthymultiplicity.com/hmsbeagle>  
Internet Archive. Retrieved from [https://web.archive.org/web/\\*/https://healthymultiplicity.com/hmsbeagle\\*](https://web.archive.org/web/*/https://healthymultiplicity.com/hmsbeagle*)  
The only evidence we have that HMS Beagle was ever a part of healthymultiplicity.com... or that any of their work ever got made.

Lee, LB and Zyfron. (2010-present). Resource Index. Retrieved from <https://healthymultiplicity.com/>  
Our website.

Zyfron. (2010-2018). The Zyfron System: Articles and Resources about Healthy Multiplicity and Transgender. Retrieved from <https://healthymultiplicity.com/Zyfron/>  
Zyfron's website, hosting not just their comics, but also their articles. Long abandoned.

Zyfron. (2010-2013). *Gemini: The Webcomic About Living Plural*. Retrieved from <https://healthymultiplicity.com/Zyfron/Gemini/>  
Slice-of-life comic strips about being trans and plural.

Desired Constellation. (2010). *Dyscalculia: the social math of multiplicity*. Retrieved from <http://healthymultiplicity.com/loonybrain/Misc/DesiredConstellationDyscalculia.pdf>

A personal experience zine of various members of the Desired Constellation grappling with ableism and stigma, and describing their coming to selves-

awareness in 2008. Got permission to rehost.

Cheit, Ross E. (2010-2020). Recovered Memory Project [website]. Retrieved from <https://blogs.brown.edu/recoveredmemory/>  
Part of the Memory Wars history.

International Society for the Study of Trauma and Dissociation. (2011). Guidelines for Treating Dissociative Identity Disorder in Adults, Third Revision. Retrieved from [https://www.isst-d.org/wp-content/uploads/2019/02/GUIDELINES\\_REVISED2011.pdf](https://www.isst-d.org/wp-content/uploads/2019/02/GUIDELINES_REVISED2011.pdf)

The current version, I think.

Ouregaiya. (2011). emblem showing plural pride [email]. Retrieved from <https://healthymultiplicity.com/images/ouregaiya-PluralPridesymbol.jpg>  
Citation for the creation of the interlocking circles as plural pride symbol. RIP Ouregaiya.

Ouregaiya. (2011-2016). Ouregaiya.com. <http://www.ouregaiya.com/home.html>  
Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://www.ouregaiya.com\\*](https://web.archive.org/web/*/http://www.ouregaiya.com*)  
Website of Ouregaiya, the creators of the interlocking circles as plural pride symbol. Still live, but the live version website is starting to break down and will surely go down eventually. RIP Ouregaiya.

Trujillo, Olga. (2011). *The Sum of my Parts: a survivor's tale of dissociative identity disorder*. Oakland: New Harbinger Publications.  
A lesbian DID memoir, pretty good and not as well known.

Reese, Sarah. K. (2011). Mapping Your System. Retrieved from <https://sarahkreece.com/2011/10/25/multiplicity-mapping-your-system/>  
How to get an idea who all is in there; comments discuss when mapping is inadvisable.

soulbonding. (2011-2018). <http://soulbonding.livejournal.com> Internet Archive. Retrieved from [https://web.archive.org/web/\\*/http://soulbonding.livejournal.com\\*](https://web.archive.org/web/*/http://soulbonding.livejournal.com*)  
Third URL for the soulbonding comm on Livejournal.

Barlow, M. Rose, and Cromer, Lisa DeMarni. (2012). Comparison of Normative and Diagnosed Dissociation on Attachment to Companion Animals and Stuffed Animals. *Psychological Trauma; Theory, Research, Practice, and Policy*, 4(5), 501-506. Retrieved from Sci-Hub?

Short paper comparing a small pool of women with DID to a slightly larger pool of college students who tested high and low on dissociation, and how attached they were to pets and plushies. Quote of note, which thanks Christine Courtois for the sentiment: "People with DID may sometimes project identity states into stuffed animals, and sometimes they carry stuffed animals to represent parts of themselves, or for protection."

Williams, Paris. (2012). *Rethinking Madness: Towards a Paradigm Shift In Our Understanding and Treatment of Psychosis*. San Francisco: Sky's Edge.  
Available online at  
[https://rethinkingmadness.com/wp-content/uploads/2012/12/Rethinking\\_Madness\\_completeBook.pdf](https://rethinkingmadness.com/wp-content/uploads/2012/12/Rethinking_Madness_completeBook.pdf)

Book by someone who experienced psychosis, who then went into the psychology field and interviewed other people who experienced psychosis. One of its key points is the idea that the only difference between psychosis and spiritual experience is how well someone stays mounted on the consensus reality horse. Useful!

Szot, Maggie, "Exorcism and the Demons of Dissociative Disorders" (2013). Spring 2013, Science and Religion. Paper 6.  
[http://digitalcommons.providence.edu/science\\_religion\\_2013/6](http://digitalcommons.providence.edu/science_religion_2013/6)  
Paper on the difference between demonic possession and DID.

Trippe, Mayday. [Dean Trippe]. (2013). *Something Terrible*. Chicago: Iron Circus Comics. Retrieved from  
<https://web.archive.org/web/20140703153615/http://www.tencentticker.com/somethingterrible/>

An autobiographical comic of being rescued from childhood trauma with Batman... and then coming to return the favor.

Clell, Madison. (2013). *Cuckoo* [play]. San Francisco: JUMP! Theatre and Green Door Studios. For sale at <http://madisonclell.com/purchase-comics/>  
Citation for Clell having an inner mythos. Only available on paper, far as I know.

Hardy, Janet. (2013). My tantric "awakening" turned me off sex. *Salon*. Retrieved from  
[https://www.salon.com/2013/03/17/my\\_tantric\\_awakening\\_turned\\_me\\_off\\_sex/](https://www.salon.com/2013/03/17/my_tantric_awakening_turned_me_off_sex/)  
Citation about the dangers of ecstatic union. I keep needing this stupid thing so I'm sticking it here.

Cheit, Ross E. (2014). *The Witch-Hunt Narrative: Politics, Psychology, and the Sexual Abuse of Children*. Oxford: Oxford University Press.  
Simultaneously the driest, most depressing book I have ever bought, but helps explain some of the Memory Wars stuff. Also the reason Debbie Nathan commented at me once! Go away, Debbie Nathan!

Aneka. (2014). *Jogappa: Gender Identity and the Politics of Exclusion*. Bangalore: Aneka. Retrieved from  
[https://in.boell.org/sites/default/files/jogappa\\_gender\\_identity\\_and\\_the\\_politics\\_of\\_exclusion.pdf](https://in.boell.org/sites/default/files/jogappa_gender_identity_and_the_politics_of_exclusion.pdf)

Book on a stigmatized population of women in India whose gender is bestowed by the goddess Yellama, who they marry.

Alderton, Zoe. (2014). "'Snapewives' and 'Snapeism': A Fiction-Based Religion within the Harry Potter Fandom." *Religions* 2014, 5, 219–267;

doi:10.3390/rel5010219 Retrieved from <https://www.mdpi.com/2077-1444/5/1/219>

Religious soulbonding and fictive stuff, including channelling.

the Lunastus Collective [not-your-fucking-pet]. (2014, August 7). Fellow plural people? [tumblr post]. Retrieved 2019/03/14 from <http://not-your-fucking-pet.tumblr.com/post/94111819808/fellow-plural-people>

The earliest citation I have for what would become the endogenic/traumagenic slapfight, with the core idea that only traumatized people are allowed to use the words “plural,” “multiple,” or any other pre-existing slang for such groups. If you find an earlier citation, tell me, I freakin’ want it.

the Lunastus Collective [not-your-fucking-pet]. (2014, August 8). Long ramble on terminology creation [tumblr post]. Retrieved 2019/03/14 from <http://not-your-fucking-pet.tumblr.com/post/94222698873/long-ramble-on-terminology-creation>

The creation of the term “endogenic,” made abstruse on purpose to avoid all pre-existing plural terminology to avoid spurious claims of cultural appropriation. It didn’t work.

Olafson, Edna. (2014). A Review and Correction of the Errors in Loftus and Guyer on Jane Doe. *Journal of Interpersonal Violence*, Vol. 29 (18) pg. 3245-3259. Retrieved from [Sci-hub](#).

More Memory Wars False Memory Syndrome debunking, regarding earlier 1997 work.

Dissociative Initiative. (2014). Free Welcome Pack. Retrieved from <https://di.org.au/welcome-pack/>  
Intro materials for dissociatives.

Dissociative Initiative. (2015). Multiplicity Crisis. Retrieved from <https://di.org.au/multiplicity-crisis/>  
Resources for dealing with common causes of a multi crash.

DreamWriters. (2015, 2021). Body Focus, Communication, and Memory. Retrieved from <https://dreamwritersdreaming.neocities.org/GuideBodyFocusCommunicationMemory.html>

Hoffman, David H. (2015). REPORT TO THE SPECIAL COMMITTEE OF THE BOARD OF DIRECTORS OF THE AMERICAN PSYCHOLOGICAL ASSOCIATION: INDEPENDENT REVIEW RELATING TO APA ETHICS GUIDELINES, NATIONAL SECURITY INTERROGATIONS, AND TORTURE. Retrieved from <https://www.apa.org/independent-review/revised-report.pdf>

Memory Wars and False Memory Syndrome footnote that states Elizabeth Loftus avoided an ethics investigation by getting tipped off it was coming so she could resign and dodge the scandal.



Chalquist, Craig. (2015). Why I Seldom Teach The Hero's Journey Anymore— And What I Teach Instead. [Blog post] Retrieved from [https://www.huffpost.com/entry/why-i-seldom-teach-the-hero\\_b\\_6739046](https://www.huffpost.com/entry/why-i-seldom-teach-the-hero_b_6739046)  
Handy for story work.

GalaxySystem. (2015-2020). *Today*. Retrieved from <https://tapas.io/series/TodayComic/info>.  
A DID diary comic.

FreyasSpirit. (2016-2017). Freyas Spirit | Plurality, gender, and mental health. Retrieved from <https://freyasspirit.com/>  
Polyfragmented tulpamancer DID blog and resource site.

Diaz, Jamie. (2016-2021). Comix. Retrieved from <https://jamiediazart.com/comix>  
Jamie makes comics about the queer angels and devils she created and befriended, life as a trans woman in prison, her religious faith, and her hopes of liberation.

Cusack, Carole. (2016). “Fiction into religion: imagination, other worlds, and play in the formation of community.” *Religion*, Vol. 46, No. 4. DOI: <http://dx.doi.org/10.1080/0048721X.2016.1210390> Retrieved from [https://www.researchgate.net/profile/Carole-Cusack/publication/306045881\\_Fiction\\_into\\_religion\\_imagination\\_other\\_worlds\\_and\\_play\\_in\\_the\\_formation\\_of\\_community/links/5a9a663eaca2721e3f2df8b2/Fiction-into-religion-imagination-other-worlds-and-play-in-the-formation-of-community.pdf?tp=eyJjb250ZXh0Ijp7ImZpcnN0UGFnZSI6InB1YmxpY2F0aW9uIiwicGFnZSI6InB1YmxpY2F0aW9uIn19](https://www.researchgate.net/profile/Carole-Cusack/publication/306045881_Fiction_into_religion_imagination_other_worlds_and_play_in_the_formation_of_community/links/5a9a663eaca2721e3f2df8b2/Fiction-into-religion-imagination-other-worlds-and-play-in-the-formation-of-community.pdf?tp=eyJjb250ZXh0Ijp7ImZpcnN0UGFnZSI6InB1YmxpY2F0aW9uIiwicGFnZSI6InB1YmxpY2F0aW9uIn19)

This whole issue of *Religion* focused on the intersection of fiction and religion; recommended if you're interested in pop culture paganism, the spiritual aspects of fictivity, and so on.

Davidson, Markus Altena. (2016). “The religious affordance of fiction: a semiotic approach.” *Religion*, Vol. 46, No. 4. DOI: <http://dx.doi.org/10.1080/0048721X.2016.1210392> Retrieved from <https://scholarlypublications.universiteitleiden.nl/access/item%3A2887842/view>

This whole issue of *Religion* focused on the intersection of fiction and religion; recommended if you're interested in pop culture paganism, the spiritual aspects of fictivity, and so on.

Delmonte, Romara, Giancarlo Lucchetti, Alexander Moreira-Almeida, and Miguel Farias. (2016). Can the DSM-5 differentiate between nonpathological possession and dissociative identity disorder? A case study from an Afro-Brazilian religion, *Journal of Trauma & Dissociation*, 17:3, 322-337, DOI: 10.1080/15299732.2015.1103351 Retrieved from <https://www.psychologytoday.com/sites/default/files/Possession%20and%20DSM%205.pdf>

Chalquist, Craig. (2017). Declaration of Enchantment. Retrieved from <https://www.imaginaltherapy.com/imaginaljournal/2020/12/3/declaration-of-enchantment>

Manifesto on the importance and autonomy of imagination and the figures therein.

Barker, Meg-John. (2017). Plural Selves. Retrieved from <https://www.rewriting-the-rules.com/wp-content/uploads/2017/12/PluralSelvesZine.pdf>

A plural zine. Illustrated, not screenreadable.

Lee, LB. (2017-2019). *Cultiplēs: the complete series* [ebook]. Retrieved from <https://lb-lee.itch.io/cultiplēs-tristan-greyledesiree-hamm>, can be pirated off archive.org or LibraryGenesis.

My soul-crushing works on three transmasculine plural cult leaders. One is in jail until 2030 for kidnapping, raping, and branding teenage girls he persuaded were really their roleplaying characters, one has a string of domestic violence charges and is forbidden to own firearms because of his violence, and the other's just a prick. This project crushed my soul. I regret my profession.

Young, Kevin. (2017) *Bunk: The Rise of Hoaxes, Humbug, Plagiarists, Phonies, Post-Facts, and Fake News*. Minneapolis: Graywolf Press.

A book about the racial roots of the American hoax, and goes into racist dynamics of medical multiplicity, taking the position that it is a hoax. Painful to read, but he's one of the few people I've seen dig into the racism of medical multiplicity in America.

Plures House, Yavari of. (2017, 2023). Transitioning While Plural. Retrieved from <https://www.exunoplures.org/main/articles/transitioning-while-plural>

Weise, Jillian. (2018). "Common Cyborg." *Granta Magazine*. Retrieved from <https://granta.com/common-cyborg>

Not many-selves-specific. A disabled cyborg's reflection on futuristic ableism. "Disabled women, Deaf women and neurodivergent women are never mentioned in the 'Cyborg Manifesto', which is strange, because the manifesto is full of appellations that have been, historically, applied to us (such as 'monster' and 'creature')."

Zyfron. (2018). *Becoming Median*. Retrieved from <https://healthmultiplicity.com/Zyfron/Becoming%20Median%20Booklet.pdf>

A zine about life after becoming single, becoming median, and dealing with trauma.

Yayanos, Meredith. (2018). "The Harpy." *Becoming Dangerous: Witchy Femmes, Queer Conjurers, and Magical Rebels*. Newburyport: Weiser Books.

A personal essay on trauma therapy, memory work, and grief as ritual, and on "the daily reality of living with complex post-traumatic stress disorder and as-of-yet indeterminate dissociative issues".

Makiya, Sara and Paige, Sara. (2018). *my heart beats in seismic waves*. Boston:

self-published. Retrieved from

<https://healthymultiplicity.com/loonybrain/Info/Paige-My%20heart%20beats%20in%20seismic%20waves.pdf>

A meditative poetry zine about the fluid, celestial nature of the self, its ebb and flow and ambiguity.

Anderson, Rebekah. (2018). "Meditation: The Body of God." Retrieved from

<https://bekahmaren.blogspot.com/2018/04/meditation-body-of-god.html>

Christian disability liberation theology sermon by a minister friend of ours.

"God hears voices: the voices of all people and all living things. God paints with their feet and reads with their hands. [...] God walks, God limps, God rolls, God crawls. God gets where God needs to be, gets to us, however God can."

Anonymous. (2018). *First Principles of Queer Goetia*. Retrieved from

<https://theanarchistlibrary.org/library/anonymous-first-protocols-of-queer-goetia>

"A small, powerful set of mythopoetic instructions for working with the queer dead, composed after the overlapping underground worlds of the Bay Area lost thirty-six of their people in the Ghost Ship Fire."

Barker, Meg-John. (2018). Chalkboard Comic. Retrieved from

<https://www.rewriting-the-rules.com/self/happy-holidays-comic-plural-selves/>

A short plural comic. Not screenreadable.

downtide. (2018). Mechanisms of Plurality [Livejournal post]. Retrieved from

<https://downtide.livejournal.com/77008.html>

Blog post comparing and contrasting tulpas, alters, soulbonds, and walk-ins, from an old multi who's done it all.

Emezi, Akwaeke. (2018). *Freshwater*. New York: Grove Press.

Nigerian body-sharing from an Igbo ogbanje perspective, fictionalized autobiography prose.

Evans, Arthur. (2018). *The Evans Symposium: Witchcraft & the Gay*

*Counterculture and Moon Lady Rising*. Granville, NY: White Crane Books.

Arthur Evans always intended to do a book following up *Witchcraft and the Gay Counterculture*, calling it *Moon Lady Rising*, but died before he could finish it.

As far as I know, *The Evans Symposium* is the only place you can get what he did make, and it's print-only. In it, Evans draws an explicit connection between queerness and noncorporeal sex: "however demons got their bodies, sex with them was considered the moral equivalent of 'buggery' (meaning both 'heresy' and 'homosexuality')." (253)

fuzzyjayling. (2018?). Beginner's Guide to Fronting.

<https://www.feathersong.org/plural-howto/beginners-guide-to-fronting/> Internet

Archive. Retrieved from

<https://web.archive.org/web/20220429143341/https://www.feathersong.org/plural-howto/beginners-guide-to-fronting/>

Fuzzyjayling's old guide to fronting.

Mary Nardini Gang. (2018). *Be Gay Do Crime!* Retrieved from <https://theanarchistlibrary.org/library/mary-nardini-gang-be-gay-do-crime>  
Positive this work shared at least one writer as the Queer Protocols of Goetia.  
Plural undertones of channeling, trance possession, and queer anarchist animism.

Manchester Metropolitan University. (2018?). *Understanding Multiplicity: The experience of having more than one person, self or identify within the body.*  
Retrieved from <https://www.mmu.ac.uk/mmud8/media/10605/download>  
Short informational brochure; quite good!

Barnes, Jey. (2019). Benefits of Having an Imaginary Friend. Available for sale at <https://jobsatisfactioncomic.storenvy.com/products/29075434-imaginary-friends-mini-zine>

FreyasSpirit and Irenes. (2019). Plurality Playbook. Retrieved from <https://freyasspirit.com/plurality-playbook/>  
A guide “To help employees and managers understand dissociative disorders, as well as plurality as a whole.” Originally made by plural Google employees.

Ginting, Silvana R.R. and Effendy, Elmeida. (2019). Post-Dissociative Trance Disorder: Traditional Culture of Nini Pagar from Tigabinanga. *Open Access Maced J Med Sci.* 2019 Aug 30; 7(16): 2685–2687. Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6876804/>  
Thanks, kinda\_lost! Discusses a trance possession case in Indonesia.

Harvey, Ben. (2019). Origin of #plurgang – protomagicgirl on Hbomberguy [Youtube video]. Retrieved from <https://www.youtube.com/watch?v=RJgrpGHkSPQ>

The start of the #plurgang tag on Twitter and elsewhere. Keeping this damn citation here because wow would it be hard to find later.

Hungry Ghosts [bazelgeuse-apologist] (2019?) Sleeping in Shadows. Retrieved from <https://cohost.org/bazelgeuse-apologist/post/2198190-totally-forgot-that>  
A quiet reflective poem on a moment with a loved headmate. Screenreadable.

Hungry Ghosts [famishing\_fae] (2019?) Insanity. Retrieved from [https://commaful.com/play/famishing\\_fae/insanity/](https://commaful.com/play/famishing_fae/insanity/)  
A meditative poem on ableism and mental illness. Not screenreadable.

Hungry Ghosts [famishing\_fae] (2019?) Out of One, Many. Retrieved from [https://commaful.com/play/famishing\\_fae/out-of-one-many/](https://commaful.com/play/famishing_fae/out-of-one-many/)  
“to broken branches who became trees, who became a forest all their own. (CW: brief abuse mention, discussion of ableism) Not screenreadable.

Hungry Ghosts [famishing\_fae] (2019?) Given Space. Retrieved from [https://commaful.com/play/famishing\\_fae/given-space/](https://commaful.com/play/famishing_fae/given-space/)  
“a kind of love poem on separation” Not screenreadable.

Hungry Ghosts [famishing\_fae] (2019?) Ode to a Beast. Retrieved from

[https://commaful.com/play/famishing\\_fae/ode-to-a-beast](https://commaful.com/play/famishing_fae/ode-to-a-beast)

Poem about making friends with a scary, demonized headmate. Not screenreadable.

Hungry Ghosts [famishing\_fae] (2019?) The Things You Must Remember.

Retrieved from [https://commaful.com/play/famishing\\_fae/the-things-you-must-remember/](https://commaful.com/play/famishing_fae/the-things-you-must-remember/)

Poem about the rules of fairyland. Not screenreadable.

Hungry Ghosts [famishing\_fae] (2019?) Hello World. Retrieved from

[https://commaful.com/play/famishing\\_fae/hello-world/](https://commaful.com/play/famishing_fae/hello-world/)

An introduction. Not screenreadable.

Lee, LB. (2019, 2021). *Memory Work Essays*. Retrieved from <https://lb-lee.dreamwidth.org/1053011.html>

Lee, LB. (2019, March 13). Pavilion Hall and the Creation of the Term

“Median” [blog post]. Retrieved from

<https://lb-lee.dreamwidth.org/1005976.html>

Lee, LB. (2019, April 18). Pluralwiki: Soulbonding (the Livejournal community)

[blog post]. Retrieved from <https://lb-lee.dreamwidth.org/1020269.html>

Lee, LB. (2019, July 21). Plural Wiki: Wondershocked [blog post]. Retrieved

from <https://lb-lee.dreamwidth.org/1040137.html>

Left at London. (2019). “6 Feet.” Available for purchase at

<https://leftatlondon.bandcamp.com/track/my-friends-are-kind-a-strange-feat-chuck-sutton>

An autobiographical song about living with OSDD-1b.

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Transformative Reenchantment.” *Digital Performance in Canada*. Toronto:

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Dragonheart Collective. (2021?-present). Dragon's Roost. Retrieved from

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A personal essay on divination, being a poet-prose writer, and consensus reality with schizophrenia, DID, and physical disability caused by medication.

Weise, Jillian. (2021). "My Brain is Already Cyborg." *Wired*. Retrieved from

<https://ww.wired.com/story/cyborg-brain-mind-pandemic-philosophy/>

A disabled cyborg reflects on how being a cyborg affects her mind, identity, and sense of singlet self when she ends up with two identical-looking prosthetic legs. "When there are two of me-legs [...] then yes, I am uncannied. What should I call them? Am I going to need to become a we pronoun? Plz dear god no."

Who-Is-Page [Sol System]. (2021). *Shenani-kins*. Retrieved from

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Guide for people wanting to be good to their plural friends and loved ones. ... I haven't actually finished reading it because I bounced off it, but hey, you might like it. Original French translation at: <https://www.partielles.com/plurielles>

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Dillon, Rax. (2022). *Tower of the Wizard King*. Retrieved from

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Personal zine, experimental in format, about "plurality, differential consciousness, and a board game from 1993 that has been literally living in my head for almost thirty years."

Barker, Meg-John. (2022). Plural Selves 2. Retrieved from

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Adams, Fionna. (2022). We Could Be Something More. Retrieved from <https://www.fionnafromtheinter.net/we-could-be-something-more/> "an interactive story about how one person discovers they're far more than one. also about trauma, online community, and godfeels."

the Inmara Ktletaccete Fenumera. (2022). *System's Out!* Retrieved from <https://sunspot.world/> "A story about plurality, consciousness, the fight to overcome physical dysphoria, and self advocacy in a world without assigned gender. Also, some good old fashioned wish fulfillment." This story is explicitly about the author system heavily fictionalized and put into a science fiction setting.

Grove, Emma. (2022). *The Third Person*. Montreal: Drawn & Quarterly. 800-page comics memoir about a messed-up therapy relationship and being gatekept out of transitioning due to DID. Nominated for an Eisner award!

Neon Crypt System. (2022). *Dining Alone Together*. Retrieved from <https://cohost.org/neon-crypt-system/post/343516-dining-alone-togethe> Internet Archive. Retrieved from <https://web.archive.org/web/20240323202232/https://cohost.org/neon-crypt-system/post/343516-dining-alone-togethe> Slice of life comic made to describe the creators' experience of being many, depicted alongside the process of making a meal together.

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Neon Crypt System. (2023). *Lost & Found Again*. Retrieved from <https://cohost.org/neon-crypt-system/post/768689-lost-found-again> Internet Archive. Retrieved from <https://cohost.org/neon-crypt-system/post/768689-lost->

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A comic about playing hide and seek with a younger headmate across inner worlds. Uses color in an interesting way to show what layer of reality folks are on. Hungry Ghosts. (2023-). *Feasting with Ghosts*. Retrieved from <https://feastingwithghosts.com/creations/>  
Website of Hungry Ghosts.

Hungry Ghosts. (2023). Handling the “Silent Periods.” Retrieved from <https://feastingwithghosts.com/creations/essays/plurality/handlingsystemsilence>  
Essay on handling when headmates go silent for extended periods of time.

ISLA NARANJA DEL VIAJE. (2023). *EDIBLE AND INEDIBLE*. Retrieved from <https://isla-naranja.itch.io/edible-and-inedible>  
Comic about vulnerability and nonhuman identity in stark black, white, red, and yellow.

Gladden, Ronnie. (2023). *White Girl Within*. October Publishing.  
Two identities struggle to coexist in Ronnie Gladden's body, brain, and soul. On the outside, they are Black and male. Inside, a repressed White female identity begs for release and is ready to break the status quo. Grappling with double-binary thinking, an abusive father, and childhood trauma, they imprison their inner self to stay safe from the world.

Stink Animal and the Bad Smells. (2023). “All of Us Love All Of You.” Buy at <https://stinkanimalandthebadsmells.bandcamp.com/track/all-of-us-love-all-of-you>  
A plural love song.

the Equinoxian System. (2023). *Plural Joy! vol. 0*. For sale at <https://ko-fi.com/s/8607fca827>  
“A light introduction to plurality with some interviews with the author systems’ members.”

Falconer, Bob. (2023). *The Others Within Us: Internal Family Systems, Porous Mind, and Spirit Possession*. Great Mystery Press. For sale at <https://robertfalconer.us/the-others/>  
Beefy book with broad strokes cross-cultural overview of possession, daimones, and subjective reality.

OrchardWrites. (2023) *Metastasis*. Retrieved from <https://archiveofourown.org/works/46571485>  
Autobiographical porn by a multiple about headmate eroticism.

GZE/Silvermoon Crew. (2024-) *Pack of Weirdos*. Retrieved from <https://gze.neocities.org/comics>  
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When Andrea Dunlop's sister was investigated for medical child abuse (popularly known as "Munchausen by Proxy") more than a decade ago, it tore her family apart. This catastrophic series of events sent Andrea on a journey to understand a form of abuse that many people don't want to believe exists, speaking with experts, the occasional perpetrator, and a lot of survivors. Season 4 follows the story of Jordyn Hope, a survivor Andrea became friends with while making earlier seasons, as they unravel the secrets of their childhood.

Emezi, Akwaeke. (2024). *Stop Dying, You Were Very Expensive!* Retrieved from <https://akwaeke.bandcamp.com/>

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ISLA NARANJA DEL VIAJE. (2024). OPEN CANVAS SEEKING FLAME.

Retrieved from <https://isla-naranja.itch.io/open-canvas-seeking-flame>

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K., Meredith and Co. (2024). *Me & My Tail: a true story*. Retrieved from

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Woodstock, Tuck. (2024). "Episode 162: Checking in with Salimatu Amabebe."

Retrieved from <https://gender.libsyn.com/episode-162-checking-in-with-salimatu-amabebe>

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Packbat. (2024). no more turing tests. Retrieved from

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DismallyOriented. (2024). On dating my partners. Retrieved from

<https://dismallyoriented.dreamwidth.org/729.html>

Essay by a singlet on dating plural.